

N431 Adult Health II

Clinical Reflection Form

Name: Kati Davis

Date: 9/7/22

Clinical Rotation Site:

1. Briefly write about today's experience(s)

Today I had a rotation in the ICU. I worked with nurses Jen, Autumn, Chelsey, and Ashlie. It was a slower day; there were 6 patients total. My day mainly consisted of using my first-semester adult health clinical skills. I helped move patients in bed, transport a patient to dialysis, change linens, and clean up a man.

2. What is one thing you learned?

I learned that the ICU nurses see a lot of admissions from overdoses, diabetic ketoacidosis, and respiratory failure.

3. What is one thing you would do differently?

I would have logged onto the computer to review charts/ask questions. I was not on the computers at all during this clinical rotation, with the downtime I had, I could have utilized those charts to potentially learn disease processes I am not completely familiar with.

4. What is your major "take home" from today's clinical experience(s)?

It is important to pay attention to detail, especially for these patients in the critical care unit. During my downtime, I was able to be extremely observant of the nurses. I noticed Jen taking the extra step to really declutter patients' rooms, provide natural sunlight, and ensure privacy every time it was appropriate. Beyond the knowledge, those small details are what make a good nurse.

5. Is there anything else you would like to mention?

I hope the next time I am in the ICU it is a more eventful day!