

Unit 1 Concept Review

Vocabulary

sexually transmitted infection

human chorionic gonadotropin

estrogen

relaxin

progesterone

embryo

fetus

liridosis

amenorrhea

contraception

intrauterine device

placenta

infertility

gravidity

parity

ultrasound

Concepts to know

Pregnancy tests & hormonal levels - effects of the use of other medications on the results.

Alpha-fetoprotein- When completed, what does this test identify

Placenta- Functions

Fertility awareness

Probable, presumptive, positive - Sequencing of these signs.

Prevention and treatment for Chlamydia, Syphilis, Gonorrhea, and Genital Herpes

Signs of pregnancy

Oral contraception: client education and complications

Intrauterine device birth control

GTPAL system

Prenatal testing (blood work & cultures) -What and when done

Nagel's rule

Fundal height vs weeks gestation

Prenatal nutrition- What nutrients are recommended and what foods contain those nutrients

Weight gain in Pregnancy

Exercise in pregnancy? Kegel?

Non stress test-What are we looking for?

Biophysical profile - How is it done and what is examined (seen)

Amniocentesis- How done, why completed, education provided to patient

MSAFP

Genetic testing—What tests and who is tested

Vaccines in pregnancy

Physiologic adaptations

Psychologic adaptations

Common discomforts by trimester- appropriate relief measures for discomfort

Warning signs during trimesters to report

Prenatal visits (what assessments to expect at first and then subsequent visits)

Education for the prenatal client—What to include; classes

Safe medications in pregnancy

Application of the use of therapeutic communication.

Medications for this unit-Uses, side effects, & education which should be included about them.

Ceftriaxone

Metronidazole

Miconazole

Fluconazole

Azithromycin

Amoxicillin

Prenatal vitamins

Iron

Folic acid

Oral combination contraceptive pill

Progestin only IUD (Mirena, Kyleena, Skyla)

Medroxyprogesterone

Progestin only contraceptive pill

