

Teaching Plan and Grading Rubric

Student Name: **Destiny Bell**

Criteria	0 points	2.5 points	5 points	Comments
<p><b><u>Assessment of Client/Family</u></b></p> <ul style="list-style-type: none"> <li>• Determines motivation for learning</li> <li>• Identifies barriers to learning</li> <li>• Discuss health beliefs/values</li> <li>• Discuss psychosocial and cognitive development</li> </ul>	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> <li>• Determines motivation for learning</li> <li>• Identifies barriers to learning</li> <li>• Discuss health beliefs/values</li> <li>• Discuss psychosocial and cognitive development</li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>• Determines motivation for learning</li> <li>• Identifies barriers to learning</li> <li>• Discuss health beliefs/values</li> <li>• Discuss psychosocial and cognitive development</li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>• Determines motivation for learning</li> <li>• Identifies barriers to learning</li> <li>• Discuss health beliefs/values</li> <li>• Discuss psychosocial and cognitive development</li> </ul>	
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<p><b><u>Nursing Diagnosis and Goal of Teaching</u></b></p> <ul style="list-style-type: none"> <li>• 1 nursing diagnosis identified in proper formatting</li> <li>• 1 goal of teaching identified</li> </ul>	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> <li>• 1 nursing diagnosis identified in proper formatting</li> <li>• 1 goal of teaching identified</li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>• 1 nursing diagnosis identified in proper formatting</li> <li>• 1 goal of teaching identified</li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>• 1 nursing diagnosis identified in proper formatting</li> <li>• 1 goal of teaching identified</li> </ul>	
Criteria	0 points	2.5 points	5 points	Comments
<p><b><u>Interventions</u></b></p> <ul style="list-style-type: none"> <li>• Discuss 3 interventions to be included in teaching</li> <li>• Relate interventions to meeting the teaching goal</li> </ul>	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> <li>• Interventions to be included in teaching</li> <li>• Relate interventions to meeting the teaching goal</li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>• Interventions to be included in teaching</li> <li>• Relate interventions to meeting the teaching goal</li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>• Interventions to be included in teaching</li> <li>• Relate interventions to meeting the teaching goal</li> </ul>	

<b>Criteria</b>	<b>0 points</b>	<b>1 point</b>	<b>2 points</b>	<b>Comments</b>
<p><b><u>Methods/Teaching Tools</u></b></p> <ul style="list-style-type: none"> <li>• Use 2 appropriate teaching methods to deliver teaching</li> <li>• Consider the following teaching methods: <ul style="list-style-type: none"> <li>• Discussion</li> <li>• Q&amp;A</li> <li>• Teach-Back</li> <li>• Interactive</li> </ul> </li> </ul>	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> <li>• Use 2 appropriate teaching methods to deliver teaching</li> <li>• Consider the following teaching methods: <ul style="list-style-type: none"> <li>• Discussion</li> <li>• Q&amp;A</li> <li>• Teach-Back</li> <li>• Interactive</li> </ul> </li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>• Use 2 appropriate teaching methods to deliver teaching</li> <li>• Consider the following teaching methods: <ul style="list-style-type: none"> <li>• Discussion</li> <li>• Q&amp;A</li> <li>• Teach-Back</li> <li>• Interactive</li> </ul> </li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>• Use 2 appropriate teaching methods to deliver teaching</li> <li>• Consider the following teaching methods: <ul style="list-style-type: none"> <li>• Discussion</li> <li>• Q&amp;A</li> <li>• Teach-Back</li> <li>• Interactive</li> </ul> </li> </ul>	
<b>Criteria</b>	<b>0 points</b>	<b>1.5 points</b>	<b>3 points</b>	<b>Comments</b>
<p><b><u>Evaluation</u></b></p> <ul style="list-style-type: none"> <li>• Discuss how the client/family received the teaching</li> <li>• Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>• Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> <li>• Discuss how the client/family received the teaching</li> <li>• Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>• Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> <li>• Discuss how the client/family received the teaching</li> <li>• Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>• Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> <li>• Discuss how the client/family received the teaching</li> <li>• Identify strengths/weaknesses of the client or family in receiving teaching</li> <li>• Suggest modifications to improve teaching plan (What would have improved the plan?)</li> </ul>	

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<b>APA Format</b> <ul style="list-style-type: none"> <li>• Appropriate APA in-text citations and listed all appropriate references in APA format</li> <li>• At least 2 scholarly source(s) are utilized and should be 5 or less years old</li> <li>• Source(s) greater than 5 years old will not be accepted</li> <li>• Reference page complete</li> </ul>	No in-text citations present  2 or more references are greater than 5 years old  3 or more APA errors  No reference page present	1-2 APA errors  1 reference is greater than 5 years old  In-text citations appropriately cited  Reference page present	No APA errors present  In-text citations appropriately cited  Reference page present and formatted properly	
<b>TOTAL</b>				<b>/25</b>

Assessment of Client/Family (5 points)	Nursing Diagnosis & Goal of Teaching (5 points)	Interventions (5 points)	Methods/Teaching Tools (2 points)	Evaluation (3 points)
<p><b>Level of motivation for learning:</b></p> <p>The patient was motivated and interacted throughout the teaching. He was originally brought to Carle for going into cardiac arrest during a procedure due to atrial fibrillation, he asked many questions pertaining to the side effects and treatment of atrial fibrillation.</p> <p><b>Barriers to effective learning:</b></p> <p>There were no barriers identified towards effective learning.</p> <p><b>Health beliefs/values:</b></p> <p>Patient did not express any of his beliefs or values besides the fact that he was in the process of becoming a DNR before he went into cardiac arrest.</p>	<p><b>Nursing Diagnosis:</b></p> <p>The client’s diagnosis was insufficient perfusion related to atrial fibrillation as evidenced by cardiac arrest.</p> <p><b>Goal of Teaching:</b></p> <p>The goal of the teaching was for the patient to be able to recognize signs of a heart attack. In the teaching I explained what side effects a person with atrial fibrillation may experience and when to seek medical attention, interactions and nursing considerations.</p>	<p><b>Intervention 1:</b></p> <p>Ensuring that the client is able to recognize the signs and symptoms such as chest pain or pressure in the chest, as well as shortness of breath, tachycardia and fatigue/weakness (Mayo Clinic, 2021).</p> <p><b>Intervention 2:</b></p> <p>Educating the patient on the risk factors for a fib (Atrial Fibrillation) such as diabetes, since the patient is a diabetic. As well as the importance of maintaining a normal blood pressure, and not smoking (Center for disease control and prevention, 2021).</p> <p><b>Intervention 3:</b></p> <p>Educate the patient on the importance of a healthy diet and monitoring weight as</p>	<p><b>Method 1:</b></p> <p>My first method of teaching was discussing the topic with the patient.</p> <p><b>Method 2:</b></p> <p>My second method of teaching was encouraging interaction throughout the teaching, this allowed for me to ensure that the patient is retaining the information being taught.</p>	<p><b>Discuss how the client/family received the teaching:</b></p> <p>The patient was very open and perceptive to the teaching and asked many questions during and after the teaching pertaining to strokes as atrial fibrillation increases an individual’s risk for having a stroke.</p> <p><b>Identify strengths/weaknesses of the client or family in receiving teaching:</b></p> <p>The patient had many strengths in the teaching mainly being that he was so open to learning and asking questions that allowed for him to gain a further understanding and showed me that he was following along in the process. I did not notice any signs of weakness throughout the patient teaching.</p>

<p><b>Psychosocial development:</b></p> <p>According to Erikson’s stages of psychosocial development the patient is in stage 8: Integrity vs despair since he is over 65 years of age. This is the stage of life in late adulthood where the pace of life slows down and they begin to look back on their younger years (Lewis, 2020).</p> <p><b>Cognitive development:</b></p> <p>Cognitive development was appropriate for age and his condition. He was alert and oriented x4</p>		<p>obesity is a risk factor for atrial fibrillation and the patient has a high body mass index, as well as a history of hypertension and being a diabetic, losing weight and eating a heart healthy diet would be beneficial to his health (Centers for Disease Control and Prevention, 2021).</p>		<p><b>Suggest modifications to improve teaching plan (what would have improved the plan?):</b></p> <p>I feel that the teaching plan went well I am just awkward and still learning so I feel that maybe having some more practice teaching someone about a disease or medication may have made it more easier for me, however, I like the set up of this assignment.</p>
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**References (2) (APA):**

Centers for Disease Control and Prevention. (2021, September 27). *Atrial fibrillation*. Centers for Disease Control and Prevention. Retrieved December 8, 2021, from [https://www.cdc.gov/heartdisease/atrial\\_fibrillation.htm](https://www.cdc.gov/heartdisease/atrial_fibrillation.htm).

Lewis, R. (2020, April 28). *Erikson stages of psychosocial development in plain language*. Healthline. Retrieved December 9, 2021, from <https://www.healthline.com/health/parenting/erikson-stages>.

Mayo Foundation for Medical Education and Research. (2021, October 19). *Atrial fibrillation*. Mayo Clinic. Retrieved December 8, 2021, from [https://www.mayoclinic.org/diseases-conditions/atrial-fibrillation/symptoms-causes/syc-20350624#:~:text=Atrial%20fibrillation%20\(A%2Dfib\),and%20other%20heart%2Drelated%20complications](https://www.mayoclinic.org/diseases-conditions/atrial-fibrillation/symptoms-causes/syc-20350624#:~:text=Atrial%20fibrillation%20(A%2Dfib),and%20other%20heart%2Drelated%20complications).