

Reflective Case Study Gerontology Assignment:

ATI: Nurse's Touch 2.0: The Communicator 2.0 Video Interaction: Client Comfort and End of Life Care

Alfonso Crane

Lakeview College of Nursing

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ATI: Nurse's Touch 2.0: The Communicator 2.0 Video Interaction: Client Comfort and End of Life Care

What was learned from this scenario?

This scenario teaches the importance of client decision-making, client comfort care, and the need to communicate effectively with the client and their family. Although palliative care and hospice are difficult decisions to hear for a family or a loved one, a nurse must advocate for the client and listen to their needs. This scenario also taught the significance of client advocacy and appropriate communication with the client's family during a difficult time.

Identify the biggest takeaways.

a) Explain the factors that influenced this decision.

One factor that influenced this decision was the family dynamic between the client's two daughters and the opinions on their mother's care. The nurse is an advocate for the client by therapeutically communicating with the client's daughters about their mother's condition and how the client wanted comfort care. Another factor that influenced this decision was the differing opinions between the client's sister and daughter on having a chaplain in the client's room. Again, the nurse is an advocate for the client and will make sure they receive the appropriate care they want.

What are some of the main problems or key issues expressed in the scenario?

Some main problems expressed in the scenario include the differing opinions between the client's daughters and the differing opinions between the client's sister and daughter. The key issue between the client's daughters was the kind of care and treatment that the client would receive; this included pain management and comfort measures. The issue between the client's sister and the client's daughter had the chaplain visit. The client's sister encouraged the

chaplain's services, while the client's daughter thought that the client would disapprove of this. Another issue expressed in this scenario was the disruptive behavior of one of the client's children.

What were some of the challenging decisions the nurse needed to make?

a) Describe the rationale behind these decisions.

Some challenging decisions included going against the client's daughter's wishes about the kind of treatment for her mother. The nurse is an advocate for the client and will make sure the client is being taken care of and getting the treatment they want. Another decision the nurse needed to make was to contact the nurse manager for help. Contacting the nurse manager for help ensured effective therapeutic communication between the nurses and the client's family.

What factors influenced the nursing decisions and responses during the scenario?

a) Explain the response.

The main factor influencing the nursing decisions and responses during the scenario was advocacy for the client. Due to the client's state and condition, the nurse made decisions that included the client's wishes and effective care. Through effective therapeutic communication, the nurse can explain the situation to the client's family and receive positive feedback on the nurse's decisions to provide comfort measures for the client.

b) How will a nurse respond if this scenario presents again in the future?

The nurse will respond appropriately, similar to the situation with the client's daughters and sister. The nurse will provide effective therapeutic communication with the client and the client's family and be an advocate for the client.

Have similar situations been experienced in current clinical rotations?

a) How did nursing or others respond to the situation? Please explain.

Current clinical rotations have not had similar experiences as seen in this case study. Much like the scenario in this case study, the nurse would establish effective therapeutic communication and client advocacy. A nurse must provide the best care for the client through effective communication and client advocacy.

b) Describe successful communication strategies used or experienced in the clinical setting.

Due to not having similar experiences in the clinical setting, these communication strategies reflect the case study. The nurse provided therapeutic communication with the client's daughters when discussing treatment options best for the client and listening to the client's wishes. Another example is when the nurse openly communicated with the client's daughter about their disruptive children. The client could not rest due to their daughter's children being loud. The nurse was able to advocate for the client, using appropriate and effective communication to discuss the client's issues with their grandchildren.

Discuss the advantages and disadvantages of having families discuss treatment options, including end-of-life decisions before a loved one becomes ill or early in a terminal illness.

An advantage of having families discuss treatment options, including end-of-life decisions before a loved one becomes ill or early in a terminal illness, is helping the family begin the grieving process. In contrast, their terminally ill loved one is still present and can help with the process. Another advantage is that it can help a family move on after the death of their loved one with no regrets about comfort care. A disadvantage of having families discuss treatment options, including end-of-life decisions before a loved one becomes ill or early in a terminal illness, is the client's family's differing and conflicting opinions about treatment options. If this is the case, a nurse must advocate for the client and provide the most appropriate care according to the client's wishes.