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Altruism in nursing

Many people believe that they need to do something drastic to be altruistic. This mindset can prevent them from making a much-needed difference in their community. It is easy to underestimate the effectiveness of individual contributions, especially when dealing with poverty. By volunteering in nursing school, students can gain confidence in their critical thinking skills while simultaneously doing good in their community (Coombs et al., 2021).

Nurses raise awareness for community resources

It is well known that higher morbidity and mortality go hand in hand with poverty. Poverty is a social determinant that negatively affects people's access to food, transportation, and healthcare. Nurses can minimize these adverse effects through proper screening and referrals to federal assistance programs and community resources (Francis et al., 2018). Many people are unaware of what community resources are available to them. Nurses provide a gateway to raise awareness for resources to combat poverty and improve overall health.

References

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