Exam 2 Study Guide

While this exam is over the content in DHW Chapters 9, 11 & 13; ATI Chapters 4 & 6; and SDOH Case Study Introduction and Case Study 8, it utilizes material you have already been tested over as we now look at implementing nursing practice in the community. So some of the topics on this study guide will require that you utilize the knowledge/material covered previously e.g. social determinants of health, key influencing factors, health disparities, health promotion, levels of prevention, Health People 2020 & 2030, data sources, epidemiology. Also, refer to your Epidemiology rate worksheet to review the rates.

D & H-W Ch. 5	Framework for Health Promotion, Disease Prevention, and Risk Reduction	ATI Ch. 3 pg. 23-24, 26
1. What is the focus of community health nurse regarding risk factors? **DHW**		

2.   Define and be able to give examples of the following levels of prevention: – **DHW** & **ATI**
   a)   Primary prevention
   b)   Secondary prevention
   c) Tertiary prevention		

3. Define and give examples of health promotion programs and how to promote their effectiveness. **DHW**		
4. Techniques to help client's develop health literacy. **DHW**		

DHW: Ch. 9	Planning for Community Change	ATI: Ch. 4
1. What are SMART goals and objectives and how are they used in the planning phase of the community assessment? **DHW**		
2. What are the stages of the program planning process and be able to identify examples. **DHW** & **ATI**		
3. Utilize the Logic model to plan and assess the financial means for a community assessment? **DHW**		
4. How can a community assessment show health disparities? **DHW & SDOH Case Study Introduction & part 8**		

D & H-W Ch. 10	Cultural Competence: Awareness, Sensitivity, and Respect	ATI Ch. 2 pg. 13-15
1. Define and give examples of culture and cultural beliefs. **DHW** & **ATI**		
2. Define and give examples of ethnocentrism, stereotype, cultural humility, & cultural competence. **DHW**		
3. How does a nurse define and demonstrate cultural competence? **DHW** & **ATI**		

DHW: Ch. 11	Community Assessment	ATI: Ch. 4
1. What are the components of a community assessment? **ATI**		
2. Identify sources of population-level data for a community assessment and how each source is best utilized i.e. birth and death rates; community opinions; the overall physical look of the community; health status of the community; housing insecurity. **DHW** & **ATI**		

3. What are the core public health functions and give examples of how the steps of the program planning process fit these core functions. **DHW** & **ATI**
4. What are the steps of analyzing the community assessment data? **ATI**
5. Utilizing community assessment data to determine interventions for a community   **DHW**
6. How do you get primary (direct) and secondary data for community assessments? **ATI** - Which do you get direct data from?
7. What is the collaborative model and how does this enhance community empowerment? **DHW**
8. Why should or would you perform a community assessment? **DHW**
9. Who do you choose to perform a community assessment on? **DHW**
10. How do you use health status indicators in a community assessment? **DHW** & **ATI**

D& H-W Ch. 7	**Epidemiology-Incidence, prevalence, & Rate calculation**	**ATI Ch. 32 pg. 24**
1. Cause-specific death rate.		
2. Neonatal Mortality Rate		
3. Proportion		
4. Incidence rate		
5. Epidemiological Risks		
6. Infant Mortality Rate		