

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

1. How does this clinical site relate to the course?

The pediatric clinic relates to the pediatrics course because it is the clinic specifically for children from birth to eighteen years old. The pediatric clinic sees patients for well-baby and well-child visits to monitor growth and development (Ricci et al., 2021). They see children for school and sports physicals to provide children with immunizations, so they can attend school and be current on their required vaccinations. The doctors will also talk to children about peer pressure, safe and unsafe risks, drugs and alcohol, puberty, and making good choices as they grow up, become more responsible, and have more freedom (Ricci et al., 2021). The pediatric health professionals will also monitor the growth and development of their patients, discuss proper nutrition, diet, and exercise, and make referrals to specialists as needed.

2. How were you an engaged nursing professional today?

This student learned about the flow of a typical day in the clinic. The certified medical assistant (CMA) Sarrah printed off the schedule for the day so she could start preparing the rooms for her patients. When a patient came in, this student accompanied Sarrah with taking the patient to get their height, weight, and temperature then took them to the room. In the room, the CMA took the child's blood pressure, asked the parent about allergies, current medications, and medical concerns, and confirmed the reason for the visit. If the child was there for a physical and vaccinations, Sarrah confirmed the vaccines the child would be getting and offered the optional but recommended vaccines to the parent. This student asked questions about the vaccinations they were giving, the labeling and categorizing the vaccines in the refrigerator, and observed charting and listened to the nurse make follow-up calls.

3. How did you contribute to the service provided by the clinic nurse today?

This student contributed by assisting Sarrah with cleaning up the rooms and setting them up again for the next patient. This student took the infant scale to the room when needed, took it out, and cleaned it up between patients. This student also assisted by talking to the kids and providing distraction techniques while the nurse or certified medical assistant administered the vaccinations. With one of the babies, this student assisted the nurse by holding the baby's legs still while she received two vaccines on one leg and one on the other. This student also provided education on non-nutritive sucking for pain control and comfort to the mother of a two-month-old baby (Ricci et al., 2021).

4. Name 3 ways this clinical site impacts Pediatric health?

This pediatric clinic impacts Pediatric health because it provides preventative care services, monitors the child's growth and development, and provides vaccinations, school, sports physicals, and other age-appropriate care. The healthcare providers in the pediatric clinic provide care consistent with the stage of development of each child. The healthcare professionals incorporate conversation and care specific to the psychosocial level of the child and provide therapeutic communication and distraction techniques during uncomfortable or painful procedures (Ricci et al., 2021). The healthcare providers include age-appropriate education for the caregivers and time to answer questions or address parents' concerns about their child. Providing age-appropriate education on safety and proper nutrition will help prevent injuries and ensure that the child receives an adequate diet complete with essential vitamins and minerals for proper weight and growth (Ricci et al., 2021).

5. What are the health risks of the population served during today's clinical based on your observations today?

Some potential risks for preschool and school-age children are being susceptible to viral or bacterial illnesses or head lice (Ricci et al., 2021). Anytime a child is part of a community, such as a school, they are at increased risk for illness. Many children do not have good hand hygiene and forget to cover their mouths when they sneeze or cough. Children share toys, writing utensils, and food and drinks, and depending on their age, they do not have the knowledge to know that they can get sick from sharing food and drinks with others. Some of the children

seen in the clinic were between ten and sixteen years old, and those children are at an age where they begin taking more risks, and sometimes not-so-safe risks are taken, which makes them susceptible to injury or death (Ricci et al., 2021). School-age children are at risk for sports-related accidents and injuries, broken bones, or concussions from falling or getting hit with a ball (Ricci et al., 2021). Preschool children's risk includes falls, drowning, car seat safety, pedestrian safety, or accidental poisoning (Ricci et al., 2021).

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

1. **Nursing diagnosis:** Risk for injury related to the developmental stage as evidenced by the patient being three years old.
1. **Measurable Goal:** The caregiver will receive education on age-specific risks and how to implement preventative measures to keep the preschool child safe. The caregiver will demonstrate an understanding of the education by reciting ways to keep their preschooler safe.
2. **Intervention 1:** The caregiver will keep all medications, household cleaners, chemicals, and detergents properly labeled and locked in cabinets with child safety locks. The caregiver will not refer to medication as candy to the child.
3. **Intervention 2:** The caregiver will keep the child in the appropriate car seat in the backseat until he is four years old and tall enough to move to a booster seat (Ricci et al., 2021).
4. **Intervention 3:** The caregiver will not leave the child unattended in the bathtub, around swimming pools, or other bodies of water. The preschooler will participate in swimming lessons so he can learn to swim.
5. **Intervention 4:** The preschooler will wear a helmet when riding a tricycle, and a caregiver will accompany him at all times. The preschooler will be taught about pedestrian safety, watching for cars, and staying away from the road.

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

The pediatric clinic, clinical experience allowed this student to see different ages of children and witness age-appropriate care first-hand. This student will remember to be cognizant of the age and developmental stage of any child this student works with in the future. Providing age-appropriate conversation, education, and distraction techniques helps the patient relax, feel included in their care, and provide comfort and trust between the family and the provider (Ricci et al., 2021). This student will also remember developmental milestones, be aware of any potential concerns, and advocate for the patient to help the patient get the best care possible.

References

Phelps, L. L. (2021). *Sparks & Taylor's nursing diagnosis pocket guide*. Wolters Kluwer.

Ricci, S. S., Kyle, T., & Carman, S. (2021). *Maternity and pediatric nursing*. Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<p>- Content is incomplete. - Major points are not clear and /or persuasive</p> <p>Weight-1 point</p>	<p>- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts.</p> <p>Weight- 3 points</p>	<p>- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear.</p> <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<p>- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments</p> <p>Weight- 1 point</p>	<p>- Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments</p> <p>Weight- 5 points</p>	<p>- Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments</p> <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Points- 10 points</i></p>	<p>- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not.</p> <p>Weight- 1 point</p>	<p>- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not.</p> <p>Weight-5 points</p>	<p>- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why.</p> <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<p>- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used.</p> <p>Weight- 1 point</p>	<p>- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used.</p> <p>Weight- 5 points</p>	<p>- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used.</p> <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p>	<p>- Paper submitted to dropbox or discussion board late.</p>		<p>- Paper submitted to dropbox on time.</p>

<i>Total Weight- 5 points</i>	Weight- 1 point		Weight- 5 points
-------------------------------	------------------------	--	-------------------------

Total Points _____