

ADJUSTED INDIVIDUAL TOTAL SCORE

60.0%

TIME SPENT

42:46

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Institution: Lakeview CON

Program Type: BSN

Test Completed Date: 4/27/2022

of Points: 60 **Attempt:** 1

Focused Review Progress

View missed topics and launch study materials below.

Last accessed: 4/30/2022 **Time spent:** 18:51:58

Proficiency Level	Mean		Percentile Rank	
Level 1	National 69.8%	Program 70.5%	National 20	Program 19

Individual Performance in the Major Content Areas Show all topics to review OFF

Content Area	Topics to Review	Total # Points	MEAN		PERCENTILE RANK		Individual Score	
			National	Program	National	Program		
+ Management of Care	2	13	78.0%	78.4%	76	75	<div style="width: 84.6%; height: 15px; background: linear-gradient(to right, #00a0e3, #00a0e3); border: 1px solid #ccc; margin-bottom: 5px;"></div> 84.6%	<div style="background-color: #90c040; padding: 5px; text-align: center; font-weight: bold; color: white;">FOCUSED REVIEW ></div> <small>Last Accessed: 4/30/2022</small>
+ Safety and Infection Control	2	4	n/a	n/a	n/a	n/a	<div style="width: 50.0%; height: 15px; background: linear-gradient(to right, #00a0e3, #00a0e3); border: 1px solid #ccc; margin-bottom: 5px;"></div> 50.0%	<div style="background-color: #90c040; padding: 5px; text-align: center; font-weight: bold; color: white;">FOCUSED REVIEW ></div> <small>Not accessed</small>
							<div style="width: 0%; height: 15px; background: linear-gradient(to right, #00a0e3, #00a0e3); border: 1px solid #ccc; margin-bottom: 5px;"></div>	<div style="background-color: #90c040; padding: 5px; text-align: center; font-weight: bold; color: white;">FOCUSED</div>

Continuity of care

- Clients are referred to community care settings such as community mental health centers to help integrate clients back into their community
- Home care is another intervention used for integrating individuals back into their community and also supports the client's family.
- There are different levels of prevention used to support mental health clients as well as prevent future mental health problems such as screenings and education.

Ethical practice

- Beneficence is the practice of doing good and nurses use this to help clients feel comfortable in a new environment, the client is getting the care they need, and providing them with the quality of care they are here to get better.
- Justice is provided to the client by treating the client with respect and the same level of treatment as every other client.
- HIPPA privacy rules must be followed in order to protect the client's information

Accident/error/injury prevention

- Safety for the client is the nurse's priority in every situation

- A client that is suicidal it is important to remove any items that can be used to harm the client from their room
- It is important to monitor a suicidal client that is taking antidepressant medication because they will have more energy to follow through with a suicide plan

Use of restraints/safety devices

- Restraints are both physical and chemical to provide the client and staff with safety
- A restraint prescription must be from a provider and renewed every 24 hours
- Time limit for restraints of an adult client is 4 hours

Aging process

- As people age the body systems slow down and the older adult population is at increased risk of various diseases such as dementia and Alzheimer's disease.
- Older adults have a higher rate of depression and should be screened in their doctors' visits for depression
- Older adults that are diagnosed with life changing diseases or disorders are at risk of developing depression and self-isolate.

Abuse/neglect

- Children under 6 months old that present to the hospital with injuries are suspected for child abuse and must be interviewed by DCFS
- Clients that present to the hospital with inaccurate explanations for injuries are suspected of being abused
- Neglect is described as not providing a client with care when they need it and ignoring the duty of a nurse

Behavior interventions

- Positive reinforcement interventions are used by rewarding a client for expressing a behavior that is wanted to promote repeated behavior
- Negative reinforcement interventions are the removal of negative stimuli to avoid a negative behavior
- Positive reinforcement is the most effective form of changing a client's behavior

Coping mechanisms

- Individuals experiencing significant anxiety should be evaluated on their coping mechanisms
- Strengthening a client's coping abilities will also provide support for clients with depression
- Maladaptive coping mechanisms include splitting, denial, dissociation, undoing, displacement, regression, repression, and suppression

Crisis intervention

- There are several types of crises in which intervention is needed including external, internal, and adventitious
- The primary intervention in a crisis is to promote client safety

- The nurse helps to reduce a client's anxiety in a crisis situation by remaining with the client, making eye contact, and developing a therapeutic client-nurse relationship

Family dynamics

- Healthy families have good communication and express their feelings and thoughts appropriately
- Dysfunctional families express inappropriate behaviors such as blaming, manipulating, placating, distracting, and generalizing
- Dysfunctional families have rigid boundaries which there are rules and roles are inflexible and there is a lack of communication.

Mental health concepts

- Clients are assessed by observation, interviewing, physical examination, and collaboration
- Including assessment of cultural and religious beliefs is essential when verifying client's mental health to avoid stereotyping
- Nurses assessing mental health status are to verify clients level of consciousness and determine behaviors of drug use

Substance use and other disorders and dependencies

- Clients with a family history of substance abuse are at risk of substance abuse themselves
- The CAGE questionnaire is used to screen individuals for their current alcohol use
- Intoxication of opioids results in respiratory depression which can lead to death if not treated

Adverse effects/contraindications/side effects/interactions

- Adverse effects are problems that develop due to treatment which can be cardiovascular disease, cerebrovascular disease, and many other potential adverse effects
- Contraindications are current conditions a client has that will worsen or cause other issue from a type of treatment
- Side effects are issues that may occur due to the use of a drug or other type of therapy

Expected actions/outcomes

- Expected actions are the intended action of a drug or therapy
- Outcomes are the observed and actual results of a drug or therapy
- Outcomes coincide with goals to try and match them up to achieve a successful intervention

Changes/abnormalities in vital signs

- Changes in behavior are observed as indications of mental health status alterations that can determine specific diagnosis of manic episodes, depressive episode, or personality disorders
- Vital sign changes after the administration of a medication indication a therapeutic affect or an adverse effect such as an anaphylactic reaction which is life threatening.
- Clients with bipolar disorder are educated to look for changes in their behavior, attention, and sleep patterns to indicate the onset of a manic episode