**Module:** Virtual Interaction: Adolescent clients and performance enhancement substances
**Simulation:** The Communicator 2.0

# Individual Performance Profile

**Individual Name:** Samantha Christison

**Student Number:** CH5125283

**Institution:** Lakeview CON

**Program Type:** BSN

**Please note that time spent on your Individual Performance Profile reflects only conversations fully completed.**

## Time Use and Score

| Virtual Interaction: Adolescent clients and performance enhancement substances | Date | Time Spent | Score(Points) |
|---|---|---|---|
| Practice: Tom and Curtis | 01/22/2022 | 06:45 | Complete |

**Scenario**

Tom, 14, is already using supplements, which he and his dad believe are boosting his athletic performance. Intervene now to talk with them about the risks of supplement use and prevent Tom from using more dangerous substances later.

**Overall Engagement**

**Overall Engagement**

**0 of 0 points**

**Selected option:**
Good job getting Tom and his father talking about supplements and steroid risk.

**Rationale:**
Very few families have any idea how unregulated the supplement market is or have talked to their children about the dangers of steroids.

**Communication Technique Feedback:**

**Points on technique separate from overall points**

0 of 0 pts

**Rationale:**
No additional feedback available for this conversation.

| Practice: Ella | 01/22/2022 | 20:18 | Complete |
|---|---|---|---|

**Scenario**

Ella, 16, has had heart palpitations and other warning signs of stimulant misuse. Find out if she`s using stimulants and make or assist in the development of a plan to address her stress and help her quit.

## Overall Engagement

### Overall Engagement

**0 of 0 points**

**Selected option:**
Overall you did a great job talking with Ella about stimulants!

**Rationale:**
You did a good job identifying Ella's anxiety as the underlying cause of her stimulant use. Now she will be able to get the mental health support she needs.

You could have also asked about her use of alcohol or other substances. Many teens who misuse prescription medications also use other substances.

When working with actual clients, you may want to break this conversation up over two or more visits. It might take multiple conversations for a teen to admit use or decide they want to change, so don't give up if you meet resistance the first time you bring it up!

## Communication Technique Feedback:

**Points on technique separate from overall points**

### Asking Respectful Questions

**0 of 0 points**

**Rationale:**
When you had information to share, you did a great job using Ask-Tell-Ask to find out what Ella knew already. That built buy-in and allowed you to tailor the information you gave.

You also used open-ended questions to encourage Ella to share her experiences. Next time you could use even more open-ended questions to quickly learn how you can help her.

### Building Trust

**0 of 0 points**

**Rationale:**
You did a great job taking Ella's concerns seriously. Instead of just trying to reassure her, you tried to understand her concerns and collaborate on them.

### Validating Ella's Experience

**0 of 0 points**

**Rationale:**
You did a great job making Ella feel accepted and validated by reflecting and normalizing her feelings. You also chose to use summaries to keep Ella on track and let her know you were listening.