

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references.** Your score will be based on this rubric. You must receive 77% (38.5 points) to pass this clinical assignment. **Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

- a. This Clinical site relates to the course N433 by being a Pediatric clinic. This clinic sees a variety of pediatric clients aged from newborns to adolescents. This clinical site is a great place for students to learn and learn various information outside of a hospital setting. The clinical site was also a slower-paced setting, allowing us students to ask the nurse questions. At this clinical site, we could see different aspects of pediatric nursing than at the hospital. Several clients came in and got triaged. Also, clients came in to perform immunization and physicals for a school.

2. How were you an engaged nursing professional today?

- a. I was able to engage in a nursing profession at this clinic while shadowing the nurse. Some of the items I performed included drawing up medications for injections and printing out information for the vaccine. I was also able to room patients with the nurse and gather the vital signs of the pediatric clients. I was also able to help provide education to an adolescent on the importance of keeping up on his asthma medication regimen. The client came in and was wheezing. I also saw the differences between private and Medicaid insurance and how they kept track of it.

3. How did you contribute to the service provided by the clinic nurse today?

- a. I contributed to the service provided by the clinic nurse today by being an active listener and helping the nurse out when she requested help. I was with the nurse and listened to questions and concerns the mother would have and what questions the adolescent would have. Providing information to a mother or adolescent would allow for some reassurance for the mother or adolescent. I was also able to help the nurse look up vaccination recommendations for a thirteen-year-old male patient by using the printout I had gotten during immunization sims day. I also gave them an updated copy of the CDC vaccine guidelines.

4. Name three ways this clinical site impacts Pediatric health?

- a. This clinical site impacts pediatric health by providing immunizations to children. They ensure the children have the appropriate vaccines at the correct age, protecting them against diseases. This clinical site also tracks the growth and development of their children. For example, can a toddler stack blocks? If the answer is yes, the child is on track for growth and development (Ricci et al., 2021). Another way this clinical site impacts pediatric health is by triaging patients. The nurses communicate with the patient's families and doctors to communicate what is wrong with patients and how to treat them. This relationship creates a sense of trust with patients.

- 5. What are the health risks of the population served during today's clinical based on your observations today?**
- a. This clinic served many respiratory complications in this pediatric population. For example, some of these respiratory complications were asthma exacerbation, RSV, and covid. An infant came in with concerns about possible RSV and covid. This child sounded very congested and wheezy. This child was also very agitated during the visit. Other children came in with asthma exacerbation. All of these children were wheezing. For one of the children, we saw we need to give albuterol nebulize treatment. After this treatment, the child no longer sounded wheezy. We also provided education to this child in regards to sports and taking breaks to prevent another asthma exacerbation related to sports.
- 6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.**
- a. The health risk identified in question five that a care plan can address is respiratory distress. A nursing diagnosis that can be used is ineffective airway clearance related to inflammation of the airway tract, as evidenced by wheezing lung sounds. A worthy goal for this client would be the absence of lung wheezing for three days. Intervention for this client would be an albuterol inhaler for emergencies. Another intervention for this client would be an incentive spirometer daily. The last intervention for this client would be to monitor for signs of fatigue. These interventions will allow the client able to achieve this goal.
- 7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?**
- a. My experience during the ambulatory clinic job shadowing will impact my nursing practices through patient relationships, communication, and the importance of knowing your patient. It is essential to establish a patient relationship not only with the client but with the family as well. This creates a trusting relationship between patient and nurse. Communicating is essential for patient care. As a nurse, you must be able to communicate with people outside of the clinic. You will need to be able to communicate with other clinics and the lab. Knowing your patient will play a key role in understanding how growth and development can be affected by an illness. For example, a child with delayed speech may be from a hearing impairment that child may be experiencing (Ricci et al., 2021).

Reference:

Ricci, S.S, Kyle, T., &Carman, S. (2021). *Maternity and Pediatric nursing (4th ed.)*. Wolters Kluwer

**N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible**

CRITERION	POOR	FAIR	GOOD
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<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Points- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - ND accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Paper submitted to dropbox or discussion board late. <p>Weight- 1 point</p>		<ul style="list-style-type: none"> - Paper submitted to dropbox on time. <p>Weight- 5 points</p>

Total Points _____