

N433 - Developmental Observation Debriefing Journal

After observing at the YMCA Summer Camp, complete the following questions. Submit your completed assignment to dropbox within 72 hours of this clinical rotation (Saturday @ 2359). **You must include at least one (1) scholarly source within the last five (5) years in at least one of the questions.** This source must be properly cited with in-text citations and the full citation must be provided in APA format. **The total word count for this assignment is to be no less than 100 words per question** (this only applies to the content of your answers, not the questions or citations).

1. What age groups did you observe today? Which of Erikson's stages does this age group fit in? Give two (2) examples of behaviors you would expect from this age group. What behaviors did you observe?

- a. I observed that the YMCA summer camp age group was seven through nine. This age group falls into Erikson's Industry versus inferiority stage (Ricci et al., 2021). An example of industry versus inferiority would be trying to perform a task and failing. The child then would become upset and need reassurance from an adult that they can get it eventually. Another example of industry versus inferiority would be succeeding in a task, and the child furthers themselves to complete an even more difficult task. There were many behaviors that I observed today. For example, one girl wanted to show me that she could do a cartwheel; when she fell over, she became upset and began to cry. I reassured her that if she kept practicing that she would become better at doing cartwheels. Another example of a behavior that I observed was that one child was reading a chapter book. Once he finished that chapter book, he came over and began to tell me all about that book and stated that he was going to go ahead and start another one.

2. Which of Piaget's stages does this age group fit in? Give two (2) examples of behaviors you would expect from this age group. What behaviors did you observe? Give two (2) examples of vocalization of this age group.

- a. The children seven through nine years old fit into Piaget's concrete operational stage (Ricci et al., 2021). Classifying objects is an example of behavior I would expect from this age group. Conservation is another example of behavior I would expect from the concrete operational stage. I observed the children sorting out the types of kickballs and soccer balls into different categories by the material they were. Another thing I kept during the day that the children caught on quickly was that just because glass is taller doesn't mean it cannot fit into a smaller glass. An example of vocalization for this age group is the ability to talk out a problem and be able to solve it. I observed this when they were playing murder mystery.

Another example is children can differentiate what cool means. For example, is the day excellent or are their shoes cool?

- 3. What are some potential health risks (short-term and/or long-term) for the children you observed today?**
 - a. One potential health risk I observed today was at risk of breaking bones. The children were jumping off ledges, sliding down stairs rails, and trying to bounce off the tree. The children were doing these activities and did injuries themselves lucky no one had any broken bones, only some scrapes. Another health risk that I observed today. Another health risk I observed today was a headache. This child became irritable very quickly. The child ended up leaving camp early due to their headache. Another health risk observed was that a child was having difficulty seeing with their glasses on. He could not see the board from where he was sitting and had to move closer to read the board better.

- 4. Choose one of the health risks identified in the above question and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal (SMART), and at least three nursing interventions to achieve this goal.**
 - a. **Nursing diagnosis:** Risk for impaired skin integrity related to falling down the concrete stairs as evidenced by the abrasions to the elbows, arms, and knees.
 - b. **Measurable Goal:** The child will not have abrasions to the elbows, arms, and knees in seven days.
 - c. **Intervention 1:** Discourage the child from picking at the sore or scabs on the elbows, arms, and knees; this will help prevent skin infection.
 - d. **Intervention 2:** Clean the affected area with lukewarm water, pat dry the area with sterile gauze, and apply moisturizers to the site.
 - e. **Intervention 3:** Avoid scrubbing the area vigorously when bathing to prevent the scabs from opening and allowing bacteria to harbor within the open sore.

- 5. How will the knowledge gained during this observation influence your nursing practice?**
 - a. The knowledge gained during this observation will influence my nursing practice in many ways. The first example is how to communicate with children. They enjoy being goofy when communicating with them and pretending you aren't sure if this is what you are supposed to be doing because they like to help you solve the issue; you are pretending that you do not know what to do. Another example is that when you want them to pay attention to you, you have to communicate it to them; otherwise, they will not want to pay attention to you. Lastly, I successfully calmed down a

kid with autism and got him to stop hitting other children. I will be able to remember the techniques I used to help him be able to relax.

Reference:

Ricci, S.S, Kyle, T., &Carman, S. (2021). *Maternity and pediatric nursing (4th ed.)*. Wolters Kluwer

Debriefing Journal Rubric

Minimum Words: 100 per question/ 50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Points- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains a few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND is accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND is accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____