

N433 - Developmental Observation Debriefing Journal

After observing at the YMCA Summer Camp, complete the following questions. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Saturday @ 2359). **You must include at least one (1) scholarly source within the last five (5) years in at least one of the questions.** This source must be properly cited with in-text citations and the full citation must be provided in APA format. **The total word count for this assignment is to be no less than 100 words per question** (this only applies to the content of your answers, not the questions or citations).

1. What age groups did you observe today? Which of Erikson's stages does this age group fit in? Give two (2) examples of behaviors you would expect from this age group. What behaviors did you observe?

During the clinical site at the YMCA, I was able to see the difference in the developmental and growth skills of Eriksson's stage. The age group we had was from ages 3-6 years old. This group in Erikson's stage would be considered the Initiative versus Guilt (Ricci et al., 2021). Two examples of Initiative versus guilt would be misbehaving, cooperating with other children, and making the wrong choices. Some of the behaviors that we saw during the observation were the children were having a hard time sharing their toys and playing with each other. However, they did enjoy being outside and coloring, and playing tag. They were able to get along through some of the activities but not all of them.

2. Which of Piaget's stages does this age group fit in? Give two (2) examples of behaviors you would expect from this age group. What behaviors did you observe? Give two (2) examples of vocalization of this age group.

The Piaget stage that our children's age group 3-6 years old fit in is the Preoperational stage. Two examples of the Preoperational stage would be knowing the difference between right and wrong, and having a short attention span on a certain activity (Ricci et al., 2021). The behavior that we observed was when the children would sit down to color, they would only be able to focus on that area for about 5 to 8 minutes. Their attention span would then change over to the other children playing with Legos then they would get up to join them. This includes a short attention span and active imagination. Two examples of vocalization in this age group are being able to count to 10 without any assistance and being able to name items in books or on the television (Ricci et al., 2021).

3. What are some potential health risks (short-term and/or long-term) for the children you observed today?

I was able to observe one diabetic child. There were a couple of children who had fallen whom we assisted with scratches and got them some band-aids is could lead to risk for infection. Also, another little girl had smashed her finger in the door while playing hide and seek with the other children and we were able to assist her with some ice. For most of the children who ended up hurt, we were able to calm them down with hugs and therapeutic communication, and distractions. Other than that, the rest of the children we played with seemed overall very healthy. However other health risks could include lice, impetigo, hand foot, and mouth disease.

4. Choose one of the health risks identified in the above question and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal (SMART), and at least three nursing interventions to achieve this goal.

Deficient knowledge related to type 1 diabetes as evidenced by child's unawareness of quantity of snacks ok to consume.

Goal: The child will choose snacks with less than 40 carbs per serving. We will have to pay attention to the carbs when the child is picking out the snack.

Intervention 1: Compile a list of appropriate snacks (Ricci et al., 2021).

Intervention 2: Include the number of carbs with each snack so the student knows how much of a particular item they can consume.

Intervention 3: Educate the child about the risks associated with consuming too many carbs in one sitting.

This plan of care will encourage the child to make healthier choices to have for a snack. It will also teach them that making better choices can allow them to have snacks larger in quantity (Ricci et al., 2021).

5. How will the knowledge gained during this observation influence your nursing practice?

With the knowledge, I gained from this experience I now have a different view of the role of a school or daycare nurse would be. I was able to observe and connect with the children throughout the time we were there for over four hours. We were able to help make sure the children's shoes were tied to prevent them from further injuries. One of the little girls had smashed her fingers and I was about to assist by calming her down and getting her an ice pack for her fingers. I learned several tips on how to

work with children and will use them in the future. How to prevent infection like not letting them share each other's items and perform proper hand hygiene.

References:

Ricci, S. S., Kyle, T., & Carman, S. (2021). *Maternity and pediatric nursing* (4th ed.).

Wolters Kluwer.

Debriefing Journal Rubric

Minimum Words: 100 per question/ 50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Points- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains a few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND is accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND is accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____