

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical site relates to the course of pediatrics because the school nurse provides care to children in junior high school through high school. The nurse is an integral part of the operation of school health care. She responds to emergency and non-emergent scenarios and has a variety of tasks to accomplish throughout the day. The school nurse is responsible for providing first aid care, health assessments, writing care plans, and providing care to students with acute or chronic health concerns, as well as communicating with staff to ensure the proper safety of students. The nurse is ultimately the primary source of information for health-related concerns, responding to students, staff, and parents.

2. How were you an engaged nursing professional today?

This student was an engaged nursing professional today by asking questions, engaging in assessments, and observing the school nurse's role. Maintaining a professional manner and attitude highlighted how this student was eager to learn and was prepared for the assignment and role of the school nurse. Asking appropriate questions, being eager to help with care, and helping with tasks also showed engagement in learning. This student enjoyed observing how the nurse interacted with students and parents. One patient came in for an asthma attack, and it was interesting to see her steps to ensure appropriate care was given. Having limited resources and being the primary resource was fascinating to witness.

3. How did you contribute to the service provided by the school nurse today?

This student contributed to the service provided by the school nurse in many different ways. This student assisted with assessments, giving medications and vital signs. Some students presented with

cold/flu symptoms, so assessing their temperature was the primary concern. Giving insulin to diabetic patients, checking blood glucose levels, and administering attention deficit hyperactivity disorder (ADHD) medications were also tasks this student assisted. Some students' parents contacted the nurse directly when concerns about the student(s) forgetting to take medications came into play. This student also assisted with carbohydrate counting for students receiving insulin therapy. This process involved the nurse counting the carbs the child consumed during lunch and administering insulin based on the amount eaten.

4. Name 3 ways this clinical site impacts Pediatric health?

This clinical site impacts pediatric health in many different ways. The pediatric nurse is the primary source of health-related information for the school. Therefore, the nurse is responsible for keeping track of all the student's vaccinations and health records. She must ensure teachers and staff receive education on specific disease processes in an emergency. The nurse also coordinates and provides vision and hearing screenings. This particular school nurse coordinated a Carle van to ensure students received back-to-school physicals free of cost. The school nurse does not have any diagnostic tools or tests to help diagnose conditions. Therefore, she relies on her assessment skills to ensure that students receive appropriate care.

5. What are the health risks of the population served during today's clinical based on your observations today?

The health risks observed within this population consisted of the common cold and acute asthma attacks. The common cold consists of nasal congestion, cough, and runny nose. Unless the child is running a fever or presents concerning manifestations, the child should remain at school. Typically, it runs its course and is gone within a few days. It was especially relevant today because flu season has arrived. Acute asthma attacks were also a common occurrence in this school-aged population. There are many different reasons a flare-up could appear. Some examples of triggers are allergies, pet dander, upper respiratory infections, and inhaling cold and dry air.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Acute asthma exacerbation was the most common health risk in this patient population. A nursing diagnosis for this health concern is ineffective airway clearance related to an acute asthma attack, as evidenced by wheezes and crackles noted in lung fields (Martin, 2022). A measurable goal for this diagnosis would be maintaining airway patency, evidenced by clear breath sounds, improved oxygenation, and a regular respiratory rate and rhythm (Martin, 2022). Nursing interventions include assessing the respiratory rate and oxygenation and auscultating for adventitious breath sounds (Martin, 2022). Application of oxygen, encouraging fluid intake, and practicing deep breathing exercises will help alleviate dyspnea (Martin, 2022).

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

This experience will impact this student's nursing practice in many ways. For example, following and assisting the school nurse allowed for a better understanding of what goes on in this setting. The school nurse becomes close to the students and parents, thus providing very personalized care. Staying in contact with the parents throughout the school day builds trust in the relationship. The school nurse can talk to the student privately and may be able to gain more information from them compared to the parents' abilities. The students may become very comfortable in discussing very personal concerns. These improve the child's health because new concerns may be addressed and discussed.

References

Martin, P. (2022). *Eight asthma nursing care plans*. Nurselabs. <https://nurseslabs.com/asthma-nursing-care-plans/2/>

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____