

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references.** Your score will be based on this rubric. You must receive 77% (38.5 points) in order to pass this clinical assignment. **Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical site relates to this course because being a school nurse is based upon the care of children. They may not be sick, but the nurse is there if something does occur. The nurse is also responsible for administering medications to the students that need to take them throughout the school day. Some of the more common drugs the nurse gives to the students are attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD). It is more common for the grade school nurse or the middle school nurse to give ADHD and ADD medications instead of the high school nurse. The nurse also provides ibuprofen for headaches or pain relief, albuterol inhalers for asthma, or antibiotics such as amoxicillin for illnesses.

2. How were you an engaged nursing professional today?

Today, I was an engaged nursing professional by asking the school nurse several questions and making myself available if she needed any help with anything. There was not much that happened during my time at the high school, but the nurse was very professional and pleasant to be around. The principal, the nurse's husband, came in for a visit and talked to us about how Covid had a significant impact on the school. The nurse informed us that they had seen several more mental health issues and suicidal ideations from being remote for an entire year. I asked her why she thought there were more mental health issues and suicidal ideations, and she stated that there are a lot of

students that do not have good home lives, and being at school is their escape from it. Knowing this information truly breaks my heart.

3. How did you contribute to the service provided by the school nurse today?

I could not contribute anything to the service provided by the school nurse today. There were only two students that came to see the nurse while I was there. The first student had intellectual disabilities and had complaints of a headache. The student asked the nurse if he could have ibuprofen for his head because he did not think it could wait until he got home. The nurse explained that she was not allowed to give him any medications unless his mom or dad brought them in for him and gave them to themselves. The student said that his mom told him that he could wait until he got home. The other student that came in also had intellectual disabilities and wanted his bandaid changed because he had fallen and had an abrasion on his knee. The nurse gave him another bandaid, and he put it on himself.

4. Name 3 ways this clinical site impacts Pediatric health?

Schools can impact Pediatric health on a social, mental, and physical level. All of these can have either a positive or a negative effect on a child. Schools can prepare children on a social level by interacting with other children, preparing them for whenever they are older and enter the workforce. Some children are socially outcasted and bullied by other students, leading to mental health issues. We live in a world of technology, and most kids do not get any physical activity outside of school. Most schools require that students take a physical education class that gives them the exercise they need.

5. What are the health risks of the population served during today's clinical based on your observations today?

I did not observe much today, but because I have four children aged 14 to 27, I am well aware of the health risks among school-aged children. School-aged children are more prone to bullying, eating disorders, sexually transmitted diseases, and the spread of illnesses such as the common cold,

influenza, the stomach flu, strep throat, mononucleosis (mono), conjunctivitis (pink eye), Pediculus capitis (head lice), dermatophytosis (ringworm), and tinea pedis (athlete's foot). Schools are a breeding ground for infections. Germs quickly go from person to person because kids share classroom equipment and supplies and are so close to one another (Lewis, 2021).

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Nursing diagnosis: Deficient knowledge regarding sexually transmitted infection (STI) related to lack of information as evidenced by questions on the spread of STIs

Measurable goal: The patient will understand the spread of STIs and measures to take for prevention. The patient will also understand the importance of staying current on all vaccines to promote a healthy immune system and aid in the prevention of contracting the human papillomavirus infection (HPV).

Nursing Intervention: Assess the patient's baseline knowledge and provide videos or brochures about preventing sexually transmitted infections.

Nursing Intervention: Educate the patient and use the teach-back method about different safe sex methods.

Nursing Intervention: Teach the patient the importance of staying current on all vaccines.

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

Throughout my time at Lakeview College of Nursing and my time spent with different nurses, I have learned what kind of nurse I want to be and what type of nurse I do not want to be. The school nurse at the High School is a nurse that I would like to be. She treated me as an equal instead of a nuisance taking up time in her day. She was extremely friendly and interested in the questions that I had. I want to be the kind of nurse that never thinks that they are better than anyone else. It takes every person employed in a medical environment to ensure that the patient receives the proper

needed care. Just because I will be an RN does not mean that I am too good not to help the CNA out if they need it. I will treat every person I work with the same, no matter their title.

References

Lewis, S.(2021). *Common illnesses and injuries in schools*. Healthgrades.

<https://www.healthgrades.com/right-care/childrens-health/common-illnesses-and-injuries-in-schools>

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Points- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - ND accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Paper submitted to dropbox or discussion board late. <p>Weight- 1 point</p>		<ul style="list-style-type: none"> - Paper submitted to dropbox on time. <p>Weight- 5 points</p>

Total Points _____