

**Teaching Plan and Grading Rubric**

**Student Name: Katie Finn**

<b>Criteria</b>	<b>0 points</b>	<b>2.5 points</b>	<b>5 points</b>	<b>Comments</b>
<p><b><u>Assessment of Client/Family</u></b></p> <ul style="list-style-type: none"> <li>• Determines motivation for learning</li> <li>• Identifies barriers to learning</li> <li>• Discuss health beliefs/values</li> <li>• Discuss psychosocial and cognitive development</li> </ul>	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> <li>• Determines motivation for learning</li> <li>• Identifies barriers to learning</li> <li>• Discuss health beliefs/values</li> <li>• Discuss psychosocial and cognitive development</li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>• Determines motivation for learning</li> <li>• Identifies barriers to learning</li> <li>• Discuss health beliefs/values</li> <li>• Discuss psychosocial and cognitive development</li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>• Determines motivation for learning</li> <li>• Identifies barriers to learning</li> <li>• Discuss health beliefs/values</li> <li>• Discuss psychosocial and cognitive development</li> </ul>	
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<p><b><u>Nursing Diagnosis and Goal of Teaching</u></b></p> <ul style="list-style-type: none"> <li>• 1 nursing diagnosis identified in proper formatting</li> <li>• 1 goal of teaching identified</li> </ul>	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> <li>• 1 nursing diagnosis identified in proper formatting</li> <li>• 1 goal of teaching identified</li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>• 1 nursing diagnosis identified in proper formatting</li> <li>• 1 goal of teaching identified</li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>• 1 nursing diagnosis identified in proper formatting</li> <li>• 1 goal of teaching identified</li> </ul>	
<b>Criteria</b>	<b>0 points</b>	<b>2.5 points</b>	<b>5 points</b>	<b>Comments</b>
<p><b><u>Interventions</u></b></p> <ul style="list-style-type: none"> <li>• Discuss 3 interventions to be included in teaching</li> <li>• Relate interventions to meeting the teaching goal</li> </ul>	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> <li>• Interventions to be included in teaching</li> <li>• Relate interventions to meeting the teaching goal</li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>• Interventions to be included in teaching</li> <li>• Relate interventions to meeting the teaching goal</li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>• Interventions to be included in teaching</li> <li>• Relate interventions to meeting the teaching goal</li> </ul>	

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<p><b><u>Methods/Teaching Tools</u></b></p> <ul style="list-style-type: none"> <li>• Use 2 appropriate teaching methods to deliver teaching</li> <li>• Consider the following teaching methods: <ul style="list-style-type: none"> <li>• Discussion</li> <li>• Q&amp;A</li> <li>• Teach-Back</li> <li>• Interactive</li> </ul> </li> </ul>	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> <li>• Use 2 appropriate teaching methods to deliver teaching</li> <li>• Consider the following teaching methods: <ul style="list-style-type: none"> <li>• Discussion</li> <li>• Q&amp;A</li> <li>• Teach-Back</li> <li>• Interactive</li> </ul> </li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>• Use 2 appropriate teaching methods to deliver teaching</li> <li>• Consider the following teaching methods: <ul style="list-style-type: none"> <li>• Discussion</li> <li>• Q&amp;A</li> <li>• Teach-Back</li> <li>• Interactive</li> </ul> </li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>• Use 2 appropriate teaching methods to deliver teaching</li> <li>• Consider the following teaching methods: <ul style="list-style-type: none"> <li>• Discussion</li> <li>• Q&amp;A</li> <li>• Teach-Back</li> <li>• Interactive</li> </ul> </li> </ul>	
<b>Criteria</b>	<b>0 points</b>	<b>1.5 points</b>	<b>3 points</b>	<b>Comments</b>
<p><b><u>Evaluation</u></b></p> <ul style="list-style-type: none"> <li>• Discuss how the client/family received the teaching</li> <li>• Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>• Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> <li>• Discuss how the client/family received the teaching</li> <li>• Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>• Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>• Discuss how the client/family received the teaching</li> <li>• Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>• Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>• Discuss how the client/family received the teaching</li> <li>• Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>• Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	

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<b>APA Format</b> <ul style="list-style-type: none"> <li>• Appropriate APA in-text citations and listed all appropriate references in APA format</li> <li>• At least 2 scholarly source(s) are utilized and should be 5 or less years old</li> <li>• Source(s) greater than 5 years old will not be accepted</li> <li>• Reference page complete</li> </ul>	No in-text citations present  2 or more references are greater than 5 years old  3 or more APA errors  No reference page present	1-2 APA errors  1 reference is greater than 5 years old  In-text citations appropriately cited  Reference page present	No APA errors present  In-text citations appropriately cited  Reference page present and formatted properly	
<b>TOTAL</b>				<b>/25</b>

<b>Assessment of Client/Family</b>	<b>Nursing Diagnosis &amp; Goal of</b>	<b>Interventions</b>	<b>Methods/Teaching Tools</b>	<b>Evaluation</b>
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(5 points)	Teaching (5 points)	(5 points)	(2 points)	(3 points)
<p><b>Level of motivation for learning:</b></p> <p>The patient is not currently motivated to learn how to manage her diabetes. The patient is aware of her condition but does not appear to be ready to be receptive to information on how to manage her diabetes.</p> <p><b>Barriers to effective learning:</b></p> <p>The patient is in pain currently and hungry due to her NPO status as per physician orders. This will make her less receptive to information and harder for her to focus.</p> <p><b>Health beliefs/values:</b></p> <p>The patient did not state any health beliefs or values.</p> <p><b>Psychosocial development:</b></p> <p>The patient is in Erikson's psychosocial developmental stage of intimacy vs. isolation (Eliopoulos, 2022).</p> <p><b>Cognitive development:</b></p>	<p><b>Nursing Diagnosis:</b></p> <p>Risk for unstable blood glucose level related to noncompliance on diabetes management as evidenced by the patient's A1c being 13.1% upon admission.</p> <p><b>Goal of Teaching:</b></p> <p>The patient will understand the importance of complying with diabetes management for long-term health. The patient will understand how and when to appropriately administer insulin.</p>	<p><b>Intervention 1:</b></p> <p>The patient will be given information on managing diabetes daily, on sick days, and signs and symptoms of hypo- and hyperglycemia (Reynolds, 2021).</p> <p><b>Intervention 2:</b></p> <p>The patient will verbally list two to three symptoms of hypo- and hyperglycemia.</p> <p><b>Intervention 3:</b></p> <p>The patient will teach back the appropriate times to administer insulin and when to check blood glucose levels.</p>	<p><b>Method 1:</b></p> <p>The patient will be given handouts from John Hopkins Hospital (2021).</p> <p><b>Method 2:</b></p> <p>The patient will verbally teach back one to two new pieces of information learned.</p>	<p><b>Discuss how the client/family received the teaching:</b></p> <p>The patient has not been taught diabetic management so this cannot be evaluated.</p> <p><b>Identify strengths/weaknesses of the client or family in receiving teaching:</b></p> <p>The patient's current weakness is she is not receptive to diabetic education at this moment. The patient's strength is that she has experienced diabetic ketoacidosis before and should understand some of the diabetic teachings.</p> <p><b>Suggest modifications to improve teaching plan (what would have improved the plan?):</b></p> <p>Improving the plan would include teaching the information over several days. Reinforcing the information over several days will help the patient retain the information and</p>

<p>The patient is in Piaget's formal operation stage of cognitive development (Eliopoulos, 2022).</p>				<p>hopefully become compliant in her diabetes management.</p>
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### **References (2) (APA):**

Eliopoulos, C. (2022). *Gerontological nursing* (10th ed.) Wolters Kluwer.

Reynolds, M. C. (2021). *Diabetes self management patient education materials*. John Hopkins Medicine. [https://www.hopkinsmedicine.org/gim/faculty-resources/core\\_resources/Patient%20Handouts/](https://www.hopkinsmedicine.org/gim/faculty-resources/core_resources/Patient%20Handouts/)