Exam 2 Practice Questions

1. Reviewing immunization records of the children in the school and referring those out of compliance to local providers would be which of the following?
   a. Tertiary prevention
   b. Secondary prevention
   c. Primary prevention
   d. Not realistic

2. Educating the students on handwashing and coughing into a sleeve would be which of the following?
   a. Tertiary prevention
   b. Secondary prevention
   c. Primary prevention
   d. Not realistic

3. Which of the following are secondary prevention strategies for reducing substance abuse in a community? (Select all that apply.)
   a. Screening to identify at-risk individuals
   b. Assisting those who have substance use disorders to develop plans for avoiding the high-risk situation
   c. Enhancing coping and lifestyle changes,
   d. Intervening by assisting the client to reduce sources of stress,
   e. Encouraging the development of life skills that can increase an individual's potential for employment and positive life choices.

4. Label each of the following as to whether they are Primary, Secondary, or Tertiary prevention interventions

   _____Rabies vaccine after being bitten by a rabid animal

   _____Blood pressure screening at a health fair

   _____Advocating for access to health care

   _____Mammograms

   _____Community assessments

   _____Family planning and sex education

   _____Education on risks of smoking

   _____Nutrition counseling for management of diabetes

_____Screening for head lice in an elementary school

_____Immunizations

_____Education on seat belt use

_____Screening for environmental hazards for agricultural workers

_____Assessment of children for signs of abuse or neglect

_____Advocate for the rights of individuals, families, and groups dealing with disabilities

_____ Screen for tuberculosis through TB skin tests or QuantiFERON blood test

_____Prenatal care and education

_____Teach alternative methods of conflict resolution, anger management, and coping strategies

5. Community health nurses are working in a large urban city, situated in a culturally diverse area of the country. Which statements made by the nurses indicate that they are becoming culturally competent? (Select all that apply.)
   a. "By recognizing variations in an individual's own traditional beliefs and practices from their culture, I will be able to assist them in adapting to healthy behaviors."
   b. "I can force people to adapt to and borrow traits from another culture and change their own cultural patterns to those of the host society."
   c. "I can stereotype people from different cultural backgrounds by demographic, physical, and health behavioral characteristics."
   d. "I recognize that people with cultural backgrounds different from our own have unique values, lifeways, health practices, and interpersonal styles."

6. Which intervention is the BEST way for a new nurse to complete an in-depth self-examination of cultural competence?
   a. Acknowledge and be aware of one's own culture and willingness to explore one's own feelings and biases.
   b. Be responsible for having excellent on-the-job motivation and commitment to caring for assigned clients.
   c. Complete a self-examination of superior social, cultural, and biophysical factors in the community.
   d. Become involved on a monthly basis in at least one cross-cultural interaction or workshop.

7. The nurse has been asked to join the team which will be conducting a community assessment. How will becoming involved with this group potentially affect the future of the community?

a. Identify the need for a community commission
b. Identify a method to improve the health of at-risk clients
c. Provide a means of grant funding for clinics
d. Provide a client base for at-risk neighborhoods

8. At an international nurses' conference, nurses from all around the world make contact. Which components of the various communities will **most** likely be represented at this conference? (Select all that apply.)
a. Vary significantly in composition
b. Have no shared interests and goals related to health and safety
c. Are challenged in their attempts to identify its members
d. Thought of as members of a global community
e. Do not need to assess their communities' needs because they are obvious

9. The community health nurse assesses the neighborhood in which the clients live. When observing the physical environment, the nurse notes that most of the homes in the neighborhood are well kept, and the children playing in the yards are wearing clean clothing. The children appear well nourished. The nurse determines that the neighborhood has little need for a well-child clinic. Which assessment is the nurse basing this decision on?
a. Subjective data
b. Objective data
c. Cognitive analysis
d. Valid data

10. A nursing supervisor is concerned about the lack of healthcare for some community members. Which aspects of Lewin's change theory should the supervisor implement to encourage the healthcare team to make the desired changes to improve the availability of healthcare? (Select all that apply.)
a. Unfreezing the status quo
b. Changing or moving to a new state
c. Enforcing the status quo
d. Refreezing to sustain the change or changes made
e. Increasing restraining forces

11. A team of nursing students is preparing for a class project which will focus on social marketing. Which activities could the nursing students include in their project? (Select all that apply.)
a. Ad campaign for a new brand of toothpaste
b. Brochure placed in obstetricians' offices promoting the benefits of breastfeeding
c. Infomercial on television presenting the advantages of a piece of exercise equipment

d. Billboard illustrating the dangers of texting while driving

e. Posters placed in college dormitories encouraging condom use

12. A physically focused definition of a community suggests that it is composed of which of the following?
    a. Interdependent societal institutions, informal groups and aggregates
    b. A collection of people who interact with each other
    c. People working together on the required actions to reach goals and priorities
    d. Interests and characteristics that give it a sense of unity and belonging

13. Which of the following is the purpose of conducting a community assessment?
    a. Satisfying one's curiosity about a particular place
    b. Looking for one particular client family you will be visiting
    c. Making travel in the community easier in the future
    d. Determining strengths, weaknesses, needs, and resources

14. A community assessment where the nurse drives around the community, explores resources, and introduces themselves to key community leaders is which of the following?
    a. Familiarization, orientation, or "windshield survey" assessment
    b. Comprehensive assessment
    c. Problem-oriented assessment
    d. Subsystem assessment

15. A method of gathering data for a community assessment that includes a written questionnaire given to clients attending the well-child clinic at the health departments is an example of which of the following?
    a. Survey
    b. Interview
    c. Community forum
    d. Focus group

16. A nurse secures the auditorium of the local high school and invites the elders to attend a meeting in the early evening. The topic to be discussed is the health care needs of older adults as perceived by those in attendance and whether they are being met or not in the services provided by the community. Which of the following is this an example of?
    a. Survey
    b. Interview
    c. Community forum
    d. Focus group

17. The community health nurse (CHN) asks for the elders to meet with them in smaller meetings of 7 to 10 members. At these smaller meetings, the nurse selects some of the key issues discussed in the larger group and asks for their thoughts on the subject. The nurse holds several of these meetings with different elders. From this information, the nurse gets the perceptions of a cross-section of elders. Which of the following is this an example of?
    a. Survey
    b. Interview
    c. Community forum
    d. Focus group

18. Which of the following is a descriptor of a healthy community?
    a. A community where the members are disease free
    b. Seeking to make its resources available to all members
    c. The leaders making the decisions for community members
    d. Keeping subgroups informed of community changes when necessary

19. Which of the following is a source of data regarding housing insecurity? Select all that apply.
    a. Vital statistics https://www.vchd.org
    b. CDC places site https://CDC.gov
    c. County health rankings https://www.countyhealthrankings.org/
    d. United States Census Bureau https://census.gov/
    e. Best online mortgage loans https://bestonlinemortgageloan.com/
    f. United States Interagency Council on Homelessness https://www.usich.gov/tools-for-actopm,map
    g. Coles county police reports https://www.countyoffice.org/il-coles-county-police-records/