

Cultural Scenario Assignment

Learning Objectives and Outcomes		
Area	Objective	Course Student Learning Outcome (CSLOs), BSN Essentials, NCLEX & QSEN
Knowledge	Apply transcultural nursing concepts in the delivery of nursing care. Examine the influence of culture on nursing care decisions and actions for clients.	<u>CSLOs</u> 1. Demonstrate evidence-based clinical judgment to provide safe, patient-centered care for adults with a variety of complex acute and chronic health problems. 3. Practice appropriate, culturally competent communication skills and professional behaviors to collaborate with patients, nursing team members, and the interdisciplinary health care team. <u>BSN Essentials</u> Domain 3: Population Health 3.1i Identify ethical principles to protect the health and safety of diverse populations. Domain 9: Professionalism 9.2e Demonstrate cultural sensitivity and humility in practice. <u>NCLEX</u> Psychosocial Integrity - Identify the emotional problems of client or client needs that are related to religious/spiritual beliefs <u>QSEN</u> Patient-Centered Care - Describe how diverse cultural, ethnic, and social backgrounds function as sources of patient, family and community values
Skills	Apply transcultural nursing principles,	<u>CSLOs</u>

	concepts, and Leininger's Sunrise Model theory when providing nursing care to individuals, families, groups, and communities. Adapt delivery of care to address client with limited English proficiency. Assess client's need for spiritual services.	3. Practice appropriate, culturally competent communication skills and professional behaviors to collaborate with patients, nursing team members, and the interdisciplinary health care team. 5. Perform advanced nursing psychomotor skills for safe, quality patient care. <u>BSN Essentials</u> Domain 2: Person-Centered Care 2.2e Use evidence-based patient teaching materials, considering health literacy, vision, hearing, and cultural sensitivity. Domain 3: Population Health 3.2c Use culturally and linguistically responsive communication strategies. <u>NCLEX</u> Psychosocial Integrity - Assess the importance of client culture/ethnicity when planning/providing/evaluating care - Incorporate client cultural practices and beliefs when planning and providing care - Evaluate and document how client language needs were met <u>QSEN</u> Patient-Centered Care - Provide patient-centered care with sensitivity and respect for the diversity of human experience
Attitudes	Values the role of transcultural nursing care decisions and actions. Recognize personally held attitudes about working with clients from different ethnic,	<u>CSLOs</u> 3. Practice appropriate, culturally competent communication skills and professional behaviors to collaborate with patients, nursing team members, and the

	cultural and social backgrounds.	interdisciplinary health care team. 6. Coordinate patient education to promote health and prevent illness. <u>BSN Essentials</u> Domain 5: Quality and Safety • 5.3d Recognize one's role in sustaining a just culture reflecting civility and respect. Domain 9: Professionalism • 9.6a Demonstrate respect for diverse individual differences and diverse communities and populations. Domain 10: Personal, Professional, and Leadership Development • 10.3g Demonstrate self-awareness of one's own implicit biases and their relationship to one's culture and environment. <u>NCLEX</u> Health Promotion and Maintenance • Recognize cultural and religious influences that may impact family functioning Psychosocial Integrity • Respect cultural background/practices of the client <u>QSEN</u> Patient-Centered Care • Seek learning opportunities with patients who represent all aspects of human diversity • Recognize personally held attitudes about working with patients from different ethnic, cultural, and social backgrounds
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Instructions:

Before Scenario:

- Read pages 95-106 of Chapter 7 “Overview of Transcultural Nursing”
- Read the following pages of <https://www.aacnnursing.org/Portals/42/AcademicNursing/pdf/Essentials-2021.pdf>
 - o Domain 2: Person-Centered Care – Pages 29-32
 - o Domain 3: Population Health – Pages 33-36
 - o Domain 5: Quality and Safety – Pages 39-41
 - o Domain 9: Professionalism – Pages 49-52
 - o Domain 10: Personal, Professional, and Leadership Development – Pages 53-54
- Read Review the following QSEN competencies at <https://qsen.org/competencies/pre-licensure-ksas/>
 - o Patient-Centered Care
- Reflect on the following concepts:

Health and Culture:

The nurse must recognize that members of various cultures define “health” differently. Individuals may define themselves or others in their group as healthy even though the nurse identifies symptoms of disease. Cultural priorities of the client may differ from that of the nurse.

Culture and Healing:

Some individuals and families in some cultural groups may also use traditional healing systems, sometimes called lay or folk-healing systems, with or without allopathic (modern) medicine. In addition to seeking help from the nurse as a health care provider, clients may also seek help from traditional or religious healers. Most nurses have experienced clients who combine medical care with prayer. Nurses need to be sensitive to, respectful of and nonjudgmental regarding clients’ health beliefs and practices in order to maximize client outcomes.

Health status of all clients is influenced by the interaction of physiological, cultural, psychological, economic and societal factors. Diversity within and among groups necessitates data collection activities and programs that are tailored to meet the unique health care needs of different subgroups.

Health beliefs are translated into health care practices, which then affect health status. What constitutes appropriate care for specific health conditions may be guided by cultural and social class expectations?

Health Information and Education:

Planning health education programs requires identifying and building on cultural strengths and ensuring sensitivity to cultural factors. Meeting the language and cultural needs of each identified minority group, using minority specific community resources to tailor educational approaches, and developing materials and methods of presentation that are at the educational level of the target population are essential considerations in the planning process. Health programs should be sustainable over a long period of time and accountable to the people they serve.

In the Skills Lab:

- You will be given a specific scenario upon arriving to the simulation lab. You will then have to act out how you will handle the situation as a nurse. The cultural scenario will be videotaped and watched back by the student and instructor during a debriefing period. Videotaping will be used for evaluating, remediating, and debriefing the educational process. The video will be used for educational and demonstration purposes only.
- Once the debriefing period is over you will then complete a reflective activity and turn in to the instructor.

Reflective Activity

What are the major take-home lessons for you today?

The major take home lessons I learned from this case was to always call a translator if the patient speaks another language and show empathy and give alternative options. When Miss Peres showed concern that she would no longer be able to have children our group did a great job of letting her know that eggs can be frozen, and a surrogate can be used if she plans on having future children. I also learned about Ash Wednesday from this case study, and we got to use this new information to provide the patient with a Catholic priest who could perform this at the hospital for her. Our group also got to provide a nutrition schedule for before her surgery that also accounts for the surgery and her cultural preferences.

How can I adapt my nursing practices to be more responsive to the unique needs of diverse client populations?

Simply asking the patient to explain a cultural concern, such as Ash Wednesday, allows for the healthcare team to individualize the care for that patient. Even when we do not understand a certain culture, it is not rude to inform ourselves so that we can provide culturally competent care. The more experience we gain from doing this allows the healthcare team to learn about all types of diverse populations and provide for their unique needs with care and not judgement.

How can I adapt my nursing practices to be more responsive to clients with limited English proficiency?

I can adapt my nursing practices by asking for an interpreter, and not using family to speak to the patient. I can also look at the patient when talking to the interpreter, so they feel listened to and feel more like I'm speaking with them than the interpreter. For simple care without the interpreter, I can use words that are more easily understood, and always ask permission before I touch or do anything to them.

RUBRIC FOR CULTURAL SCENARIO ASSIGNMENT

STUDENT NAME_____

CULTURE SELECTED: _____

Objective	Exemplary 2 points	Average 1 point	Unsatisfactory 0 points	Grade
Understanding of culture.	Demonstrates an understanding of culture and cultural competence in practice	Demonstrates limited understanding of culture and cultural competence in practice	Lacks understanding of culture of culture and cultural competence in practice	____ Pts.
Incorporates findings from cultural assessment	Incorporates key findings from cultural assessment.	Incorporates limited key findings from cultural assessment.	Little to no incorporation of key findings from cultural assessment.	____ Pts.
Incorporates cultural health practices	Evaluates cultural health practice.	Limited incorporation of cultural practices as appropriate.	Little to no incorporation of cultural health practices.	____ Pts.
Identifies key health teaching needs of client and appropriate delivery method	Demonstrates evidence of key health teaching needs of client and appropriate delivery methods.	Limited evidence of key health teaching needs of client and appropriate delivery methods.	Little to no evidence of key health teaching needs of client and appropriate delivery methods.	____ Pts.
Reflective Activity	Reflection of experience was in depth and adequately explained.	Reflection of experience was minimal on the reflective questions.	No reflection of experience on the reflective activity.	____ Pts.

Comments:

TOTAL POINTS: _____/10

Instructor Signature: _____

Date: _____

Cultural Scenario: Post Exercise Evaluation (Likert scale 1-5, least to most)

- 1) Debriefing with faculty provided an opportunity to self -reflect, which improved my knowledge, skills, and attitude/confidence.

1 2 3 4 5

- 2) Faculty was prepared and facilitated enhanced learning during the debriefing period.

1 2 3 4 5

- 3) I recommend the continuation of “Cultural Scenario” and feel it is a valued learning experience.

1 2 3 4 5

- 4) What are some things you have learned today that you will use in your practice?

_____To provide alternatives, and always get a translator, and to investigate if a patient ever seems to be concerned about something.

Suggestions:
