

N431 Adult Health II

Clinical Reflection Form

Name: Sarah Evans

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Clinical Rotation Site: Operating Room Sarah Bush Lincoln Health Center

1. Briefly write about today's experience(s)

Today I followed a nurse in the ER. It was a very good experience. One of the things I got to observe was how to fill out a POLST form with a family. I learned that there are several sections on the form and multiple choices the family has to make. I saw a nurse explain these things to the family and answer questions. I appreciated learning about this process. I also got to place one IV and attempt a second IV. I was unsuccessful with the second IV, but the nurse wound up showing me how to use the doppler machine to find a vein. It was really cool and I was so excited to see this done.

2. What is one thing you learned?

I learned that I need to be careful to screw the lock onto the IV catheter tightly. I thought I had twisted all the way, but the IV actually started to leak blood and this is why. It was a simple fix, but a little silly on my part. But I'll never make that mistake again.

3. What is one thing you would do differently?

Ha! See the above mentioned learning scenario! It would have been great to avoid that mistake, but I learned from it. I wish I could have tried the doppler vein finding technique myself, but hopefully I'll get to do it one day.

4. What is your major "take home" from today's clinical experience(s)?

I appreciate the nurses I followed so much. I am very grateful for high quality nurses that enjoy teaching students. I feel like they are giving back to our profession by being great teachers during clinical. I hope to join them someday when I get the chance to teach nursing students.

5. Is there anything else you would like to mention?

I really enjoy being in the ER. When I applied to Carle a few weeks ago I actually chose it as my second choice for where I'd like to be placed if I get the Carle nurse residency. The ER is exciting and I really have enjoyed my time there.

Thanks so much for a great clinical experience this semester Professor Key. I appreciate you very much. You've worked so hard to give us all great learning opportunities this semester. Thank you.