

ATI: Video Case Study Palliative and Hospice Care

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(3-4-2022)

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How can the nurse ensure that a client receiving palliative/hospice care is kept comfortable? What are some ways that the nurse could provide for the psychosocial and spiritual comfort of the client?

As health care workers, it is our responsibility to deliver comfort for clients receiving palliative/hospice care. Providing psychosocial and spiritual comfort for the client is very important as well. Nurses can ensure that the client receives both pharmacological and nonpharmacological comfort measures. An example of a nonpharmacological comfort measure is oxygen therapy. An example of a pharmacological comfort measure is administering opiates for clients experiencing pain. The nurse can also provide psychosocial and spiritual comfort for the client by allowing expressions like anger, fear, and sadness. Expressing these emotions can help clients acknowledge their feelings and promote a more relaxed and comfortable state. It is also essential for nurses to put aside tasks and offer their presence to the clients. Prioritizing the client's needs provides comfort and quality of life. Understanding the importance of providing psychosocial and spiritual comfort for clients receiving palliative/hospice care and comfort is essential to meet clients' needs as whole persons.

How can the nurse provide support for the family/loved ones of the dying client?

It is essential to provide the best possible care for dying clients and their families/loved ones. The nurse can educate them on what to expect during the active dying phase. Preparation through education is essential to help with the grieving process. Providing adequate nursing care at the end of life is crucial to support and comfort the dying patient and their family/loved ones.

What feelings occurred when interacting with a person with a life-limiting illness?

When interacting with people with a life-limiting illness, the feelings can be overwhelming. When interacting with a person with a life-limiting illness, the feelings that occurred were denial, fear, anger, and sadness. These emotions made it challenging to cope. However, they are a normal response to a potentially life-changing situation.

Were the feelings or emotions adequately handled?

Adequately handling feelings or emotions when interacting with a person with a life-limiting illness can help better cope and ease stress. Feelings are handled adequately by experiencing emotions felt. Not ignoring emotions allowed a sense of ease and comfort. Expressing and adequately handling feelings and emotions related to interacting with a person with a life-limiting illness is an essential coping strategy.

Was there adequate communication with the ill person?

Establishing good communication between family members and ill clients is essential for patient care. The use of adequate communication between the family member and the ill client helped establish an understanding of the ill family member's wishes. Understanding the wishes of an ill client allows for dignity for the ill client and the loved ones. Communication with ill clients can be difficult, but it is necessary to exchange information and support them.

How did the person with the life-limiting illness feel during their interactions?

An individual can experience intense thoughts and feelings with a life-limiting illness. The ill client was very appreciative and comforted by the adequate communication provided

during their interactions between family and health care staff. The ill client was also very accepting of their current situation during interactions. Life-limiting illnesses can be challenging and complex between the ill client and the family member.

Could the interactions have been improved in any way? How?

Interactions with patients and families affected by life-limiting illnesses can be challenging. The ill client had fears and concerns regarding death. Interactions became difficult because of not knowing what to say or how to help. Providing comfort and care for ill clients experiencing mental and emotional distress is essential to help treat the emotional pain.