

N321 Adult Health I

Final Clinical Reflection Form

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Final clinical Journal

1. Briefly write about your experience(s)

My overall experience this semester during clinicals at Carle was not very educational nor beneficial. I feel like I didn't learn very much. I was able to rotate to the Emergency Department during one clinical and was in the Med-Surg department throughout the rest of the semester. I wish I would have been able to rotate to other departments to enhance my clinical experience. However, I was able to shadow Nurses throughout my clinicals which was very beneficial. I passed medications only a handful of times as well. My clinical times are schedules 11:30am-5:30pm on Thursdays. My scheduled clinical time wasn't very beneficial to my education and learning experience at Carle. Most tasks like passing meds, taking vitals, and rotating patients in bed were already finished before our scheduled clinical time. However, I was able to make the best of each clinical and was still able to observe and learn.

2. What are things you learned?

I learned how to pass medications and how to verify all components before administering medications. I also learned how to navigate the EPIC patient portal. My care plans were very beneficial, and I was able to learn how to go in depth when gathering information regarding a patient. I also learned how to do a proper nursing assessment on a patient. I learned how to leave my comfort zone and how to interact with patients more. This was something I struggle with during the beginning of the semester. From shadowing a nurse, I also learned how to chart more efficiently. Shadowing Nurses gives us students the opportunity to observe the various tasks that Nurses endure daily.

3. What are things you would do differently?

If I were to do things differently, I would start by obtaining more vitals for my nurses and help assist with simple tasks. During our nursing clinicals, I try to learn new information and perform new tasks. Trying to learn new information sometimes enables me from doing essential care for the patients which is still important. Although obtaining a beneficial learning experience is wanted, I realized that caring for the patients by doing vitals, glucose checks, turning patients, and completing daily care is more important. These are all tasks that were learned 1st semester but should still be practiced by students if possible.

4. What is your major “take home” from clinical experience(s)?

My biggest “take home” experience from clinicals is how passionate I am about working in the Emergency Department. I was able to rotate to the ED for a clinical rotation and shadowed a Nurse the whole time. I was able to observe and learned how much multitasking Nurses do daily. My ED rotation was very beneficial to my learning and helped me practice skills that I have only practiced in our lab simulations. I was able to start 3 IV's and cared for a psych patient which is an experience that I wouldn't have had in during a Med-Surg clinical.

5. Is there anything else you would like to mention?

I would like to mention how beneficial department rotations are. I learned more from my experience in ED than I had during all my clinicals combined in Med-Surg. I was able to ask my Nurse a variety of questions and learned so much. My clinical instructor Amy Pratt was also very helpful throughout all my clinicals. She is very knowledgeable and is also very open to questions. No matter the circumstances, she was able to make the best of every clinical for her students!