

Personal Nursing Philosophy

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“I have neither given nor receive, nor will I tolerate others’ use of unauthorized aid”.

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The nursing metaparadigm is a very important aspect of the nursing profession. It is defined as “the metaparadigm of nursing that encompasses all phenomena of interest in a value-neutral way to identify a distinctive domain for the nursing profession” (Hood, 127). In other words, this gives a definitive answer to the parts of the nursing profession. I think this is very important because it helps define what nursing is and why it is important. Overall, the nursing metaparadigm helps push nursing into the professional space that it deserves to be in.

The nursing metaparadigm consist of human beings, environment, health, and nursing (Deliktas, 2019). The human being refers to things like culture or family (Deliktas, 2019). The environment refers to a wide variety of things. Not only is environment your physical location but also the political and social climate in that environment (Deliktas, 2019). Health refers to the well-being and illness (Hood, 127). The nursing portion refers to every interaction between the nurse, client, and environment (Hood, 127)

I believe that a professional nurse is someone who has first passed all the requirements required to be a nurse and not only have they passed those requirements, but they have done so without plagiarism or cheating. That is just the basic step of being a professional nurse. I think the next step would be someone who provides a high quality of patient care and does so safely. This is essential for a professional nurse because a professional is competent and skilled in their profession. Additionally, a professional nurse should never stop learning. This is essential because furthering the knowledge of their field is a requirement of providing safe care. If a nurse stops learning as soon as they pass the boards, they will become outdated and less than capable of practicing as a nurse. Next, I believe a professional nurse is someone who teaches the next generation of professional nurses and does so with competence. I do not mean teaches in the academic sense, although that would also qualify, but I mean someone who can be a preceptor to those new nurses and train them to be more competent and excel

as a professional nurse. I believe a professional nurse must be viewed as trustworthy by their patients as the patient is trusting them with their life. Most of all, I believe a professional nurse is someone who treats their patients and coworkers with both care and respect.

Personally, I believe that all humans, born and unborn, deserve respect and protection. I think this will greatly affect my overall practice as a nurse. First off, it will affect my views on abortion. Personally, I am opposed to abortion, however, I understand it does happen in healthcare and that I might have run ins with it depending on my work environment. Right now, I am not sure what I would do in that situation, but it would affect my ability to work in that situation. Another value that might affect my practice is autonomy/familial decision making. I think it would be very hard for me in a situation where family members are telling hospital staff to keep their elderly family member alive at all costs even though there is little to no chance that their family member will survive. Life saving measures, such as chest compressions or endotracheal intubation, are very hard and violent on the patient's body and continuing to take those measures even though there is no chance of getting the patient back feels wrong and unnecessary to perform. Overall, there are just two of the views that will affect my practice, however, until I start my nursing practice, I cannot fully understand how many of my views will affect my practice.

If I graduate in December of 2022, by the time 2025 comes, I hope to have two years of emergency department or intensive care experience and apply/get admitted into a certified registered nurse anesthetist program. Hopefully by 2025, I will be a year into this program with two years left to go. However, if getting into a CRNA program does not work out, I hope to be a travel nurse in the emergency department. This will allow me to see different parts of the country and get a lot of experience and knowledge. While traveling, I hope to be doing an online master's program so I can be a nurse practitioner. These are the two most likely possibilities by for my career by 2025.

References

Hood, L. J. (2018). *Leddy & pepper's professional nursing* (9th ed.). Wolters Kluwer.

Deliktas, Ayse et al. "Nursing Students' Perceptions of Nursing Metaparadigms: A Phenomenological Study." *The journal of nursing research: JNR* vol. 27,5 (2019): e45.

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