Gestational Breast Cancer: Support Needs of Women

Deanna Braden

Lakeview College of Nursing

Dr. Ariel Wright

June 17, 2022

Gestational Breast Cancer: Support Needs of Women

Healthcare providers need to understand what women endure because of gestational breast cancer and address what support measures they may need. To gain knowledge on how to better care for these women, the researcher uses qualitative research of face-to-face, individual, and audio-recorded interviews of seven Asian women (Liow et al., 2020). The researcher discovered three main topics using thematic analysis: juggling between being a mother and a patient, being a sick woman, and seeking normalcy (Liow et al., 2020). The women's experiences of having gestational breast cancer varied on having existing support. Future qualitative and quantitative research should explore and evaluate the psychosocial and long-term effects of gestational breast cancer to provide women with better care and emotional support (Liow et al., 2020).

Article Summary

Introduction

This article's primary purpose is to research what support (physical and mental) methods women of the Asian culture need when diagnosed with gestational breast cancer. The effects of gestational breast cancer can take a toll on one's well-being (Liow et al., 2020). The women in this research share their personal experiences and hardships that they endured with gestational diabetes. This research can help nurses and medical personnel better care for women with gestational breast cancer.

Overview

Gestational breast cancer (GBS) is a stressful life event for women. As a guide, the researcher uses the Transactional Model of Stress and Coping by Lazarus and Folkman to discover new ways to improve the quality of care for women with GBS (Liow et al., 2020). The coping process is mediated by how the patient perceives the threat of the event and their perceived ability to cope with it using existing resources (Liow et al., 2020). Quality Improvement is the use of data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of health care systems" (QSEN Institute, 2020, Table 4). Quality Improvement is essential for nurses and medical personnel to continuously improve and give patients the best care possible.

Quality Improvement

This article uses qualitative research to improve care and find better solutions for women with gestational breast cancer. There needs to be additional research conducted on women of all cultures to analyze their support needs and improve the quality of care for women with GBS (Liow et al., 2020). After completion of research, educational classes need to be implemented for all healthcare workers to make changes to accommodate these women. With knowledge of stressors women with GBS endure and medical personnel gaining knowledge through training, there can be an ongoing improvement in the quality of care. More research and training courses can cause financial increases for the institution. These changes will improve the quality of care, which will increase patient and nursing safety and allow for patient and nursing satisfaction.

References

Liow, K., Ng, T., Choo, C., Koh, S., & Shorey, S. (2020). The experiences and support needs of women with gestational breast cancer in Singapore. *Cancer Nursing*, *45*(1), E263–E269. https://doi.org/10.1097/ncc.0000000000000912

QSEN Institute (2020). *QSEN Competencies*. https://qsen.org/competencies/pre-licensure-ksas/#quality_improvement