

N432 Final Study Guide – Spring 2022

Remember to go back and review all of your study guides and practice exams. Don't forget the Kahoots that went out for the units as well. These will help you prepare. There will be no newborn pictures on this exam. You will still need to know the characteristics of fetal heart rate variations and newborn characteristics. This is not an inclusive list but meant to help focus on topics.

Unit 1:

Contraception: Oral contraception: client education and complications

GTPAL

Prenatal visits: Schedule

Sexually Transmitted Infections: prevention and treatment

Psychologic and physiologic adaptations of pregnancy

Common discomforts by trimester- third trimester

Vaccines in Pregnancy- What can be given and why

Weight gain in pregnancy

Nagel's rule: calculating expected date of delivery

Group beta strep

Rhogam

Unit 2:

Leopold's Maneuvers

Definition of labor

Stages of labor-What you would anticipate per stage/labor Nursing interventions per stage/phase of labor

Fetal station

Labor assessments—what you and why

Fetal heart rate monitoring-determining frequency & duration; normal ranges, baseline variability; decelerations—and nursing interventions

Immediate post-partum assessments

Medication used in labor—side effects and contraindications

Non-pharmacologic pain management in labor

Unit 3:

Placenta previa versus placental abruption

Preterm labor: risk factors for and nursing interventions

Gestational diabetes care

Hypertension and pre-eclampsia and severe preeclampsia: signs and symptoms, expected treatments; nursing interventions

Post-partum hemorrhage

Medications used to treat the above disorders

Unit 4:

Psychological/Physiological adaptations

Post-partum assessments

Preventing infection

Prevention/treatment of hemorrhage

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Breastfeeding/Breast care/Nutrition when breastfeeding

Immunization

Rhogam

Unit 5:

Newborn care

Newborn assessment (including APGAR scoring)

Jaundice: types and causes

Bottle feeding

Breast feeding

Newborn characteristics