

N431 Teaching Plan and Grading Rubric

Student Name: Riley Black

Criteria	0 points	2.5 points	5 points	Comments
<p><b><u>Assessment of Client/Family</u></b></p> <ul style="list-style-type: none"> <li>• Determines motivation for learning</li> <li>• Identifies barriers to learning</li> <li>• Discuss health beliefs/values</li> <li>• Discuss psychosocial and cognitive development</li> </ul>	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> <li>• Determines motivation for learning</li> <li>• Identifies barriers to learning</li> <li>• Discuss health beliefs/values</li> <li>• Discuss psychosocial and cognitive development</li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>• Determines motivation for learning</li> <li>• Identifies barriers to learning</li> <li>• Discuss health beliefs/values</li> <li>• Discuss psychosocial and cognitive development</li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>• Determines motivation for learning</li> <li>• Identifies barriers to learning</li> <li>• Discuss health beliefs/values</li> <li>• Discuss psychosocial and cognitive development</li> </ul>	
Criteria	0 points	2.5 points	5 points	Comments
<p><b><u>Nursing Diagnosis and Goal of Teaching</u></b></p> <ul style="list-style-type: none"> <li>• 1 nursing diagnosis identified in proper formatting</li> <li>• 1 goal of teaching identified</li> </ul>	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> <li>• 1 nursing diagnosis identified in proper formatting</li> <li>• 1 goal of teaching identified</li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>• 1 nursing diagnosis identified in proper formatting</li> <li>• 1 goal of teaching identified</li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>• 1 nursing diagnosis identified in proper formatting</li> <li>• 1 goal of teaching identified</li> </ul>	
Criteria	0 points	2.5 points	5 points	Comments
<p><b><u>Interventions</u></b></p> <ul style="list-style-type: none"> <li>• Discuss 3 interventions to be included in teaching</li> <li>• Relate interventions to meeting the teaching goal</li> </ul>	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> <li>• Interventions to be included in teaching</li> <li>• Relate interventions to meeting the teaching goal</li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>• Interventions to be included in teaching</li> <li>• Relate interventions to meeting the teaching goal</li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>• Interventions to be included in teaching</li> <li>• Relate interventions to meeting the teaching goal</li> </ul>	

<b>Criteria</b>	<b>0 points</b>	<b>1 point</b>	<b>2 points</b>	<b>Comments</b>
<b>Methods/Teaching Tools</b> <ul style="list-style-type: none"> <li>• Use 2 appropriate teaching methods to deliver teaching</li> <li>• Consider the following teaching methods: <ul style="list-style-type: none"> <li>• Discussion</li> <li>• Q&amp;A</li> <li>• Teach-Back</li> <li>• Interactive</li> </ul> </li> </ul>	Missing 2 of the following: <ul style="list-style-type: none"> <li>• Use 2 appropriate teaching methods to deliver teaching</li> <li>• Consider the following teaching methods: <ul style="list-style-type: none"> <li>• Discussion</li> <li>• Q&amp;A</li> <li>• Teach-Back</li> <li>• Interactive</li> </ul> </li> </ul>	Missing 1 of the following: <ul style="list-style-type: none"> <li>• Use 2 appropriate teaching methods to deliver teaching</li> <li>• Consider the following teaching methods: <ul style="list-style-type: none"> <li>• Discussion</li> <li>• Q&amp;A</li> <li>• Teach-Back</li> <li>• Interactive</li> </ul> </li> </ul>	Includes complete information of all criteria: <ul style="list-style-type: none"> <li>• Use 2 appropriate teaching methods to deliver teaching</li> <li>• Consider the following teaching methods: <ul style="list-style-type: none"> <li>• Discussion</li> <li>• Q&amp;A</li> <li>• Teach-Back</li> <li>• Interactive</li> </ul> </li> </ul>	
<b>Criteria</b>	<b>0 points</b>	<b>1.5 points</b>	<b>3 points</b>	<b>Comments</b>
<b>Evaluation</b> <ul style="list-style-type: none"> <li>• Discuss how the client/family received the teaching</li> <li>• Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>• Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	Missing 2 or more of the following: <ul style="list-style-type: none"> <li>• Discuss how the client/family received the teaching</li> <li>• Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>• Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	Missing 1 of the following: <ul style="list-style-type: none"> <li>• Discuss how the client/family received the teaching</li> <li>• Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>• Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	Includes complete information of all criteria: <ul style="list-style-type: none"> <li>• Discuss how the client/family received the teaching</li> <li>• Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>• Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	
<b>Criteria</b>	<b>0 points</b>	<b>2.5 points</b>	<b>5 points</b>	<b>Comments</b>

<p><b>APA Format</b></p> <ul style="list-style-type: none"> <li>• Appropriate APA in-text citations and listed all appropriate references in APA format</li> <li>• At least 2 scholarly source(s) are utilized and should be 5 or less years old</li> <li>• Source(s) greater than 5 years old will not be accepted</li> <li>• Reference page complete</li> </ul>	<p>No in-text citations present</p> <p>2 or more references are greater than 5 years old</p> <p>3 or more APA errors</p> <p>No reference page present</p>	<p>1-2 APA errors</p> <p>1 reference is greater than 5 years old</p> <p>In-text citations appropriately cited</p> <p>Reference page present</p>	<p>No APA errors present</p> <p>In-text citations appropriately cited</p> <p>Reference page present and formatted properly</p>	
<b>Criteria</b>	<b>0 points</b>	<b>2.5 points</b>	<b>5 points</b>	
<p><b>Evaluation of Teaching Presentation</b></p> <p>Introduction of content</p> <p>Patient put at ease</p> <p>Eye contact</p> <p>Clear speech and organized presentation</p> <p>Environment conducive to learning</p> <p>Family included (if applicable)</p> <p>Accuracy of information</p> <p>Validation of learning status</p> <p>Use of teaching aids (interpreter if applicable)</p> <p>Appropriate non-verbal body language</p>	<p>Missing 2 or more of the following criteria:</p> <ul style="list-style-type: none"> <li>• Introduction of content</li> <li>• Patient put at ease</li> <li>• Eye contact</li> <li>• Clear speech and organized presentation</li> <li>• Environment conducive to learning</li> <li>• Family included (if applicable)</li> <li>• Accuracy of information</li> <li>• Validation of learning status</li> <li>• Use of teaching aids</li> <li>• Appropriate non-verbal body language</li> </ul>	<p>Missing 1 of the following criteria:</p> <ul style="list-style-type: none"> <li>• Introduction of content</li> <li>• Patient put at ease</li> <li>• Eye contact</li> <li>• Clear speech and organized presentation</li> <li>• Environment conducive to learning</li> <li>• Family included (if applicable)</li> <li>• Accuracy of information</li> <li>• Validation of learning status</li> <li>• Use of teaching aids</li> <li>• Appropriate non-verbal body language</li> </ul>	<p>Includes all criteria:</p> <ul style="list-style-type: none"> <li>• Introduction of content</li> <li>• Patient put at ease</li> <li>• Eye contact</li> <li>• Clear speech and organized presentation</li> <li>• Environment conducive to learning</li> <li>• Family included (if applicable)</li> <li>• Accuracy of information</li> <li>• Validation of learning status</li> <li>• Use of teaching aids</li> <li>• Appropriate non-verbal body language</li> </ul>	
<b>TOTAL</b>				<b>/30</b>
<b>Assessment of Client/Family (5 points)</b>	<b>Nursing Diagnosis &amp; Goal of Teaching (5 points)</b>	<b>Interventions (5 points)</b>	<b>Methods/Teaching Tools (2 points)</b>	<b>Evaluation (3 points)</b>

<p><b>Level of motivation for learning:</b> This patient was just diagnosed with a seizure disorder, and that diagnosis motivated her to learn more about her health. She also has been admitted to the hospital several times in the last few months. Her health management is becoming an important part of her life, and she wants to be in control of it.</p> <p><b>Barriers to effective learning:</b> This patient wears glasses, which can affect her ability to read without them. She also appears to have a potential developmental delay, but her cognition and comprehension are intact. Other than cognitive or physical barriers, the patient was awaiting discharge, so her attention may have been altered.</p> <p><b>Health beliefs/values:</b> She expressed that she is now starting to be more worried about her health since being diagnosed with her seizure disorder. She wants to know</p>	<p><b>Nursing Diagnosis:</b> Risk for unstable blood glucose level related to type 2 diabetes mellitus as evidenced by her blood sugar level of 24 on the date of admission.</p> <p><b>Goal of Teaching:</b> Ensure the client understands what can cause hypoglycemia, what the manifestations of hypoglycemia are, how she can prevent hypoglycemia, how she can quickly treat hypoglycemia, and how she can take her insulin properly to prevent hypoglycemia and hyperglycemia to prevent future hospitalization.</p>	<p><b>Intervention 1:</b> Educate the patient on the proper time to take her insulin regarding meals.</p> <p><b>Intervention 2:</b> Ensure the client knows the signs and symptoms of hypoglycemia so she knows when to check her blood sugar and possibly treat it quickly.</p> <p><b>Intervention 3:</b> Educate the patient on ways to treat hypoglycemia before symptoms become severe, like drinking a small amount of orange juice or sucking on hard candy.</p>	<p><b>Method 1:</b> While I was giving the patient information and after I finished reading the information to her, I prompted her to ask and questions she had or checked to see if there was any information that was unclear to her.</p> <p><b>Method 2:</b> After providing the information to my patient, I asked her to teach back what she had learned by asking her specific questions over the information we just covered.</p>	<p><b>Discuss how the client/family received the teaching:</b> This patient was alone, but she received the information well. She was actively listening and showing that she understood the information.</p> <p><b>Identify strengths/weaknesses of the client or family in receiving teaching:</b> The client was awaiting discharge, so she may have been in a hurry to get through the teaching. She gave quick responses and did not ask many questions. She showed that she understood what she had learned with the teach back method, though.</p> <p><b>Suggest modifications to improve teaching plan (what would have improved the plan?):</b> The biggest change I would have made was to give it earlier in the day. I also should have written down questions on my copy of the information that I knew I</p>
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<p>what to do to care for herself.</p> <p><b>Psychosocial development:</b> This patient is middle aged, as she is 51 years old. Typically, an adult between the ages of 40 and 65 is in the generativity versus stagnation stage (Taylor et al., 2019). This patient did not share much about her family or her job, so she may be leaning more towards stagnation than generativity. She also lives alone.</p> <p><b>Cognitive development:</b> This patient demonstrated that she is in the stage of formal operations when we were discussing her health. She can use deductive reasoning, which is a key concept of this stage (Videbeck, 2020). When I was educating her on what low blood sugar can manifest as, she put together that that is what caused the symptoms she felt that prompted her admission.</p>				<p>wanted to ask her to evaluate the effectiveness of the teaching plan.</p>
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**References (2) (APA):**

Taylor, C., Lynn, P, & Bartlet, J. L. (2019). *Fundamentals of nursing* (9<sup>th</sup> ed.). Wolters Kluwer.

Approved ~~8/18/2021~~ 11/19/2021

Revised 11/19/2021

Videbeck, S.L. (2020). *Psychiatric mental health nursing* (8th ed.). Wolters Kluwer.

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Revised 11/19/2021