

N431 Adult Health II

Clinical Reflection Form

Name: Macie Wilson

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Clinical Rotation Site: Operating Room (OR)

1. Briefly write about today's experience(s)

Today I got to go to the operating room and see different surgeries. I saw a total hysterectomy, a total knee, a total hip, and a lobectomy. They were all different and all very interesting. The nurse in the hysterectomy was very helpful and keyed me in on every detail. After the hysterectomy, the nurse let me touch the uterus, which was very cool. The lobectomy was also interesting because you could see the lobes of the lungs. The experience was great, and I thoroughly enjoyed it.

2. What is one thing you learned?

Today I learned the role of the nurse in surgery. I thought that a nurse in surgery holds a leg to somewhat assist in the surgery; however, that is not what the role consists of most of the time. The nurse's role is to do everything outside of the sterile field. I thought it was interesting to see

the nurse's role and the part that she played because I did not know the role before the clinical rotation.

3. What is one thing you would do differently?

I wouldn't have done anything differently at the clinical rotation except for asking for more rotations. I would like to see more surgeries and what each one consists of. I was happy with my clinical day and would not have changed a thing!

4. What is your major "take-home" from today's clinical experience(s)?

My major take-home from today's clinical experience was how vital the sterile field is. I knew it was necessary before going to the OR. However, I witnessed what that looked like when I was in the OR. The nurse's main job is to watch for anything/anyone breaking the sterile field. It might not be the most crucial part of the surgery, but it sure is very close.

5. Is there anything else you would like to mention?

This rotation was incredibly cool, and I enjoyed being able to go!