

Nursing Philosophy

Berich Mpoy

Lakeview College of Nursing

N314: Introduction to Professional Nursing

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“I have neither given nor receive, nor will I tolerate others’ use of unauthorized aid”.

Nursing Philosophy N314

Nursing philosophy helps nurses form and examine values and beliefs about life, people, the environment, and nursing. The nursing metaparadigm is also included in the nursing philosophy as a framework for ideas and conceptual models. The nursing philosophy comprises of four metaparadigm concepts of nursing which are person, environment, health, and nursing (Hood, L. J. (2018)).

Furthermore, the person's metaparadigm refers to individuals. This factor of the metaparadigm examines the individual's environment, values, beliefs, culture, and family to build a framework in the nursing philosophy, which helps nurses learn how to better care for the individuals. This portion of the metaparadigm creates culturally competent nurses and creates an atmosphere where patients are comfortable with, because of the respect, understanding, and care the nurse's display. The environment is another factor in the nursing metaparadigm and helps nurses by allowing them to examine risk factors to human health in the environment. It examines all the negative conditions that affect individuals. The patients' economic condition, social connections, and everything they come in contact with is examined. Information about risk factors in the environment helps nurses build a framework to deal with the issues beforehand. After risk factors have been identified the patient is provided with a way to modify their lifestyle to avoid those risks. Health is also included in the metaparadigm; health examines the well-being of the individual and has different meanings for every individual. "All the concepts above represent the metaparadigm of nursing encompasses all phenomena of interest in a value-neutral to identify a distinctive domain for the nursing profession (Fawcett, 2005: Fawcett & DeSanto-

medeya, 2012)” (Hood, L. J. (2018). A nurse is the final metaparadigm; the nurse plays a big role by providing care to the individuals. The nurse's goal is to improve individuals' mental, physical health and the kind of care they receive. The nurse takes into all the other factors of the nursing metaparadigm and forms the best environment for the patient to receive care in. Nursing philosophy and metaparadigm provide newer nurses with a framework to form values and beliefs.

A look at the values and beliefs of a professional nurse and what takes to be one. A professional nurse is passionate, well-educated on patient care, and is accountable. They treat others like how they would like to be treated when they are sick and in a vulnerable situation. This kind of nurse will provide the best nursing care possible because they do not see the patient as a job but as a human being like themselves. Integrity plays a big role in the professional nursing field as it shows that a person is accountable. A professional nurse does not do the right thing only when others are present but also when they are not. This kind of nurse knows when to ask for help when they do not know how to do something to avoid any harm to the patient. They can respectfully work with others and know how to disagree with each other respectfully. The nursing profession encompasses all these beliefs and values. Every new nurse is taught to care for the patient as if they were their family member. Nurses are taught to be respectful, provide the best care possible for everyone, and have integrity. The nursing profession today continues to pursue new roles for nurses to play in improving patient care. All the aspects of what Florence Nightingale imagined have been accomplished and if not, they will be soon. Florence Nightingale believed patients should be viewed as humans and as individuals (Houser, B. & Player, K. (2207)). The disease treatment in today's nursing profession does not overshadow everything and if Florence Nightingale saw today's nursing profession, she would be proud. The

nursing profession today is taken very seriously, and extensive nursing programs have been put in place to ensure that only quality nurses provided the best care to patients.

Florence Nightingale encompassed almost all my nursing values and beliefs but one that I have decided to add is seeking more roles for nurses in the nursing field. I value autonomy, altruism, human dignity, integrity, and honesty. Autonomy allows nurses to assess and integrate nursing actions for patients based on knowledge, experience, and professional expertise. Altruism and human dignity I value a little more than the others because they concern the welfare and well-being of patients. Healing does not only consist of the physical side of patients but also the mental state of patients. Patients that are comfortable mentally heal faster than those who are not. Honesty and advocating for the patient are critical in the nursing profession as it creates the proper environment for patients.

Nine years from now will be 2030 and I hope by that time I will have graduated with my bachelor's and master's degrees. I do not know how my life will look like in 2030 or if I will even be alive but if by God's grace, I am, I will be working as a travel nurse. I want to travel all over America and the world itself. After traveling all over by God's grace I will apply to medical school to get my doctorate.

References

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