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I spent the day on the adolescent floor with Tyler and Sophia. There were three groups that day; a boy group and a girl group, both over 12 years old, and a smaller group of kids under 12 years old. We split our time between the three groups.

For the first part of the day, we hung with the kids under 12, a group of 3 boys and one girl. There was time for physical play with building blocks and a separate time to watch videos and dance along with the characters in the video in their therapy groups. It was an excellent way for the kids to get their energy out, but sometimes the boys would get upset out of nowhere, and I noticed their behaviors would match each other. The other boys would get upset when one boy would get upset.

There were about ten girls on the adolescent side. They had a more relaxed group because it was a Friday. The tech leading the group asked the girls to talk about the behaviors that led them to The Pavilion and what changes they hoped to make in their behaviors. Afterward, they were allowed to color, play cards, and play appropriate music.

Five boys were on the adolescent side, and a case manager led their group. The boys discussed their triggers and better ways to manage their reactions to the triggers. They addressed the feeling of “seeing red” and ways to redirect their attention. Some boys discussed ways to respond to their triggers instead of getting angry. The boys discussed their ability to walk away and control their reactions instead of allowing the situation to control them. Later on in the day, there was a support code for the adolescent boys, and it did not seem their group session helped the boys to think through before acting. Shared psychosis (*folie à deux*), a rare psychiatric syndrome in which symptoms of delusional beliefs are transmitted from one individual to another, seemed to be the case with the boys getting upset.