

Teaching Plan and Grading Rubric

Student Name: CHRISTINE NLANDU

Criteria	0 points	2.5 points	5 points	Comments
<p><u>Assessment of Client/Family</u></p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	
Criteria	0 points	2.5 points	5 points	Comments
<p><u>Nursing Diagnosis and Goal of Teaching</u></p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	
Criteria	0 points	2.5 points	5 points	Comments
<p><u>Interventions</u></p> <ul style="list-style-type: none"> • Discuss 3 interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	

Criteria	0 points	1 point	2 points	Comments
<p><u>Methods/Teaching Tools</u></p> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	
Criteria	0 points	1.5 points	3 points	Comments
<p><u>Evaluation</u></p> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	

Criteria	0 points	2.5 points	5 points	Comments
APA Format <ul style="list-style-type: none"> • Appropriate APA in-text citations and listed all appropriate references in APA format • At least 2 scholarly source(s) are utilized and should be 5 or less years old • Source(s) greater than 5 years old will not be accepted • Reference page complete 	No in-text citations present 2 or more references are greater than 5 years old 3 or more APA errors No reference page present	1-2 APA errors 1 reference is greater than 5 years old In-text citations appropriately cited Reference page present	No APA errors present In-text citations appropriately cited Reference page present and formatted properly	
TOTAL				/25

Assessment of Client/Family (5 points)	Nursing Diagnosis & Goal of Teaching (5 points)	Interventions (5 points)	Methods/Teaching Tools (2 points)	Evaluation (3 points)
<p>Level of motivation for learning: The patient and his mother were very motivated and excited to learn the content presented to them. The patient accepted the teaching with enthusiasm.</p> <p>Barriers to effective learning: This patient presented some barriers to effective learning because he was confused and disoriented. In addition, the patient's level of education is 8th grade. Fortunately, the mother was present during teaching.</p> <p>Health beliefs/values: The patient believes that he is susceptible to more severe health problem with severe consequences. Thus, he outweighs the benefits of changing behavior to</p>	<p>Nursing Diagnosis: Deficient knowledge related to mental illness problems which interfere with learning as evidenced by inaccurate follow-through of instructions.</p> <p>Goal of Teaching: The goal of this teaching is to make patient aware of negative impact of substance abuse to his body.</p>	<p>Intervention 1: Assess the patient's knowledge about own complications and needed changes in lifestyle. Patient may have street knowledge about substance abuse but be ignorant of medical facts (Swearingen & Wright, 2019).</p> <p>Intervention 2: Educate the patient about effects of alcohol, methamphetamine, and cigarettes use. Alcohol use can result in mental deterioration, liver damage; methamphetamine can lead to severe tooth decay, kidney failure, spike in blood pressure, confusion, hallucinations, chest pain; cigarettes smoking leads to</p>	<p>Method 1: Discussion</p> <p>Method 2: Teach-Back</p>	<p>Discuss how the client/family received the teaching: The patient and his mother welcomed the teaching; they both seemed to understand the actions the patient has to take to engage in diversion from substance use.</p> <p>Identify strengths/weaknesses of the client or family in receiving teaching: The patient was able to teach back some of the information presented to him although he was forgetful, but his mother was able to complete what the patient missed.</p> <p>Suggest modifications to improve teaching plan (what would have improved the plan?):</p>

<p>prevent the problem.</p> <p>Psychosocial development: This patient is at generativity vs stagnation stage of development in which stage the patient strives to create or nurture things that will outlast him (marriage, parenting children, work, fostering positive changes for the benefit of others).</p> <p>Cognitive development: The patient is at formal operational stage in which he can think creatively, use abstract reasoning and weigh the outcome of his actions. Although the client is confused due to medical condition, he is at stage where he would be able to understand, remember, and apply the information taught to him.</p>		<p>cancer, heart diseases, stroke, lung diseases (COPD and emphysema). This information will help patient understand possible long-term effects of substance abuse (Hinkle & Cheever, 2018).</p> <p>Intervention 3: Engage in relaxation techniques, meditation, yoga, exercise, progressive relaxation techniques, guided imagery, distraction techniques. These activities help manage stress, anxiety, enhance health and structure healthy diversion from substance use (Swearingen & Wright, 2019).</p>		<p>Postpone teaching until the patient is fully oriented and able to completely follow instructions.</p>
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References (2) (APA):

Hinkle, J. L., & Cheever, K. H. (2018). *Brunner & Suddarth's textbook of Medical Surgical Nursing* (14th). Wolters Kluwer.

Swearingen, P. L., & Wright, J. D. (2019). *All-in-one nursing care planning resource: Medical-surgical, pediatric, maternity, and psychiatric-mental health* (5th). Elsevier.