

Unit 1 Concept Review

Vocabulary

sexually transmitted infection

human chorionic gonadotropin

estrogen

relaxin

progesterone

embryo

fetus

pica

amenorrhea

contraception

intrauterine device

placenta

infertility

gravidity

parity

ultrasound

Concepts to know

Pregnancy tests & hormonal levels and effects of the use of other medications on the results.

Functions of the placenta

Fertility awareness

Probable, presumptive, positive - Sequencing of these signs.

Sexually transmitted diseases: prevention and treatment

Signs of pregnancy-

Oral contraception: client education and complications

Intrauterine device

GTPAL system

Prenatal labs (blood work or vaginal cultures) -When, why, and how are they done

Nagel's rule

Prenatal nutrition- What nutrients are recommended and what foods contain those nutrients

Weight gain in Pregnancy

PICA

Exercise in Pregnancy

Safety in Pregnancy

Ultrasounds- When, why, and how are they done?

Non stress test-When, why, and how are they done? What are we looking for?

Biophysical profile - How is it done and what is examined (seen)

Amniocentesis-When, why, and how are they done

MSAFP

Genetic testing—What tests and who is tested

Vaccines in pregnancy -What can be given and why

Physiologic adaptations—by trimester

Psychologic adaptations-by trimester

Common discomforts- by trimester and what can be done about them

Warning signs to report in pregnancy

Prenatal visits (what assessments to expect at the first and then subsequent visits and the frequency of the visits)

Education for the prenatal client—What to include

Application of the use of therapeutic communication

Medications for this unit-Uses, side effects, & education which should be included about them.

Ceftriaxone

Metronidazole

Miconazole

Fluconazole

Azithromycin

Amoxicillin

Acyclovir

Valacyclovir

Prenatal vitamins

Iron

Folic acid

Oral combination contraceptive pill

Progestin only IUD (Mirena, Kyleena, Skyla)

Medroxyprogesterone

Progestin only contraceptive pill

