Determinants of Hand Hygiene Among Nurses: Quality Improvement

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The goal of quality improvement is to use data to track care procedures' outcomes and apply improvement methodologies to create and test changes that will improve the quality and safety of healthcare systems over time (QSEN Institute, 2020, Table 4). In this high-risk environment, hand cleanliness remains an essential and effective technique for preventing healthcare-associated infections, making it a high-impact target for hospital quality improvement programs. Hand hygiene is an excellent strategy to keep diseases at bay. According to statistics, healthcare personnel only sanitize their hands around half the time they should. Hand hygiene helps stop the spread of healthcare-associated infections, afflicting one out of every 31 hospital patients on any given day.

Article Summary

The current study is a qualitative investigation into the elements that influence the nursing staff's hand-hygiene behavior at Shariati Hospital in Tehran, Iran. The nursing staff of Shariati Hospital of Tehran University of Medical Sciences conducted 16 in-depth semi-structured interviews. A suitable sampling method was used and repeated until the data was saturated and no new codes or categories were detected. Researchers found the data using the Graham and Landsman qualitative content analysis method. The findings of this study indicated three significant themes in the Theory of Planned Behavior and eight major topics outside of it. Because of the additional characteristics identified in this study, it suggests that theories and

models be integrated into the design of treatments to improve adherence to hand hygiene practices (Ghaffari et al., 2020).

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References

Ghaffari, M., Rakhshanderou, S., Safari-Moradabadi, A., & Barkati, H. (2020). Exploring determinants of hand hygiene among hospital nurses: a qualitative study. *BMC Nursing*, *19*(1). https://doi.org/10.1186/s12912-020-00505-y

QSEN Institute (2020). *QSEN Competencies*. https://qsen.org/competencies/pre-licensure-ksas/#quality_improvement

*As you can see the reference is centered and is bolded. The first line is NOT tabbed over, all other lines are, this is called hanging indentation. All references are double spaced. All sources should be listed in alphabetical order. Be sure to use the APA 7th edition and guide for your reference page.