

## N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references.** Your score will be based on this rubric. You must receive 77% (38.5 points) in order to pass this clinical assignment. **Each question must contain at least 100 words minimum.**

### 1. How does this clinical site relate to the course?

This clinical site shows what a regular check-up looks like for healthy pediatric patients. It shows how a simple head to toe assessment is completed, what types of health concerns come through, and how vaccines are administered. It also allows for the student to see what the normal progression of development is like in pediatric patients. The patients also show the different cognitive stages of each age. The student is also able to practice and see different techniques discussed in lecture. The nurses and medical assistants are able to inform the student on what the typical day at the clinic is like and this information can be applicable to this course.

### 2. How were you an engaged nursing professional today?

This student was able to practice assisting with vaccine administration and practiced hand hygiene. This student was also able to watch vaccines drawn up, and was able to identify what was correctly and incorrectly done. This student was also able to interact with the doctors in the office and see how they interact with the nurses and medical assistants. This student was able to observe how to appropriately interact with children and the parents as a nurse. This student asked questions to further understand why there were specific procedures. This student tried to be involved with as many interactions with the patients as possible.

### 3. How did you contribute to the service provided by the clinic nurse today?

This student was able to assist in vaccine administration with different holding techniques to ensure safety for the patient and the person administering the vaccine. This student also volunteered to assist with cleaning the exam rooms after appointments to help the staff throughout the day. This student was also able to assist in nasal swabbing and comforting the patients when they were distressed. This student tried to be as helpful as possible with the simple tasks of the clinic to ensure effective functioning. The student tried to learn while being helpful as to be able to pick up new information and skills.

### 4. Name **3** ways this clinical site impacts Pediatric health?

This clinic is essential for the surrounding population's vaccinations. The clinic offers vaccinations for those with federal insurance to help promote the health and safety of the pediatric population. It is

important that the pediatric patients are able to stay up-to-date on the vaccines, and the clinic is vital resource to help assist with that.

The clinic is also important for monitoring the overall health of the pediatric population. Many of the patients come in for different tests and check-ups when there is something abnormal in their health. It is important that there is a source to help identify those medical issues before they becomes medical emergencies.

Lastly, the clinic assists with providing formula for those who may need to sample a new one for the child. It is a good resource for families who may not be able to afford to buy new formula cans just to sample it. The clinic has many different types of formula that can be given to families to test before they buy.

5. What are the health risks of the population served during today's clinical based on your observations today?

Most of the health risks this student noticed during this clinical observation was overall a lower socioeconomic status of the families. Many of the families appeared to have less resources to help care for their children. This can lead to malnutrition, poor hygiene, and less resources for enrichment for the children's development. Second-hand smoke is another health risk noted by this student. Some of the patient's parents or guardians smelled like cigarette smoke and this can lead to many health issues in pediatric patients. Those are the two major health risks noted that day during the student's observation. Most of the patients at the clinic appeared to be healthy.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

The health risk chosen is exposure to second-hand. Risk for activity intolerance related to ineffective breathing patterns related to second-hand smoke exposure as evidenced by shortness of breath during light physical activity. The goal is to improve activity tolerance of the patient. Interventions include education of the dangers of second-hand smoke to the parents and/or guardians, create a plan to decrease the exposure of the patient's to second-hand smoke, and establish realistic goals in improve the patient's activity level (Phelps, 2020). The nurse can also create a community education program on how to decrease second-hand smoke exposure to others and create a program to help with smoking cessation.

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

The experiences allowed for this student to see what is correct and what is incorrect when doing different tasks. For example, the medical assistant did not wear gloves when drawing up vaccines from vials. Most of the time, when administering vaccines, the child was held down on their back. This student would prefer the parent or guardian to hold the child to help comfort the child more. This student would want to use more atraumatic techniques than what was witnessed at the clinic. This

experience was useful in learning what does work with children as well and that the parents and guardians also need to be comforted during vaccine administration.

## References:

Phelps, L. L. (2020). *Sparks and Taylor's nursing diagnosis reference manual* (11<sup>th</sup> ed.).

Wolters Kluwer.

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

| CRITERION  | POOR   | FAIR   | GOOD   |
|--|--|--|--|
| <p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>   | <ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>   | <ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>   | <ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>   |
| <p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>  | <ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>  | <ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>   | <ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>   |
| <p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Points- 10 points</i></p>   | <ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>                                    | <ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>  | <ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>   |
| <p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>              | <ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p> | <ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p> | <ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p> |
| <p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p> | <p>ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>   | <p>- ND accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>  | <p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>   |
| <p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>   | <p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>  |  | <p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>  |

Total Points \_\_\_\_\_