

## N321 Adult Health I

### Final Clinical Reflection Form

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#### Final clinical Journal

1. Briefly write about your experience(s)

This was a clinical at Carle on Roger 8 a med surg. Unit. There were rotations to various other units like oncology, ED, and OR. I enjoyed my time in the rotations. I felt like I got to see behind the scenes that aren't just the typical hospital nursing you usually see. On the unit I practiced skills that I've learned in lab. Most of the patients were not high acuity and only required; IV fluid and medications given. The nurses on the unit were somewhat difficult as a resource. I felt unwelcome and the nurses seemed like they did not want to bother with students. There were a few float or travel nurses that came in that were really good about showing me what they do in a typical shift on the unit.

2. What are things you learned?

I think what I learned the most was how skills are performed on the floor, and the physical experience of performing them in real life. I learned more about epic and medication administration. I also got to put in an IV, but then the patient's veins wasn't able to tolerate the fluid. The nurse tried and it happened to her as well and she told me more about why IVs will infiltrate.

3. What are things you would do differently?

I am not sure that there was anything I would have done differently. I somewhat think that my clinical experience could have been better on a different med surg unit. I've never really experienced nurses seeing me as a bother and not help.

4. What is your major "take home" from clinical experience(s)?

My major take home experience is the skills that I practiced. I feel much more comfortable giving oral, iv, and sub Q medications. I also feel more comfortable with protocol in the hospital.

5. Is there anything else you would like to mention?

No