

N431 Care Plan # 2
Lakeview College of Nursing
Kade Thomas

Demographics (3 points)

Date of Admission 11/15/21	Patient Initials T.G	Age 44	Gender Female
Race/Ethnicity White/Non-Hispanic	Occupation Unemployed	Marital Status Married	Allergies No known allergies
Code Status Full Code	Height 5'9" (175.3cm)	Weight 278lbs (126.1kg)	

Medical History (5 Points)

Past Medical History: Alcohol abuse, morbid obesity, tobacco abuse, acute respiratory failure, acute kidney injury, metabolic acidosis, end stage renal failure

Past Surgical History: Unable to review, history was not completed

Family History: Mother has Alzheimer's disease and history of stroke, maternal grandfather has diabetes, no family history for her father or paternal side

Social History (tobacco/alcohol/drugs): Current tobacco user 0.5 packs per day, alcohol abuser (daily beer and vodka use) 3-20 cans of beer per week

Assistive Devices: NA

Living Situation: Lives with her husband at home

Education Level: Unable to assess

Admission Assessment

Chief Complaint (2 points): Chest pain

History of present Illness (10 points): The client is 44-year-old women who has end stage renal failure. She initially came into the hospital for a urology consultation; however, she developed chest pains and was sent to the emergency room. She suffered a myocardial infarction and had to be resuscitated, she was unable to describe an OLDCART because she didn't wake up. The client is currently in a sedated state with limited brain activity.

Primary Diagnosis

Primary Diagnosis on Admission (2 points): Renal Failure

Secondary Diagnosis (if applicable): Cardiac arrest

Pathophysiology of the Disease, APA format (20 points):

Renal Failure

Renal failure occurs when the client has sustained enough kidney damage to require renal replacement therapy (dialysis) (Belleza, 2021). Renal failure results in a gradual/progressive loss of kidney function. This can increase the risk of infections, vascular diseases, and many other harmful effects on various organ systems. There are several stages to renal failure. The client is currently in end-stage renal failure, demonstrated by 15-20% GFR (Belleza, 2021). Once eliminated by the kidneys, substances now accumulate in the body fluid, affecting metabolic and electrolyte and acid-base function (Belleza, 2021). Factors that increase the risk of renal failure are diabetes, age 60 or older, family history, Lupus erythematosus, and bladder obstructions (Belleza, 2021). Lifestyle risk factors are overexposure to toxins, sedentary lifestyle (Belleza, 2021). Diagnosis and assessment for renal failure include GFR tests and creatinine clearance, sodium/water retention, acidosis, CBC and CMP, ABG's, and chemistry panels (Belleza, 2021). These tests ensure kidney function and will instruct the physician on the client's severity and treatment options (Belleza, 2021). Treatment for renal failure; pharmacologic therapy like calcium and phosphorus binders to manage hypertension (Capriotti, 2020), erythropoietin to treat anemia, nutritional therapy, and eventually dialysis to filter blood and waste products (Capriotti, 2020). The client has several comorbidities that increase her risk of developing renal failure. She

suffered from alcoholism and a severe sedentary lifestyle. She is morbidly obese, which strains her body further (Capriotti, 2020).

Pathophysiology References (2) (APA):

Belleza, R. M. N. (2021, February 20). *Chronic renal failure*. Nurseslabs. Retrieved November 19, 2021, from <https://nurseslabs.com/chronic-renal-failure/>

Capriotti, T. (2020). *Davis Advantage for Pathophysiology* (2nd ed.). F. A. Davis Company.

Laboratory Data (15 points)

CBC Highlight All Abnormal Labs—Explanations must be in complete sentences and contain in-text citations in APA format.

Lab	Normal Range	Admission Value	Today's Value	Reason for Abnormal Value
RBC	3.50-5.20	1.79	2.21	The client's kidneys no longer function, therefore, erythropoietin will not be adequately secreted (PhD Rn et al., 2020).
Hgb	11.0-16.0	7.0	8.6	Because there are fewer red blood cells, the protein hemoglobin will be decreased as well (PhD Rn et al., 2020).
Hct	34-47%	21.5	25.0	Hct and Hgb are related, if hemoglobin is decreased hematocrit will also be decreased (PhD Rn et al., 2020).
Platelets	140,000-400,000	150,000	151,000	
WBC	4-11	10.53	10.68	
Neutrophils	55-70	57	60	
Lymphocytes	20-40	22	20	
Monocytes	2-8	7.9	3.5	
Eosinophils	1-4	1.3	1.8	

Bands	0-10%	0	0	
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*****PER CARLE EPIC**

Chemistry **Highlight All Abnormal Labs—Explanations must be in complete sentences and contain in-text citations in APA format.**

Lab	Normal Range	Admission Value	Today's Value	Reason For Abnormal
Na-	135-145	136	137	
K+	3.5-5.1	4.1	4.0	
Cl-	98-107	110	104	Increased Cl- is often seen in clients with poor renal function (PhD Rn et al., 2020).
CO2	22-29	11.0	17.0	
Glucose	74-100	96	91	
BUN	7-19	18	26	Elevated BUN is a sign of renal dysfunction (PhD Rn et al., 2020).
Creatinine	0.55-1.02	5.10	4.81	Like BUN, Creatinine is also elevated during renal dysfunction (PhD Rn et al., 2020).
Albumin	3.5-5.0	1.6	1.7	Albumin is decreased in relation to the clients poor kidney's (PhD Rn et al., 2020).
Calcium	8.9-10.6	5.9	7.8	Calcium is lowered in renal failure (PhD Rn et al., 2020).
Mag	1.6-2.6	NA	NA	
Phosphate	3.4-4.5	NA	NA	
Bilirubin	0.2-1.2	3.2	3.6	The client is an alcoholic, her liver is decreasing in effectiveness (PhD Rn et al., 2020).
Alk Phos	40-150	165	198	Because the client is an alcoholic, her hepatic system is also impaired (PhD Rn et al., 2020).
AST	5-34	100	114	Damage to the liver like cirrhosis elevates AST (PhD Rn et al., 2020).
ALT	0-55	48	53	

Amylase	30-220	NA	NA	
Lipase	0-160	NA	NA	
Lactic Acid	5-20	NA	NA	
Troponin	<0.1	NA	NA	
CK-MB	3-5%	NA	NA	
Total CK	22-198	NA	NA	

*****PER CARLE EPIC**

LABS labeled NA, were not completed yet, I saw that there were orders in the chart for many of these.

Other Tests **Highlight All Abnormal Labs—Explanations must be in complete sentences and contain in-text citations in APA format.**

Lab Test	Normal Range	Value on Admission	Today's Value	Reason for Abnormal
INR	0.9-1.1	1.1	NA	
PT	11-13.5sec	NA	NA	
PTT	22.4-35.9s	31.2	NA	
D-Dimer	<0.50	NA	NA	
BNP	<100pg/ml	NA	NA	
HDL	40mg/dl	NA	NA	
LDL	<100mg/dL	NA	NA	
Cholesterol	<200mg/dL	NA	NA	
Triglycerides	<150mg/Dl	NA	NA	
Hgb A1c	<5.7%	NA	NA	
TSH	0.350-4.940	NA	NA	

***PER CARLE EPIC

Urinalysis **Highlight All Abnormal Labs**—Explanations must be in complete sentences and contain in-text citations in APA format.

Lab Test	Normal Range	Value on Admission	Today's Value	Reason for Abnormal
Color & Clarity	Straw yellow/ clear	Amber/Cloudy	Amber/Cloudy	The client has end stage renal disease, therefore her kidneys do not function (PhD Rn et al., 2020).
pH	4.5-8.0	NA	NA	
Specific Gravity	1.005-1.030	NA	NA	
Glucose	NEG	NA	NA	
Protein	NEG	NA	NA	
Ketones	NEG	NA	NA	
WBC	NEG	NA	NA	
RBC	NEG	NA	NA	
Leukoesterase	NEG	NA	NA	

***PER CARLE EPIC

There was not a urinalysis done or not performed yet.

Arterial Blood Gas **Highlight All Abnormal Labs**—Explanations must be in complete sentences and contain in-text citations in APA format.

Test	Normal Range	Value on Admission	Today's Value	Explanation of Findings
pH	7.350-7.450	7.054	7.275	Renal failure can impact arterial blood gases (PhD Rn et al., 2020).
PaO2	80-100	77.8	135.2	Because the client is in renal failure arterial blood gases are affected (PhD Rn et al., 2020).

PaCO2	35-45	45.3	38.1	Arterial blood gases are negatively impacted by renal failure, it can lead to metabolic acidosis or alkalosis (PhD Rn et al., 2020).
HCO3	22-26	12.4	17.3	Bicarbonate is decreased along with the PH, with renal failure this is metabolic acidosis (PhD Rn et al., 2020).
SaO2	90-100	92.3	98.5	O2 saturation is affected by ABG's when the ABG's are impacted O2 saturation will decrease (PhD Rn et al., 2020).

***PER CARLE EPIC

Cultures **Highlight All Abnormal Labs**—Explanations must be in complete sentences and contain in-text citations in APA format.

Test	Normal Range	Value on Admission	Today's Value	Explanation of Findings
Urine Culture	NEG	NA	NA	
Blood Culture	NEG	NA	NA	
Sputum Culture	NEG	NEG	NEG	
Stool Culture	NEG	NA	NA	

***PER CARLE EPIC

Lab Correlations Reference (1) (APA):

PhD Rn, P. K. D., Facs, M. T. P. J., & Faaem, P. T. M. N. (2020). *Mosby's® Diagnostic and Laboratory Test Reference* (15th ed., Vol. 489). Mosby.

Diagnostic Imaging

All Other Diagnostic Tests (5 points): X-ray to confirm positioning for endotracheal tube placement

Diagnostic Test Correlation (5 points): The X- ray was used to visualize the clients airway to ensure patency of the endotracheal tube placement.

Diagnostic Test Reference (1) (APA):

PhD Rn, P. K. D., Facs, M. T. P. J., & Faaem, P. T. M. N. (2020). *Mosby's® Diagnostic and Laboratory Test Reference* (15th ed., Vol. 489). Mosby.

Current Medications (10 points, 1 point per completed med)

10 different medications must be completed

Home Medications (5 required)

Brand/Generic	Tylenol Acetaminophen	Moi-Stir Artificial saliva	Dulcolax Bisacodyl	NovoLOG Insulin aspart	Protonix Pantoprazole
Dose	500mg tab	1 spray	10mg	Sliding scale	40mg
Frequency	Q4H PRN	PRN	Daily	Q4H	BID
Route	Oral	Oral	Rectal	Sub-Q	Gastric Tube
Classification	Antipyretic/analgesic	Electrolyte maintenance	Laxative/stool softener	Insulin	Proton-pump- inhibitor
Mechanism of Action	Stimulates the release of prostaglandins	OTC medication that lubricates the oral mucosa to improve oral dryness	Increases peristalsis and increases water absorption in the small intestine	Acts to facilitate the breakdown of sugar molecules in the blood	Covalent bond that inhibits gastric secretions
Reason Client Taking	Fever/mild pain	Oral mucosa dryness	Promote soft bowel movements	For high blood sugar	Acid reflux
Contraindicati ons (2)	Bleeding disorders, hepatic dysfunction	Fructose intolerance, hypersensitivit y	Diarrhea, Diverticulitis	Hypoglycemia Hypokalemia	Diarrhea with C-Diff, systemic lupus
Side Effects/Advers e Reactions (2)	Nausea/vomiting Decreased clotting time	Mild-Allergic reaction Anaphylaxis	Diarrhea, GI discomfort, nausea- vomiting	Hypoglycemia Hypersensitivit y	GI upset, Nausea and vomiting
Nursing	Monitor for signs of	Monitor for	Assess the	Monitor signs	Ensure

Considerations (2)	hypersensitivity and adverse effects, use caution when treating the client to decrease bleeding risk.	aspiration Use cautiously when giving to an unconscious client	clients abdomen for tenderness, discomfort or distention	of hypoglycemia, administer medication according to the sliding scale directions.	adequate hydration, monitor for signs of hypersensitivity
Key Nursing Assessment(s)/ Lab(s) Prior to Administration	Hepatic function and GI R.O.S	Assess the clients airway and swallowing ability	Assess bowel sounds and GI system prior to administering	Assess the clients blood glucose prior to administering	Assess for distention or discomfort in the abdomen
Client Teaching needs (2)	NA-client is medically unconscious	NA-client is medically unconscious	NA-client is medically unconscious	NA-client is medically unconscious	NA-client is medically unconscious

Hospital Medications (5 required)

Brand/Generic	Keppra Levetiracetam	Unasyn Ampicillin- Sulbactam	Chlorhexidin e Gluconate Mouthwash	Heparin	White petrolatum-mineral oil (ophthalm)
Dose	500mg	3g @ 200ml/ hr	15ml	1000u/ml	1 ribbon to each eye
Frequency	BID Q12	Daily at bedtime	BID Q12	Daily	Q4H
Route	G-Tube	IVPB	Oral swish and spit	Venous catheter dwell	Ophthalmic
Classification	Anticonvulsant	Penicillin antibiotics	Dental aids	Anticoagulan ts	Eye preparations OTC
Mechanism of Action	Binds to the synaptic vesicle protein SV2A in the brain to decrease seizure activity	Binds to bacteria to prevent cell wall formation	Antiseptic mouth rise that kills bacteria in the mouth	Acts to decrease clotting factors in the blood to prevent blood clots from forming	Acts as a lubricant and protectant to the eye for those who are unconscious
Reason Client Taking	Limit seizure/ muscle contraction activity	Prophylactic prevention of sepsis or other infection	Clean the mouth and prevent bacteria build up	Prevention of blood clots	To maintain moisture on the eyes for sedated clients
Contraindications (2)	Anemia, thrombocytope	Penicillin allergy	Only one contraindicat	Thrombocyto penia	Hypersensitivity Eye infections

	nia	Viral infections	ion for this medicine and it is hypersensitivity	Uncontrolled hypertension	
Side Effects/Adverse Reactions (2)	Decreased appetite, generalized weakness	Hypersensitivity General GI upset	Only one, Anaphylaxis/allergic reaction	Heparin induced thrombocytopenia, Anaphylaxis	Redness or irritation of the eye Blindness
Nursing Considerations (2)	Monitor for appetite changes, and monitor for weakness which can increase fall risk	Monitor for hypersensitivity Give with food if upset stomach occurs	Rinse mouth as prescribed Instruct the client the proper way to swish and spit the medication	Monitor platelets Assess client for hypertension and controlling methods	Use only as prescribed and monitor hypersensitivity which may cause blindness
Key Nursing Assessment(s)/ Lab(s) Prior to Administration	Assess the clients gait and bilateral strength prior to giving. Assess platelet counts	Assess the clients allergy, and confirm ID before administering	Assess the clients gag reflex and airway patency	Assess the clients blood pressure and platelet count prior to administering	Assess the eyes prior to administering for signs of inflammation or redness
Client Teaching needs (2)	NA-client is medically unconscious	NA-client is medically unconscious	NA-client is medically unconscious	NA-client is medically unconscious	NA-client is medically unconscious

Medications Reference (1) (APA):

EdD Rn, F. G., & PhD Rn, P. S. S. (2020). *Abrams' Clinical Drug Therapy: Rationales for Nursing Practice* (Twelfth, North American ed.). LWW.

Assessment

Physical Exam (18 points)

<p>GENERAL (1 point): Alertness: Orientation: Distress: Overall appearance:</p>	<p>Client is sedated, she is non alert or oriented Appears appropriate per situation No apparent distress</p>
<p>INTEGUMENTARY (2 points): Skin color: Character: Temperature: Turgor: Rashes: Bruises: Wounds: Braden Score: Drains present: Y <input type="checkbox"/> N <input checked="" type="checkbox"/> Type:</p>	<p>Skin is warm and dry Skin color is normal per ethnicity Normal skin turgor</p> <p>No rashes or bruises or wounds however, there are indications that skin breakdown is occurring Braden score is 1</p>
<p>HEENT (1 point): Head/Neck: Ears: Eyes: Nose: Teeth:</p>	<p>Head and neck are symmetrical and midline, no deviation of the trachea Ears are symmetric without redness or rash Eyes are closed and mineral oil is placed to keep them moist Nose is midline, no deviation of the septum Teeth show poor dentition</p>
<p>CARDIOVASCULAR (2 points): Heart sounds: S1, S2, S3, S4, murmur etc. Cardiac rhythm (if applicable): Peripheral Pulses: Capillary refill: Neck Vein Distention: Y <input type="checkbox"/> N <input checked="" type="checkbox"/> Edema Y <input type="checkbox"/> N <input checked="" type="checkbox"/> Location of Edema:</p>	<p>Clear S1, S2 without audible murmur, rubs or gallops</p> <p>Cardiac rhythm shows normal sinus rhythm Peripheral pulses are 2+ carotid, brachial and radial, Cap refill is sub 3 seconds</p> <p>NA</p>
<p>RESPIRATORY (2 points): Accessory muscle use: Y <input type="checkbox"/> N <input checked="" type="checkbox"/> Breath Sounds: Location, character</p>	<p>She is on a mechanical vent, lungs sounds are heard in all locations, no stridor, wheezes, or crackles are heard.</p>
<p>GASTROINTESTINAL (2 points): Diet at home: Current Diet Height: Weight: Auscultation Bowel sounds:</p>	<p>Unable to assess home diet She is on gastrostomy feedings 5'9" 278lbs</p> <p>Bowel sounds are audible in all four quadrants</p>

<p>Last BM: Palpation: Pain, Mass etc.: Inspection: Distention: Incisions: Scars: Drains: Wounds: Ostomy: Y <input checked="" type="checkbox"/> N <input type="checkbox"/> Nasogastric: Y <input type="checkbox"/> N <input checked="" type="checkbox"/> Size: Feeding tubes/PEG tube Y <input checked="" type="checkbox"/> N <input type="checkbox"/> Type:</p>	<p>11/15/21 Unable to assess pain, no masses or abnormal abdominal events noted No distention No incisions No scars, drains or wounds She has a gastrostomy feeding tube in place</p>
<p>GENITOURINARY (2 Points): Color: Character: Quantity of urine: Pain with urination: Y <input type="checkbox"/> N <input checked="" type="checkbox"/> Dialysis: Y <input checked="" type="checkbox"/> N <input type="checkbox"/> Inspection of genitals: Catheter: Y <input checked="" type="checkbox"/> N <input type="checkbox"/> Type: Foley Size: 16F</p>	<p>Urine is straw yellow, it is clear, the amount of urine in the catheter bag is oliguric She is receiving dialysis for end stage renal failure Genitals are clean and free of lesions</p>
<p>MUSCULOSKELETAL (2 points): Neurovascular status: ROM: Supportive devices: Strength: ADL Assistance: Y <input checked="" type="checkbox"/> N <input type="checkbox"/> Fall Risk: Y <input type="checkbox"/> N <input checked="" type="checkbox"/> Fall Score: Activity/Mobility Status: Independent (up ad lib) <input type="checkbox"/> Needs assistance with equipment <input type="checkbox"/> Needs support to stand and walk <input type="checkbox"/></p>	<p>The client is sedated, and on a mechanical vent, her neurovascular status is maintained, blood flow is going to all extremities as evidence by sub 3 second capillary refill Strength is unable to be assessed, she needs complete ADL assistance, she is not a fall risk because she cannot move Fall score 0 Immobile and non-active NO NA NA</p>
<p>NEUROLOGICAL (2 points): MAEW: Y <input type="checkbox"/> N <input checked="" type="checkbox"/> PERLA: Y <input type="checkbox"/> N <input checked="" type="checkbox"/> Strength Equal: Y <input type="checkbox"/> N <input checked="" type="checkbox"/> if no - Legs <input type="checkbox"/> Arms <input type="checkbox"/> Both <input type="checkbox"/> Orientation: Mental Status: Speech: Sensory:</p>	<p>The client is in a sedated state, she is not alert or oriented and unable to follow commands or independently function. She cannot move her extremities, currently unconscious and unable to assess mental status, speech or sensory function</p>

LOC:	
PSYCHOSOCIAL/CULTURAL (2 points): Coping method(s): Developmental level: Religion & what it means to pt.: Personal/Family Data (Think about home environment, family structure, and available family support):	Unable to assess this portion since the client is on a vent and heavily unconscious

Vital Signs, 2 sets (5 points)

Time	Pulse	B/P	Resp Rate	Temp	Oxygen
1300	114	139/70	28	98.4F axillary	93% on mechanical vent
1500	109	134/61	19	98.5F axillary	98% on mechanical vent

Vital Sign Trends: Vital signs are stable and are trending in a neutral position, the client is currently stable without indications of crashing.

Pain Assessment, 2 sets (2 points)

Time	Scale	Location	Severity	Characteristics	Interventions
1300	CPOT	0	0	0	0
1500	CPOT	0	0	0	0

IV Assessment (2 Points)

IV Assessment	Fluid Type/Rate or Saline Lock
Size of IV:	18G
Location of IV:	Left forearm AC
Date on IV:	11/16/21
Patency of IV:	No signs of infiltration, flushes without resistance, no erythema or drainage
Signs of erythema, drainage, etc.:	
IV dressing assessment:	Dressing is dry and intact

Intake and Output (2 points)

Intake (in mL)	Output (in mL)
0	NA

She is currently not receiving any fluid intake today; she has oliguria therefore the output is not able to be assessed

Nursing Care**Summary of Care (2 points)**

Overview of care: Dr. White, Samina RN, Kade Thomas RN-BSN student

Procedures/testing done: Chem labs, hematology, respiratory therapy, xray confirmation, IJ non-tunneled line placement, foley catheter placement, 18G IV in the right AC

Complaints/Issues: unable to assess

Vital signs (stable/unstable): Stable

Tolerating diet, activity, etc.: NA

Physician notifications: NA

Future plans for patient: NA -uncertainty on the client's condition

Discharge Planning (2 points)

Discharge location: NA

Home health needs (if applicable):NA

Equipment needs (if applicable):NA

Follow up plan: NA

Education needs: unable to assess

Nursing Diagnosis (15 points)

Must be NANDA approved nursing diagnosis and listed in order of priority

Nursing Diagnosis • Include full nursing diagnosis with	Rational • Explain why the nursing	Intervention (2 per dx)	Evaluation • How did the patient/family
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<p>“related to” and “as evidenced by” components</p>	<p>diagnosis was chosen</p>		<p>respond to the nurse’s actions? <ul style="list-style-type: none"> Client response, status of goals and outcomes, modifications to plan. </p>
<p>1. Risk for aspiration related to being unconscious</p>	<p>The client is comatose and cannot effectively swallow fluid or food, therefore airway is at risk if fluid enters the oral cavity (Dnp Rn, 2020)</p>	<p>1.Maintain NPO status 2.Ensure cautious oral care, only using suctioning devices</p>	<p>Unable to assess due to the clients state</p>
<p>2. Risk for infection related to renal failure</p>	<p>The client is unconscious, suffers from renal failure and is immobile (Dnp Rn, 2020)</p>	<p>1. Use sterile technique when providing cath. care 2.Utilize proper hand hygiene and cleanse the client daily</p>	<p>Unable to assess per client’s state</p>
<p>3. Impaired skin integrity related to immobility as evidence by braden scale</p>	<p>The client scores very high on the braden scale which predicts likelihood of a pressure injury (Dnp Rn, 2020).</p>	<p>1. Turn the client every 2 hours 2 Assess skin integrity and change dressings/ depends often</p>	<p>Unable to assess per client’s state</p>
<p>4. Risk for bleeding related to decreased platelets and heparin use</p>	<p>The client has low platelets and is on a blood thinner which increases the risk for bleeding Unable to assess per client’s state</p>	<p>1.Hold pressure to needle sticks for at least 5 minutes 2. ensure careful/ cautious procedures that increase the risk for bleeding</p>	<p>Unable to assess per client’s state</p>

Other References (APA):

Dnp Rn, P. L. (2020). *Sparks & Taylor's Nursing Diagnosis Reference Manual* (11th ed.).

LWW.

Concept Map (20 Points):

Subjective Data

Unable to assess subjective data because the client is unconscious

Nursing Diagnosis/Outcomes

Risk for aspiration related to being unconscious
Unable to assess per client's state

Risk for infection related to renal failure
Unable to assess per client's state

Impaired skin integrity related to immobility as evidence by Braden scale
Unable to assess per client's state

Risk for bleeding related to decreased platelets and heparin use
Unable to assess per client's state

Objective Data

Client is on a mechanical vent
Client is sedated
Supine position
Morbid Obesity
Vital signs stable
Blisters on skin

Patient Information

Name: T.G
Age: 44
Height: 5'9"
Weight: 278lbs
Race: White
Code Status: Full Code
Allergies: NKA
Marital status: Married
Occupation: unemployed.

Nursing Interventions

- Maintain NPO status
- Ensure cautious oral care, only using suctioning devices
- Use sterile technique when providing cath. care
- Utilize proper hand hygiene and cleanse the client daily
- Turn the client every 2 hours
- Assess skin integrity and change dressings/ depends often
- Hold pressure to needle sticks for at least 5 minutes
- ensure careful/ cautious procedures that increase the risk for bleeding



