

Lakeview College of Nursing

Course Information:

Course Name	N324 Older Adult Health
Course Number	N324
Course Section Number	Online
Semester Credit Hours	2 Theory
Prerequisites	Satisfactory completion of all semester 1 courses.
Corequisites	N321, N322, N323
Course Location	Online
Delivery Mode	Online
Semester Dates	January 10th, 2022-May 6th, 2022
Course Meeting Dates/Times	Online
Course Content	The aging experience, the aging population, theories of aging, diversity, life transitions and stories, common aging changes, foundations of gerontological nursing the specialty of gerontological nursing, holistic assessment and care planning, legal aspects of gerontological nursing, ethical aspects of gerontological nursing, continuum care in gerontological nursing, health promotion, nutrition and hydration, sleep and rest, comfort and pain management, safety, spirituality, sexuality and intimacy, safe medication use, geriatric care, respiration, circulation, digestion, and bowel elimination, urinary elimination, reproductive system health, mobility, neurological function, vision and hearing, endocrine function, skin health, cancer, mental health disorders, delirium, dementia, living in harmony with chronic conditions, settings and special issues in geriatric care, rehabilitative, restorative care, acute care, long-term care, family caregiving, end of life care.
Methods of Instruction	The course may use various teaching methods, including online lectures, analysis of evidence based practice, student participation through group discussions, multimedia presentations, readings, written assignments, case studies, individual exercises, online resources such as discussion boards, videos, case studies, and ATI course work. Students will be required to locate peer-reviewed nursing research articles to complete assignments.
Changes to Syllabus	Faculty reserves the right to make changes as necessary to this course syllabus. Learners will be notified in writing of any changes in a timely fashion.

Faculty Information:

Grading Instructor: Faculty	Ariel Wright DNP MS RN CNE CNEcl CHSE
Office Location	Danville Campus
Office Hours	Tuesday 8:30 am-1:30 pm Contact instructor for virtual or phone meeting

Office Phone Number	217-709-0944
Cell Phone Number	217-474-3097 (no calls or text messages after 8 pm, please email)
Email Address	awright@lakeviewcol.edu
Grading Instructor: Faculty	Lanette Stuckey, Ph.D. MSN RN CNE CMSRN CNEcl NEA-BC CHSE
Office Location	Charleston Campus, Room 603 Danville Campus, Room 223
Office Hours	Monday's-Friday's 8:00 am- 4:00 pm Phone and virtual conferences available per appointment
Office Phone Number	217-709-0945
Cell Phone Number	217-343-6961
Email Address	lstuckey@lakeviewcol.edu

Faculty Responsiveness	<p>When contacting via email: Emails will be responded to within 24 hours Monday-Friday. Messages will be responded to as promptly as possible on the weekend. On the weekends, some messages may not be responded to until the next school day. If a response is not received in this timeframe, please follow up.</p> <p>When contacting via phone: A voicemail should be left if the call is not answered. Voice messages will be responded to within 24 hours Monday-Friday, or first thing Monday morning (if on the weekend). If a response is not received in this timeframe, please follow up.</p> <p>Text message: This is not a preferred method of contact. Any messages sent via text may not be responded to in a timely manner. The student should choose another method of contact to follow up.</p>
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Course Catalog Description:

This course focuses on the care of the healthy older adult with an emphasis on family dynamics involving the care of the aging adult, developmental tasks of the healthy aging adult, and theories on aging. The nursing process will be used to increase awareness of the unique responses of the older adult.

Textbooks & Resources:

Required Textbook(s)/ Resources	<p>American Psychological Association. (2020). <i>Publication manual of the American Psychological Association</i> (7th ed.). American Psychological Association.</p> <p>Eliopoulous, C. (2021). <i>Gerontological nursing</i>. (10th ed.). Wolters Kluwer.</p> <p>Premium Grammarly version paid for by Lakeview College of Nursing.</p> <ul style="list-style-type: none"> • Course settings for Grammarly: <ul style="list-style-type: none"> ○ Audience-Knowledgeable ○ Formality-Formal ○ Domain-Academic
Required	ATI: https://atitesting.com/

Internet Programs	
Required Technology	https://www.lakeviewcol.edu/technology Grammarly Premium: www.grammarly.com

Additional Information:

Student Portal	https://edvance360.com/lakeviewcol/index.php
Lakeview Website	www.lakeviewcol.edu Library APA site: https://www.lakeviewcol.edu/index.php/apa
Student Catalog or Handbook	For a current edition of the <i>Student Catalog</i> or <i>Student Handbook</i> , students may visit either the Lakeview website or find a copy in the library. https://lakeviewcol.edu/sites/default/files/2021-22_Student_Handbook.pdf
Support systems	Edvance360- Once logged into Edvance360, click the “Help” tab. https://v9.edvance360.com/help ATI Help: https://atitesting.com/contact

Course Student Learning Outcomes (CSLOs):

Upon completion of this course students will be able to:

- Apply health promotion and health teaching associated with normal physiologic and psychosocial changes of aging.
- Describe nursing implications related to the developmental tasks of healthy aging.
- Identify the health and safety-related educational needs of the older adult.
- Implement nursing care for older adults with selected geriatric syndromes.

Course Requirements:

1. Students will display behavior in accordance with the mission and vision of the college.
2. Students will not write emails, converse with the instructor, or class peers in a disrespectful manner.
3. Students are expected to check their Lakeview email on a daily basis for communication from instructors.
4. Remediation for failed discussion posts and weekly assignments will be outlined in the academic improvement plan.
5. Students will complete all discussion posts and assignments on time.
6. Late work will **not** be accepted for any reason. A grade of zero will be given for that assignment.
7. Students must achieve a minimum cumulative course average of at least 77% in order to meet the requirements and pass the course.
8. Submission to E360 assignment box is required of all assignments.
9. Submission to E360 discussion post is required of all discussion posts, unless instructor by the instructor.

Online Communication:

Email Rules

When emailing a professor, please observe these courtesies:

1. Address the instructor respectfully in the opening.
2. Identify course name, number, day, and time. Indicate your status as a student and your purpose for the inquiry.

3. Include your first and last name in the closing.
4. Articulate your specific need(s) in the message. Aspire to brevity.
5. Use proper grammar, spelling, and punctuation. No jargon.
6. If your email requires a reply, you can expect to receive a reply within 24 hours if the message arrives within the standard workweek (8-5 M-F). If a message is sent over the weekend or holiday, it will be addressed the next school day.
7. Re-send or follow up with another email if you do not receive a response within a reasonable amount of time, stating when the previous email was sent. (Sometimes messages get lost, filtered or held up).

Principles of Effective Emails

Use for the right purposes (not for bad news, sensitive/emotional issues)

1. Protect privacy and confidentiality. Respond promptly.
2. Maintain professionalism and appropriate formality (use standard English) Manage emotion effectively and maintain civility (avoid flaming, cyber silence or misinterpretation)
3. Avoid distractions.

Show respect for others' time by:

1. Selecting message recipients carefully.
2. Providing timeliness and options.
3. Avoiding overuse of the priority flag.
4. Letting others know when you will take longer than normal to respond or take action.
5. Avoiding contributing to confusing and repetitive email chains.

Ensure ease of reading by:

1. Providing a short descriptive subject line.
2. Keeping your message brief yet complete.
3. Identifying expected actions clearly.
4. Providing a descriptive signature block.
5. Using attachments wisely.

Netiquette Rules

- * Use courtesy & common sense in e-mail communication
- * Use polite language.

Grammar, Punctuation, and Style

1. Use the spell checker.
2. Reread for accuracy
3. Make it easy to read
4. Use one, easy-to-read font (preferably Times New Roman, 12 point).
5. Don't use colors; stick to black.
6. Use bold sparingly -- only to highlight something that absolutely must not be missed.
7. Don't use italics, if possible (very hard to read, except for APA requirements) **DO NOT USE ALL CAPS.** (This is yelling.)
8. Don't use backgrounds; they often load as attachments instead of backgrounds, and they add to the load time.

Consider the tone

- * Be aware that words can inadvertently offend; go out of your way to extend the courtesy
- * If there could be a doubt as to the tone of your message, reinforce it with an icon or acronym. o ;) =winking
o :) =laughing, happy, just joking o :(=sad o lol=laughing out loud)

Think before copying to others

- * Especially if there is a negative tone, confine the message to only those who must read it
- * In replies, even if the message to you was copied to others, do not reply to everyone unless the information is useful to everyone
- * E-mail warfare will come back to bite you!

Think before you hit send!

- * If you are angry, let your message sit and review it later
- * Do not "flame" anyone. You may feel justified today sending a red-hot message, but may regret it tomorrow
- * Wait to reply to flaming e-mail until you can do it with calm.

Use the subject line

- * Subject lines help recipients prioritize
- * Keep them short so they display.

Never, never...

- * Never send anything personal or lewd that could be embarrassing
- * Never send anything that is top-secret, because e-mail is not 100% secure!

Source: Cardon, P.W. (2016). And some dos and don'ts. Business Communication, NY: McGraw-Hill.

E-Portfolio:

Academic E-Portfolio	Assignments for this Course:
Students will be required to choose an appropriate document or assignment to place in their Academic E-Portfolio on Edvance.	Therapeutic Communication Gerontology Assignment, ATI: Nurse's Tough: The Communicator 2.0 Video Interaction: Client Comfort and End of Life Care ATI: Video Case Studies Palliative and Hospice Care

Final Course Grade Determination for Theory:

Theory – Syllabus Acknowledgment Form	Weight
Syllabus Acknowledgment Form	100%
Total	1% of Course Grade

Theory – Assignments *Assignments below can be used in a student's academic portfolio*	Weight
Therapeutic Communication Gerontology Assignment	35%
ATI: Nurse's Tough: The Communicator 2.0 Video Interaction: Client Comfort and End of Life Care -*This assignment is a two-part assignment. Screenshot required of results with student's name in the e360 dropbox and the written portion	35%
ATI: Video Case Studies Palliative and Hospice Care -*This assignment is a two-part assignment. Screenshot required of results with student's name in the e360 dropbox and the written portion	30%
Total	30% of Course Grade

Theory – Discussion Boards	Weight
Week 1 & 2 Discussion Post	12.5%
Week 3 & 4 Discussion Post	12.5%
Week 5 & 6 Discussion Post	12.5%

Week 7 & 8 Discussion Post	12.5%
Week 9 & 10 Discussion Post	12.5%
Week 11 & 12 Discussion Post	12.5%
Week 13 & 14 Discussion Post	12.5%
Week 15 Discussion Post	12.5%
Total	54% of Course Grade

Theory – ATI *Screen shot required of results with student’s name in the e360 dropbox	Weight
ATI: Dosage Calculation: Case Studies • Advanced Alzheimer's Disease	25%
ATI Nurse’s Touch: The Communicator 2.0 Video Interaction: Aging Client	25%
ATI: Quiz Bank: Learning Systems 3.0: Practice, Final, and Dynamic Quizzing • Gerontology	25%
ATI: Quiz Bank: Learning Systems 3.0: Practice, Final, and Dynamic Quizzing • Gerontology Final	25%
Total	15% of Course Grade
<i>Learners must achieve a minimum cumulative course average of at least 77% in order to meet the requirements and pass the course.</i>	

Assignment Schedule:

Component	Administration or Due Dates	
Theory – Assignment & ATI * Submission to E360 assignment box is required of all assignments.	Unit/Week Administered	Due Date
Syllabus Acknowledgment Form	Unit 1/ Week 1	Friday, January 14, 2022 at 11:59 pm Central Time
Therapeutic Communication Gerontology Assignment	Unit 2/Week 4	Friday, February 4, 2022 at 11:59 pm Central Time
ATI: Video Case Studies Palliative and Hospice Care --*This assignment is a two-part assignment. Screenshot required of results with student’s name in the e360 dropbox.	Unit 4/Week 8	Friday, March 4, 2022 at 11:59 pm Central Time
ATI Nurse’s Touch: The Communicator 2.0 Video Interaction: Aging Client -*Screenshot required of results with student’s name in the e360 dropbox	Unit 5/Week 10	Friday, March 25, 2022 at 11:59 pm Central Time
ATI: Quiz Bank: Learning Systems 3.0: Practice, Final, and Dynamic Quizzing-- Gerontology -*Screenshot required of results with	Unit 6/ Week 12	Friday, April 8, 2022 at 11:59 pm Central Time

student's name in the e360 dropbox		
ATI: Dosage Calculation: Case Studies Advanced Alzheimer's Disease - *Screenshot required of results with student's name in the e360 dropbox	Unit 7/Week 13	Friday, April 15, 2022 at 11:59 pm Central Time
ATI: Nurse's Touch 2.0: The Communicator 2.0 Video Interaction: Client Comfort and End of Life Care -*This assignment is a two-part assignment. Screenshot required of results with student's name in the e360 dropbox along with the written portion	Unit 7/ Week 14	Friday, April 22, 2022 at 11:59 pm Central Time
ATI: Quiz Bank: Learning Systems 3.0: Practice, Final, and Dynamic Quizzing-- Gerontology Final -*Screenshot required of results with student's name in the e360 dropbox	Unit 8/ Week 15	Friday, April 29, 2022 at 11:59 pm Central Time
Theory – Weekly Discussions *Submission to E360 discussion post is required of all discussion posts	Unit/Week Due	Date Due
Week One & Two- Discussion Board Post with Peer Post	<i>Unit 1</i>	Week 1 Main Post: Friday, January 14, 2022 at 11:59 pm Central Time Week 2 Peer Post 1: Friday, January 21, 2022 at 11:59 pm Central Time Peer Post 2: Friday, January 21, 2022 at 11:59 pm Central Time
Week Three & Four- Discussion Board Post with Peer Post	<i>Unit 2</i>	Week 3 Main Post: Friday, January 28, 2022 at 11:59 pm Central Time Week 4 Peer Post 1: Friday, February 4, 2022 at 11:59 pm Central Time Peer Post 2: Friday, February 4, 2022 at 11:59 pm Central Time
Week Five & Six Discussion Post with Peer Post	<i>Unit 3</i>	Week 5 Main Post: Friday, February 11, 2022 at 11:59 pm Central Time

		<p>Week 6 Peer Post 1: Friday, February 18, 2022 at 11:59 pm Central Time</p> <p>Peer Post 2: Friday, February 18, 2022 at 11:59 pm Central Time</p>
Week Seven & Eight Discussion Post with Peer Post	<i>Unit 4</i>	<p>Week 7 Main Post: Friday, February 25, 2022 at 11:59 pm Central Time</p> <p>Week 8 Peer Post 1: Friday, March 4, 2022 at 11:59 pm Central Time</p> <p>Peer Post 2: Friday, March 4, 2022 at 11:59 pm Central Time</p>
Week Nine & Ten Discussion Post with Peer Post	<i>Week 5</i>	<p>Week 9 Main Post Friday, March 11, 2022 at 11:59 pm Central Time</p> <p>Week 10 Peer Post 1: Friday, March 25, 2022 at 11:59 pm Central Time</p> <p>Peer Post 2: Friday, March 25, 2022 at 11:59 pm Central Time</p>
Week Eleven & Twelve Discussion Post with Peer Post	<i>Unit 6</i>	<p>Week 11 Main Post Friday, April 1, 2022 at 11:59 pm Central Time</p> <p>Week 12 Peer Post 1: Friday, April 8, 2021 at 11:59 pm Central Time</p> <p>Peer Post 2: Friday, April 8, 2022 at 11:59 pm Central Time</p>
Week Thirteen & Fourteen Discussion	<i>Unit 7</i>	Week 13

Post with Peer Post		<p>Main Post: Friday, April 15, 2022 at 11:59 pm Central Time</p> <p>Week 14 Peer Post 1: Friday, April 22, 2022 at 11:59 pm Central Time</p> <p>Peer Post 2: Friday, April 22, 2022 at 11:59 pm Central Time</p>
Week Fifteen Discussion Post	<i>Unit 8</i>	<p>Week 15 Main Post: Friday, April 29, 2021 at 11:59 pm Central Time</p> <p>Peer Post 1: No peer Post</p> <p>Peer Post 2: No peer Post</p>

Written Assignments:

No late work will be accepted. Submission to E360 assignment box is required of all work. Failure to do so will equal a zero.

Course/Faculty Evaluation:

As part of Lakeview's continued effort to offer courses of the highest quality and effectiveness, students will have the opportunity to evaluate this course as well as provide feedback on course faculty. Evaluations will be distributed to students prior to the end of the quarter. All evaluations are completely confidential and anonymous.

Any changes to this syllabus will be communicated to the student in writing.

See Student Handbook for All Institutional Policies

Attendance Policies

On-Line Course Attendance Policy

Attendance in the online classroom platform is expected, and missing any online coursework can have an impact on the student's course grade. Attendance will be taken weekly. Students are expected to prepare for each online session by completing the required readings and other assignments. Active participation is an exception from the very beginning of the course, and ongoing active participation must be maintained throughout the semester. If the student does not actively complete content for two (2) online sessions during the semester, the course coordinator will evaluate the student's ability to complete the course and may result in failure of the course.

Access and Accommodations: Your experience in this class is important to me. If you have already established accommodations with Disability Service Vicky Oliver, please communicate with me so that we may implement your approved accommodations in this course.

If you have not yet established services, but have a temporary health condition or permanent disability that requires accommodations (conditions include but not limited to; mental health, attention-related, learning, vision, hearing, physical or health impacts), you are welcome to contact Vicky Oliver at 217-709-0939 or email Vicky at voliver@lakeviewcol.edu to see if you are eligible for accommodations. Vicky Oliver offers resources and coordinates reasonable accommodations for students with disabilities and/or temporary health conditions. Reasonable accommodations are established through an interactive process between you, the instructor, and Vicky. It is the policy and practice of the Lakeview College of Nursing to create inclusive and accessible learning environments consistent with federal and state law.

Academic Integrity

Lakeview College of Nursing is committed to upholding the highest standards of academic integrity in the classroom and clinical setting and it is the responsibility of all stakeholders-faculty, staff, and students to ensure these standards are being met.

More about the expected standards of behavior can be found at <https://lakeviewcol.edu/catalog>

Academic Integrity Honor Code

Student's Signature:

_____ Abbie Morman _____ Date: 1/10/21 _____

Student's Printed Name:

_____ Abbie Morman _____

For complete information about expected student behavior and disciplinary action, please refer to the *Student Handbook*, available on the Lakeview College of Nursing website.

Lakeview College of Nursing

N324 Older Adult Health

Spring 2022

My signature above verifies that I have read and understood the rules identified on the previous pages for class and clinical.

It also verifies that I have read and understood this course's syllabus.