

PROFESSIONAL PORTFOLIO

Conor Deering
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217-703-9997
February 4, 2022
To: Professor Brassard
gbrassard@lakeveiwcol.edu

Greetings,

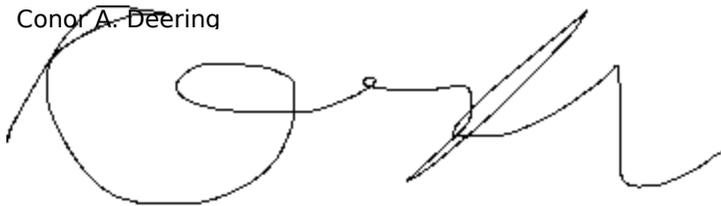
my most important goal at present is to become a Registered Nurse. I wish to be positioned in an ICU. I am very excited to work with other to achieve common goals for our patients.

I have a variety of past military experience and make a point to arrive on time. I have been trained to perform in combat environments and to be readily deployed around the world at a moment's notice. I have experience placing NG tubes, IVs, and Urinary catheters in a clinical setting in nursing clinicals and completed 20 hours of volunteer for various entities.

I will attain my bachelor's in nursing to qualify for this position and bolster my previous clinical experiences. I have dealt with high-stakes situations in the military and have administered life-saving medication such as epinephrine and narcotics as prescribed. I intend to do my best and give 100% of effort moving forward.

I have a vast array of experiences from field needle-decompression to training with field tracheostomy kits and am looking forward to expanding my practice in nursing.

Conor A. Deering

A handwritten signature in black ink, appearing to read 'Conor A. Deering', written over a vertical line.

CONOR DEERING

STUDENT - LAKEVIEW COLLEGE OF NURSING

Conor Deering

sicklysphinx169@gmail.com

217-703-9997

My objective is to become an adequate nurse that can think on his feet and be flexible with day-to day activities in the ICU.

1) Lakeview College of Nursing 11 January 2021 - Present in Danville, IL

Reference: Tasha Unrein, RN

Email: tunrein@lakeviewcol.edu

- Full-time BSN student
- Class officer: Spring-Summer Semesters
 - Manage concerns and complaints and communicate concerns to higher SGA members and faculty.
 - 4 hours of a card and blanket making going to nursing homes of Vermillion County.
- President of the Student Government Association (Fall semester 2021)
 - September hygiene drive for the Adult Benefit Danville Rescue Mission and Day Spring Women-Child Shelter (September).
 - "Socktober" sock drive for the Adult Benefit Danville Rescue Mission and Day Spring Women-Child Shelter (October)
- Clinical experience: Med-surge (I, II, III); Fundamentals, Pediatric, Maternal,

2) Pleasant Meadows Senior Living 5 December 2020 - 1 January 2021 in Chrisman, IL

Reference: Cheryl Kestufskie, RN

Phone: 217-269-2396

- Temporary staff with Registered Medical Assistant certification
- Patient bath/bed changes
- Patient feeding and transfer
- Ensure patient hygiene

3) United States Navy: Aug 2011 - Dec 2019

A) Boot Camp: Sep 2011 - Nov 2011

- **Discipline**
- **Teamwork**
- **Attention to fine details**

**B) Hospital Corpsman (Medic) Technical School: Nov 2011 - February 2012
(Hospital Technician school)**

C) Naval Hospital Portsmouth: February 2012 - July 2014 General Pediatrics, Pulmonary, Cardiology, Endocrinology, Oncology, Adolescent, Neonatal, Specialty Pediatrics. (All pediatric)

Leslie S. Washington, RN, Pediatric Cardiology

Email: Lesliewashington2@hotmail.com

- Supply Manager
- Vitals Technician
- Starting Intravenous lines
- Blood Draws
- Assisting with minor procedures
- Answering phone
- File medical records
- Report to doctor/nurse
- Control patient flow
- EKG 12 lead
- Medication administration
- Administer Nebulized medications

D) Field Medical Training Camp Johnson, NC July 2014 - October 2014

- Mass casualty triage
- Combat-related medicine
- Marine Corps Familiarization

E) Medical Logistics Battalion Okinawa, Japan Nov 2014 - Nov 2016 Medical Distribution Supply Team

- Floor Management
- Warehouse safety
- Planning daily activities
- Carrying out orders from senior staff
- Oxygen storage supervisor (secondary duty)

F) Naval Hospital Okinawa, Japan November 2016 - December 2019 Division of Branch Clinics/Naval Brig

- Patient Care
- Writing SOAP notes for physical health yearly assessments, focused exams for active-duty marines

- Naval Brig Overnight medical person on duty
 - o EMT Basic training and certification
 - o Phlebotomy
 - o IV placement
 - o Narcotic administration
 - o Medication administration
 - o Responded to in-house emergencies and coordinated with external EMT personnel and hospital emergency room.

4) IGA Grocery Store: May 2009 - May 2011

- Arriving on time
- Accomplishing tasks
- Customer service

Qualifications:

BLS



Questions:

1. Tell me about a mistake you made in the clinical setting and how you managed it.

I put suction on constant rather than an intermittent setting. I walked out of the room and saw a few other patients with my nurse. I suddenly realized what had happened and told my nurse the situation; she said not to worry because she had made the same mistake before, which was not uncommon in a busy work environment. I went back into the patient's room and fixed the issue; I asked my patient if they were doing okay and assessed them. My patient responded that they felt no pain, and the persistent suctioning on their NG tube didn't change how they felt as it was at a low setting. It was reassuring that my patient was fine

and that it wasn't that big of a deal. Since then, I have proceeded to be more careful with my tasks and clarify every job. Attention to detail and knowing one's working environment are essential to being stable and knowledgeable. Taking a deep breath and reducing anxiety is imperative to get the job done right and expand one's attention to detail. In the future, I don't believe I will repeat this mistake as long as I pace myself and double or triple-check orders and interventions.

2. Tell me about a time when you had to solve a problem creatively.

A patient was once getting mad at my nurse, which threw her "off balance." She had been working for many hours, apparent from the tiredness on her face. She was shocked by the incident and was being less empathetic at this point, focusing on an intervention to ensure quality; the weariness diminished her ability to multitask. I had to take over talking to the patient and distract the client, so my nurse could finish her job. I used therapeutic communication and replied to the patient that she had been having difficulty in the hospital. I reiterated that it was stressful, and my patient agreed while expanding upon her grief. I tried to ask her about her home life and fiancé; perhaps some stress came from loved ones and family. She continued to talk to me while my nurse dealt with therapeutic interventions for the patient. When my nurse finished the task, she exited the room. It took me some time after her to leave because the patient was talking to me. Instead of hurrying, I heard the patient out and built a rapport with her. It is imperative and foundational to build rapport with a patient for future interventions, making it easier for the patient and the nurse.

3. You and your preceptor are going to insert an indwelling urinary catheter on a client with urinary retention. You observe your preceptor breaking sterile technique when they are preparing to insert the catheter. What do you do?

If my preceptor broke sterility, I would have to intervene somehow. It is a duty to correct someone and uphold charity as a nurse; perhaps she didn't see it due to being tired. An excellent way to do this is to ask your preceptor to step aside and talk to them privately while using kind language. I would politely tell my preceptor that she didn't notice, but she broke sterility accidentally. I would then volunteer to get more equipment for the procedure and even ask if I could perform the next one; if she looked tired, I would try to give her a break. My first time completing a foley catheter insertion, I broke sterility while putting the gloves on; thankfully, the UAPs brought extra gloves for the procedure on orders by my preceptor. I used a different set of gloves and successfully put them on. I carefully prepared the catheter with some coaching from my nurse and inserted it successfully. It was a positive experience as I now have confidence in myself with this procedure and have learned a few tricks along the way. One of the essential learning

experiences is always to bring additional equipment; this will make mistakes much more manageable and reduce temptations to ignore errors.