

ATI: Video Case Study Palliative and Hospice Care

Abbie Morman

Lakeview College of Nursing

3/2/22

ATI: Video Case Study Palliative and Hospice Care

How can the nurse ensure that a client receiving palliative/hospice care is kept comfortable? What are some ways that the nurse could provide for the psychosocial and spiritual comfort of the client?

The nurse can ensure a client on hospice care remains comfortable by watching for signs of discomfort. Regulating scheduled medication times and nonpharmacological therapies will ensure a patient receives good end-of-life care. Nonpharmacological methods are applying oxygen therapy to alleviate dyspnea. Repositioning the client every two hours will also reduce pain and encourage respiratory drainage. The nurse can contact the chaplain or the client's church if spirituality is important to them and their dying process. Conversations with the client and their family promote psychosocial comfort through acknowledging their fears.

How can the nurse provide support for the family/loved ones of the dying client?

The nurse caring for a dying client will support their loved ones. The nurse will advocate for their needs, grief counseling, spiritual care, and coordinate respite care. The nurse also provides support by educating the client's family and answering any questions.

What feelings occurred when interacting with a person with a life-limiting illness?

Caring for a patient with a life-limiting illness is very emotional. The client and family expressed their fears related to the impending death. The client voices their concern for the people they are leaving behind and how they are afraid of the unknown.

Were the feelings or emotions adequately handled?

Therapeutic communication was essential in dealing with these emotions; the nurse talked with the patient and family to accept and cope with death. The expression of fear allows the nurse to provide special care for this specific dying process.

Was there adequate communication with the ill person?

The nurse connects with the interprofessional team to provide comfort measures for this client and their family. The nurse's role consists of advocating for the patient and their specific needs. Communicating with the correct people will ensure the patient and family receive high-quality care.

How did the person with the life-limiting illness feel during their interactions?

Addressed were the patient's concerns. The patient expresses gratitude for their care and the care team's tentative attention. The interactions were comforting, and the nurse answered questions thoroughly.

Could the interactions have been improved in any way? How?

No, the interactions were very effective. The patient and their loved ones were involved and voiced how appreciative of the excellent care and communication they received.