

## N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical site relates to this course by providing care to adolescent students. The nurse takes care of students from grades pre-k to 5th grade. There are a variety of different things that a school nurse does to provide care for these children. The nurse gives children medication if the child takes daily medication. As more children with special health care needs attend school, the school nurse plays a vital role in disease management. They often work closely with children and their parents to reinforce the medical home's recommendations and provide treatment or multiple treatments during the school day. This clinical site gives a good insight into how to deal with different age groups in this pediatric course.

2. How were you an engaged nursing professional today?

This student was an engaged nursing professional by listening and asking questions to the school nurse. The nurse gave much knowledge and demonstrated how her day went as a school nurse. By asking questions, this student feels much knowledge was taken from this experience to benefit the pediatric nursing field. Engaging and helping the nurse care for the students benefited the nurse, students, and me. Keeping the students entertained and laughing instead of crying was a good feeling. The nurse was able to get more things done as this student could help in caring for these students and keeping them happy.

3. How did you contribute to the service provided by the school nurse today?

This student was contributing to the service provided by the school nurse by helping the nurse take the temperatures of children coming in with fevers. This student also saw the nurse passing out medications to different students and how to sign off to ensure the student took the medication. Quite a few students came to the office upset, and this student could help the nurse calm them down by distracting them or just starting a conversation with them. The nurse demonstrated how she would document each student into the school computer system and how she checks each student for food allergies with the snack given that day.

4. Name 3 ways this clinical site impacts Pediatric health?

As a school nurse, it is the nurse's responsibility to make sure the children are staying healthy while in school. The nurse keeps in contact with the state to ensure the child is up to date with physicals, immunizations, eye exams, dental exams, and hearing exams. These are all vital to

a child's health. As a mandated reporter, the nurse is an important person to make sure the child is being taken care of at school and home. Keeping in contact with the child's parents and getting consent from the child's doctor, the nurse will ensure the child is getting the required medications daily at school while in their care.

5. What are the health risks of the population served during today's clinical based on your observations today?

The main health risk I saw at the clinical site was infection. Many children were coming in sick with fevers and vomiting. It was picture day, so the nurse said parents would still send their children to school when sick so they do not miss pictures. This can be very problematic and spread from child to child throughout the school fast. Head lice is another risk for this population as children often play with each other's hair and do not keep personal space very well. Each year, millions of school-age children worldwide, in industrialized and developing nations, are infested with head lice (Tolozan et al., 2018). However, because it is nearly impossible to adopt direct research techniques, nothing is known about the number of lice spread among children during school activities (Tolozan et al., 2018). The third health risk is poison ivy, which can quickly spread through contact with other children.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

This student chooses infection to develop a plan of care. The nursing diagnosis chosen is the risk for infection as evidenced by fever related to temperature over 100 degrees Fahrenheit. A measurable goal is that the student will remain free from signs and symptoms of infection. Three nursing interventions to achieve this goal are minimizing the student's risk for infection by washing hands before and after care, identifying risk factors predisposing students to the infection so other students can be safe from contracting the infection, and encouraging fluid intake and adequate nutritional intake to prevent dehydration (Phelps, 2020). The nurse should also wear gloves when caring for this student to prevent the spread of infection.

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

This experience gave this student great insight into what it is like to be a school nurse and deal with the pediatric aspect of nursing. Caring for adolescents is a different kind of care than caring for the older population. Adolescents need more tender nursing care, and nurses must get creative to have a good outcome. Keeping the child at ease is essential to provide quality care. There are various ways to get creative, especially as a school nurse, getting to know each student on a personal level. This student enjoyed this clinical nursing site and looks forward to working with pediatric patients during clinical.

## References:

Phelps, L.L. (2020). *Sparks and Taylor's Nursing Diagnosis Reference Manual* (11th ed.).  
Wolters Kluwer.

Tolozá, A. C., Laguna, M. F., Ortega-Insaurralde, I., Vassena, C., & Risau-Gusman, S. (2018).  
Insights about head lice transmission from field data and Mathematical Modeling.  
*Journal of Medical Entomology*, 55(4), 929–937. <https://doi.org/10.1093/jme/tjy026>

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

CRITERION	POOR	FAIR	GOOD
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>

**Total Points \_\_\_\_\_**