

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

The clinical site at Carle, located in Danville, is related to the pediatric course because most of the patients seen are within the pediatric age group. The patients treated were mostly infants and children. The clinical experience included observation of children receiving vaccinations and nurse visits. These children also received well-baby checkups, which educated the families about the expected development of their children and infants. Developmental stages appropriate for each age group were discussed, such as what is expected physically and neurologically during this clinical observation. The site is related to the class because they have multiple physicians who see pediatric patients receiving these checkup appointments and receiving healthcare, which nursing students learn about in class.

2. How were you an engaged nursing professional today?

This student acted as a nursing professional and was a great observer. This student also asked many follow-up questions related to the patient's behavior and specific medication administration. When not actively participating in patient care, this student listened to how the pediatric nurse communicated with her patients on the phone during triage. It was very informative to observe the nurse interacting with patients and seeing how to communicate with the children and their parents, grandparents, or guardians. This student also tried to be as helpful as possible to the nurses and their patients by having a positive attitude and offering a helping hand. Throughout the day, this student made sure there was participation.

3. How did you contribute to the service provided by the clinic nurse today?

This student contributed to the service provided by the clinic nurse today by engaging with pediatric patients. Most patients were afraid of receiving a vaccination and were emotional before and during vaccination, and it was heartwarming to be a source of comfort for the patients. It was a great experience to tell the patient how great they did after they completed the vaccinations. Positive feedback seemed to cheer the children up and made them less emotional. Giving the patients stickers or a choice of a pencil was also a beneficial and an uplifting way to encourage the pediatric patients to improve their mood.

4. Name 3 ways this clinical site impacts Pediatric health?

The first way that the clinical site impacts pediatric health is by providing vaccinations to the pediatric population. Vaccines have tremendous benefits, including illness prevention. Healthcare professionals, including nurses, play a part in pushing vaccine acceptance. Their recommendations and patient education can have a positive impact if conveyed knowledgeably and confidently (Del Duca et al., 2021). The second way this clinical site impacts pediatric health is by educating patients and their parents about healthy eating habits to prevent further complications in health. Promoting healthy eating at younger ages can help to promote healthy eating habits and decrease associated risk factors for diseases related to being overweight or obese later in life (Mohler et al., 2020). The third way the clinical site impacts pediatric health is by providing parents information about childhood safety in the home to prevent childhood injuries. Unintentional injuries cause approximately 33% of all childhood and adolescent deaths (DeGeorge et al., 2020). This clinic provides accurate information to parents on how to childproof their homes and keep their children safe from accidental injuries.

5. What are the health risks of the population served during today's clinical based on your observations today?

Some pediatric patients who had appointments received DTaP (diphtheria, tetanus, pertussis) vaccinations. These patients are at risk of adverse reactions after receiving these vaccinations. Some common side effects these patients may experience after receiving the vaccine include erythema, edema, and myalgia. Parents of these patients may also notice that their child is more irritable and fussier than usual. The child may also become febrile a couple of hours after administration of the DTaP vaccine. Although rare, parents must know that allergic reactions can occur and must be aware of the warning signs. These signs include face swelling, difficulty swallowing, dizziness, and dyspnea (Ricci et al., 2021).

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

The health risk discussed in this question is possible dyspnea due to the administration of the DTaP vaccination. A nursing diagnosis to address severe DTaP reactions is impaired gas exchange related to an imbalance in ventilation and perfusion, as evidenced by dyspnea. A measurable goal regarding dyspnea is to assess the number of respirations and effort of breathing and to set a goal of breaths per minute, preferably within the range of 12-20 with little breathing effort. The first nursing intervention needed to reach that goal is to raise the head of the bed to promote adequate oxygenation. Another nursing intervention that can help achieve the goal is administering medications as ordered by the provider to assist in opening the airway. The third nursing intervention involves promoting adequate rest to conserve energy (Martin, 2022).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

This student felt that observing the pediatric nurses' communication skills and patient interactions was highly beneficial to my nursing practice. The nurses spoke to the children in a way that calmed

them and was genuinely kind and caring. This student will attempt to communicate with children and their parents similarly. This style of communication was therapeutic, which not only made the vaccination process more manageable, but the patient was left less emotional. It was also great to see how the nurses interacted with the parents. Acting in a kind manner can increase the chances of the patient following up with the provider, which increases health promotion (Farias de Oliveira et al., 2019).

References

- Del Duca, E., Chini, L., Graziani, S., Sgrulletti, M., & Moschese, V. (2021). Pediatric health care professionals' vaccine knowledge, awareness and attitude: A survey within the Italian society of pediatric allergy and immunology. *Italian Journal of Pediatrics*, 47(183), 1-7. <https://doi.org/10.1186/s13052-021-01090-9>
- DeGeorge, K. C., Neltner, C. E., & Neltner, B. T. (2020). Prevention of unintentional childhood injury. *American Family Physician*, 102(7), 411–417.
- Farias de Oliveira, E., Camargo, C. L., Pereira Gomes, N., Menezes Couto, T., Moura Campos, L., & Santos de Oliveira, P. (2019). Factors related to quilombola attendance to child follow-up appointments. *Revista Brasileira de Enfermagem*, 72, 9–16. <https://doi.org/10.1590/0034-7167-2017-0605>
- Martin, P. (2022). 4 anaphylactic shock nursing care plans. Nurseslabs. <https://nurseslabs.com/anaphylactic-shock-nursing-care-plans/2/>
- Mohler, R., Wartha, O., Steinacker, J. M., Szagun, B., & Kobel, S. (2020). Parental self-efficacy as a predictor of children's nutrition and the potential mediator effect between the health promotion program “join the healthy boat” and children's nutrition. *International Journal of Environmental Research and Public Health*, 17, 9463. <https://doi.org/10.3390/ijerph17249463>
- Ricci, S. S., Kyle, T., & Carman, S. (2021). *Maternity and pediatric nursing* (4th ed.). Wolters Kluwer

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School</p>	<ul style="list-style-type: none"> - Paper submitted to dropbox or discussion board late. 		<ul style="list-style-type: none"> - Paper submitted to dropbox on time.

Nurse shadow experience. <i>Total Weight- 5 points</i>	Weight- 1 point		Weight- 5 points
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Total Points _____