

Individual Performance Profile

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ADJUSTED INDIVIDUAL TOTAL SCORE

68.3%

TIME SPENT

47:36

Individual Name: Cheyenne Gardner
Student Number: 6824607
Institution: Lakeview CON
Program Type: BSN
Test Completed Date: 12/9/2021
of Points: 60 **Attempt:** 1

Focused Review Progress
View missed topics and launch study materials below.
Last accessed: 12/14/2021 **Time spent:** 02:01:02

Proficiency Level	Mean		Percentile Rank	
Level 2	National 69.8%	Program 70.5%	National 45	Program 43

Individual Performance in the Major Content Areas Show all topics to review **OFF**

Content Area	Topics to Review	Total # Points	MEAN		PERCENTILE RANK		Individual Score
			National	Program	National	Program	

- **Confidentiality/Information Security - (1)**

- Creating and Maintaining a Therapeutic and Safe Environment: Establishing a Therapeutic Nurse-Client Relationship (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 5 Creating and Maintaining a Therapeutic and Safe Environment)
 1. Encourage positive behavior change in the client
 2. Consistently focus on the client's ideas, experiences, and feelings
 3. Materials used for such features as floors should be attractive, easy to clean, and safe

- **Accident/Error/Injury Prevention - (1)**

- Bipolar Disorders: Providing Care to a Client Who is Experiencing a Manic Episode (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 14 Bipolar Disorders)
 1. Reduction of mania and client safety are the goals of treatment
 2. Decrease stimulation without isolating the client if possible. Be aware of noise, music, television, and other clients which can escalate client's behavior
 3. Provide outlets for physical activity

- **Use of Restraints/Safety Devices - (1)**

- Legal and Ethical Issues: Guidelines for the Use of Mechanical Restraints (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 2 Legal and Ethical Issues)
 1. Time limits for restraints are over 18 years of age 4 hours, 9 to 17 year of age 2 hours and 8 years or younger 1 hour
 2. Prescription for restraint must be reassessed every 24 hours
 3. Complete documentation every 15 to 30 minutes

- **Health Promotion/Disease Prevention - (1)**

- Neurocognitive Disorders: Identifying Risk Factors for Alzheimer's Disease (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 17 Neurocognitive Disorders)
 1. Advanced age, prior head trauma, cardiovascular disease, lifestyle factors and a family history of AD
 2. Strong genetic link in early-onset familial AD
 3. Multiple co-morbidities, severity of disease, polypharmacy

- **Abuse/Neglect - (1)**

- Family and Community Violence: Risk Factors for Child Abuse (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 32 Family and Community Violence)
 1. The child is under 4 years of age
 2. The child is perceived as being different from the perpetrator
 3. Physical health problem
- **Crisis Intervention - (2)**
 - Crisis Management: Priority Nursing Interventions (Active Learning Template - Therapeutic Procedure, RM MH RN 11.0 Chp 29 Crisis Management)
 1. Identifying the current problem and directing interventions for resolutions
 2. Taking an active, directive role with the client
 3. Use strategies to decrease anxiety
 - Medications for Depressive Disorders: Analyzing Client Behavior (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 22 Medications for Depressive Disorders)
 1. Medications may take several weeks to reach therapeutic effect
 2. Monitor for suicidal ideation
 3. Monitor for mental confusion, abdominal pain, anxiety, hallucinations if any occur
discontinue medication
- **Family Dynamics - (1)**
 - Group and Family Therapy: Identifying Characteristics of a Family Who Has Rigid Boundaries (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 8 Group and Family Therapy)
 1. Rules and roles are completely inflexible
 2. Members do not share thoughts or feelings
 3. These families have members that tend to isolate themselves and communication is minimal
- **Mental Health Concepts - (3)**
 - Anxiety Disorders: Expected Findings of Posttraumatic Stress Disorder (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 11 Anxiety Disorders)
 1. Marked cognitive, affective, or behavioral symptoms in response to reminders of a traumatic event
 2. Flashbacks, severe anxiety, dissociative episodes, fleeing or combative behaviors
 3. Trouble sleeping or concentrating
 - Psychotic Disorders: Teaching About Relapse (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 15 Psychotic Disorders)
 1. Need for self-care to prevent relapse
 2. Importance of attending support groups
 3. Abstinence from the use of alcohol and/or other substances
 - Stress and Defense Mechanisms: Identifying Defense Mechanisms (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 4 Stress and Defense Mechanisms)
 1. Sublimation: dealing with unacceptable feelings or impulses by unconsciously substituting acceptable forms of expression
 2. Suppression: voluntarily denying unpleasant thoughts and feelings
 3. Repression: unconsciously putting unacceptable ideas, thoughts, and emotions out of awareness
- **Substance Use and Other Disorders and Dependencies - (3)**
 - Medications for Depressive Disorders: Emergency Care for a Client Who Has Indications of Neuroleptic Malignant Syndrome (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 22 Medications for Depressive Disorders)

1. Cooling blankets
 2. Antipyretics
 3. Cooled intravenous fluids
- 0 Medications for Substance Use Disorders: Manifestations of Alcohol Withdrawal (Active Learning Template - Medication, RM MH RN 11.0 Chp 26 Medications for Substance Use Disorders)
 1. Common manifestations include nausea, vomiting, tremors, restlessness and inability to sleep
 2. Delirium can occur 2 to 3 days after cessation of alcohol
 3. Manifestations usually start within 4 to 12 hours of the last intake of alcohol
 - 0 Medications for Substance Use Disorders: Teaching About Methadone (Active Learning Template - Medication, RM MH RN 11.0 Chp 26 Medications for Substance Use Disorders)
 1. Methadone substitution is used for withdrawal and long-term maintenance
 2. Oral opioid agonist that replaces the opioid to which the client has a physical dependence
 3. Dependence is transferred from illegal opioid to methadone
- **Adverse Effects/Contraindications/Side Effects/Interactions - (1)**
 - 0 Medications for Depressive Disorders: Client Teaching About Phenelzine (Active Learning Template - Medication, RM MH RN 11.0 Chp 22 Medications for Depressive Disorders)
 1. Avoid designated foods while taking this medication
 2. Use cautiously in clients who have diabetes or seizure disorders or those taking TCAs
 3. Change positions slowly to monitor for orthostatic hypotension
 - **Expected Actions/Outcomes - (2)**
 - 0 Medications for Substance Use Disorders: Evaluating Therapeutic Effects of Naltrexone (Active Learning Template - Medication, RM MH RN 11.0 Chp 26 Medications for Substance Use Disorders)
 1. Pure opioid antagonist that suppresses the craving and pleasurable effects of alcohol
 2. Assess client's history to determine whether the client is also dependent on opioids
 3. Take with meals to decrease gastrointestinal distress
 - 0 Medications for Substance Use Disorders: Managing Alcohol Withdrawal (Active Learning Template - Medication, RM MH RN 11.0 Chp 26 Medications for Substance Use Disorders)
 1. Benzodiazepines: decrease risk of seizures, decrease in intensity of withdrawal and keep vital signs within expected range
 2. Carbamazepine: decrease seizures
 3. Clonidine, propranolol, atenolol: decrease of autonomic response (decrease in blood pressure, heart rate)
 - **Changes/Abnormalities in Vital Signs - (1)**
 - 0 Medications for Depressive Disorders: Planning Interventions for a Client Who Has Serotonin Syndrome (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 22 Medications for Depressive Disorders)
 1. Can begin 2 to 72 hours after the start of treatment, and can be lethal
 2. Start symptomatic treatment (cooling blankets, anticonvulsants, artificial ventilation, etc.)
 3. Observe for manifestations. If any occur withhold medication and notify provider
 - **Potential for Complications of Diagnostic Tests/Treatments/Procedures - (1)**
 - 0 Brain Stimulation Therapies: Preventing Complications of Electroconvulsive Therapy (Active Learning Template - Medication, RM MH RN 11.0 Chp 10 Brain Stimulation Therapies)
 1. Memory loss and confusion which can persist for several weeks
 2. Cardiovascular changes: monitor vital signs and cardiac rhythm regularly per protocol

3. Relapse of depression: not a permanent cure, weekly or monthly maintenance needed