

Reflective Case Study Gerontology Assignment:

ATI: Nurse's Touch 2.0: The Communicator 2.0 Video Interaction: Client Comfort and End of Life Care

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4/22/22

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What was learned from this scenario?

This student learned a lot about communication from this scenario. Using therapeutic communication with the patient and the family is a great way to communicate with end-of-life care. In the scenario, the doctors and nurse kept the family on track instead of the two sisters bickering.

Identify the biggest takeaways.

a) Explain the factors that influenced this decision.

The student's main takeaway was witnessing the family's struggle to reconcile their differing spiritual beliefs with end-of-life care. The nurse also had to tell the daughters that their mother could make her own decisions.

What are some of the main problems or key issues expressed in the scenario?

The fighting between the daughters was the main issue in this scenario. That was not something they should have done in front of their mother. The fighting may cause their mother to become more worried and unable to relax.

What were some of the challenging decisions the nurse needed to make?

a) Describe the rationale behind these decisions.

A nurse's role in end-of-life care includes giving comfort and symptom treatment in most cases. Nurses can also advocate for patients and their families, ensuring that their final wishes follow what the patient wants. If the family and patient's desires do not match up, the nurses' role is to make that happen.

What factors influenced the nursing decisions and responses during the scenario?**a) Explain the response.**

The nurse made a few responses like, "You are having difficulty resting because of the noise?" because she could see that the patient could not rest from so much noise from the family. The nurse reminded the family that the patient needed rest by saying, "Your mother needs to take rest periods throughout the day." The nurse also pointed out that the patient could still make decisions on her own by saying, "This is about your mother's needs for medication. Let us ask her if she wants the medication."

b) How will a nurse respond if this scenario presents again in the future?

The nurse will know the patient's wishes and make sure the patient's needs fulfill the patient's wants. Sometimes having much family in the room can be overwhelming to a patient. Talking with the client alone before the family arrives could make communication more straightforward.

Have similar situations been experienced in current clinical rotations?**a) How did nursing or others respond to the situation? Please explain.**

The nurse responded by interacting with the patient directly. The nurse offered the patient and her family comfort, symptom relief, and emotional support.

b) Describe successful communication strategies used or experienced in the clinical setting.

In these situations, therapeutic communication is a fantastic option. This communication fosters trust, allowing the patient to open up and be comfortable speaking with the nurse.

Discuss the advantages and disadvantages of having families discuss treatment options, including end-of-life decisions before a loved one becomes ill or early in a terminal illness.

The advantage of discussing treatment before a loved one becomes ill is that there would be no arguments or hard decisions left for the family to make on their own. The nursing staff would know the patient's wishes. Disadvantages are that arguments could happen with families having different opinions on end-of-life care and how the patient is taken care of medically.