

- **Client Rights - (2)**

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- 0 **Legal and Ethical Issues: Client Right to Refuse Treatment (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 2 Legal and Ethical Issues)**

- The right to humane treatment and care
- The nurse must use ethical principles to decide ethical issues.
- Informed consent and the right to refuse treatment.

- 0 **Legal and Ethical Issues: Interventions for a Client Who Refuses Medication (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 2 Legal and Ethical Issues)**

- Confidentiality
- Provision of adequate interpretive services if needed.
- Autonomy – clients rights to make their own decisions

- **Confidentiality/Information Security - (1)**

- 0 **Crisis Management: Priority Steps in Critical Incident Stress Debriefing (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 29 Crisis Management)**

- Primary care
- Secondary Care
- Tertiary care

- **Establishing Priorities - (2)**

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- 0 **Eating Disorders: Manifestations of Anorexia Nervosa (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 19 Eating Disorders)**

- Teach and encourage self care
- Incorporate the family when appropriate in client education and discharge planning.
- Establish realistic goals for weight loss or weight gain

- 0 **Medications for Psychotic Disorders: Prioritizing Client Care (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 24 Medications for Psychotic Disorders)**

- Avoid hazardous activities
- Sipping on water
- Chewing sugarless gum

- **Ethical Practice - (1)**

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- 0 **Legal and Ethical Issues: Priority Action for Client Refusing Treatment (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 2 Legal and Ethical Issues)**

- Informed consent and the right to refuse treatment
- Confidentiality
- Provision of adequate interpretive services if needed.

- **Use of Restraints/Safety Devices - (1)**

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- 0 **Legal and Ethical Issues: Applying Restraints (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 2 Legal and Ethical Issues)**

- Complete documentation every 15-30 min
- The nurse can use seclusion or restraints without first obtaining a providers written prescription if it is an emergency situation.

- Restraint or seclusion must be discontinued when the client is exhibiting behavior that is safer and quieter.

- **Abuse/Neglect - (1)**

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- 0 **Family and Community Violence: Priority Nursing Action for Suspected Child Abuse (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 32 Family and Community Violence)**

- Provide privacy when conducting interviews about family
- Be direct, honest, and professional
- Be understanding and attentive.

- **Behavioral Interventions - (1)**

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- 0 **Creating and Maintaining a Therapeutic and Safe Environment: Orientation Phase (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 5 Creating and Maintaining a Therapeutic and Safe Environment)**

- Introduce self to the client and state purpose.
- Discuss confidentiality.
- Set goals with the client

- **Coping Mechanisms - (2)**

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- 0 **Care of Those Who Are Dying and/or Grieving: Maladaptive Grief Response (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 27 Care of Clients Who are Dying and/or Grieving)**

- denial: the client has difficulty believing a terminal diagnosis or loss
- Anger: Anger is directed toward self, others, or objects.
- Bargaining: the client negotiates for more time or cure.

- 0 **Crisis Management: Assessing Personal Coping Skills (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 29 Crisis Management)**

- Develop a therapeutic nurse client
- Remain with the client
- Listen and observe

- **Crisis Intervention - (1)**

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- 0 **Anger Management: Intervention for a Client Who is Exhibiting Aggression (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 31 Anger Management)**

- shock and disbelief
- restitution
- Developing awareness.

- **End-of-Life Care - (1)**

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- 0 **Care of Those Who are Dying and/or Grieving: Identifying Indications of Clinical Depression (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 27 Care of Clients Who are Dying and/or Grieving)**

- 0 - Feelings of sadness
- 0 - Tearfulness
- 0 - Emptiness or hopelessness.
- 0

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### **Mental Health Concepts - (2)**

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- 0 **Eating Disorders: Evaluating the Effectiveness of Treatment for a Client Who Has Anorexia Nervosa (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 19 Eating Disorders)**
  - Occupational choices that encourage thinness
  - Individual history or being a picky eater in childhood
  - a history of obesity.
- 0 **Stress and Defense Mechanisms: Identifying Rationalization (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 4 Stress and Defense Mechanisms)**
  - creating reasonable and acceptable explanations for unacceptable behavior
  - “ They much already have a boyfriend” when rejected by another
  - a young adult explains that they had to drive home from a party after drinking alcohol because they had to feed the dog.

- **Stress Management - (1)**

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- 0 **Stress Management: Evaluating a Client's Understanding of Deep-Breathing Exercises (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 9 Stress Management)**
  - Physical health
  - Strong sense of self
  - Optimism

- **Substance Use and Other Disorders and Dependencies - (1)**

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- 0 **Substance Use and Addictive Disorders: Identifying Manifestations of Acute Toxicity (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 18 Substance Use and Addictive Disorders)**
  - blackout or loss of consciousness
  - changes in bowel movements
  - weight loss or weight gain

- **Non-Pharmacological Comfort Interventions - (1)**

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- **Depressive Disorders: Recommendations to Decrease Social Isolation (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 13 Depressive Disorders)**
  - Review manifestations of depression with the client and family members in order to identify relapse
  - Reinforce intended effects and potential adverse effects of medication.
  - Explain benefits of adherence to therapy.

### **Adverse Effects/Contraindications/Side Effects/Interactions - (1)**

- - 0 **Medications for Psychotic Disorders: Adverse Effects of Clozapine (Active Learning Template - Medication, RM MH RN 11.0 Chp 24 Medications for Psychotic Disorders)**
    - Dry mouth
    - Blurred vision
    - Photophobia
- **Expected Actions/Outcomes - (1)**
- - 0 **Medications for Bipolar Disorders: Evaluating Effectiveness of Mood Stabilizers (Active Learning Template - Medication, RM MH RN 11.0 Chp 23 Medications for Bipolar Disorders)**
    - Lithium produces neurochemical changes in the brain including serotonin receptor blockade.
    - There is evidence that lithium decreased neuronal atrophy and or increases neuronal growth.
    - Advise the client that GI distress is usually transient.
- **Laboratory Values - (2)**
- - 0 **Medications for Anxiety and Trauma- and Stressor-Related Disorders: Reportable Laboratory Results (Active Learning Template - Medication, RM MH RN 11.0 Chp 21 Medications for Anxiety and Trauma- and Stressor-Related Disorders)**
    - Avoid alcohol and other substances that cause CNS depression.
    - Avoid hazardous activities
    - dizziness, nausea, headache, lightheadedness, agitation.
  - 0 **Medications for Bipolar Disorders: Monitoring Laboratory Results (Active Learning Template - Medication, RM MH RN 11.0 Chp 23 Medications for Bipolar Disorders)**
    - 0 - Lithium level and Sodium level.
    - 0 - Lithium is a pregnancy risk category D medication.
    - 0 - Lithium is contraindicated in clients who have severe renal or cardiac disease, hypovolemia and schizophrenia.