Criteria	0 points	2.5 points	5 points	Comments
Assessment of Client/Family • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development	Missing 2 or more of the following: • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development	Missing 1 of the following: • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development	Includes complete information of all criteria: • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development	
Criteria	0 points	2.5 points	5 points	Comments
Nursing Diagnosis and Goal of Teaching • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified	Missing 2 of the following: • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified	Missing 1 of the following: • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified	Includes complete information of all criteria: • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified	
Criteria	0 points	2.5 points	5 points	Comments
Interventions • Discuss 3 interventions to be included in teaching • Relate interventions to meeting the teaching goal	Missing 2 of the following: • Interventions to be included in teaching • Relate interventions to meeting the teaching goal	Missing 1 of the following: • Interventions to be included in teaching • Relate interventions to meeting the teaching goal	Includes complete information of all criteria: • Interventions to be included in teaching • Relate interventions to meeting the teaching goal	

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Criteria	0 points	1 point	2 points	Comments

Methods/Teaching Tools
• Use 2 appropriate teaching methods to deliver teaching
• Consider the following teaching methods:
  • Discussion
  • Q&A
  • Teach-Back
  • Interactive
	Missing 2 of the following:
	• Use 2 appropriate teaching methods to deliver teaching
	• Consider the following teaching methods:
	  • Discussion
	  • Q&A
	  • Teach-Back
	  • Interactive
		Missing 1 of the following:
		• Use 2 appropriate teaching methods to deliver teaching
		• Consider the following teaching methods:
		  • Discussion
		  • Q&A
		  • Teach-Back
		  • Interactive
			Includes complete information of all criteria:
			• Use 2 appropriate teaching methods to deliver teaching
			• Consider the following teaching methods:
			  • Discussion
			  • Q&A
			  • Teach-Back
			  • Interactive	

Criteria	0 points	1.5 points	3 points	Comments
Evaluation • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?)	Missing 2 or more of the following: • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?)	Missing 1 of the following: • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?)	Includes complete information of all criteria: • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?)	

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Criteria	0 points	2.5 points	5 points	Comments
APA Format • Appropriate APA in-text citations and listed all appropriate references in APA format • At least 2 scholarly source(s) are utilized and should be 5 or less years old • Source(s) greater than 5 years old will not be accepted • Reference page complete	No in-text citations present 2 or more references are greater than 5 years old 3 or more APA errors No reference page present	1-2 APA errors 1 reference is greater than 5 years old In-text citations appropriately cited Reference page present	No APA errors present In-text citations appropriately cited Reference page present and formatted properly	
			TOTAL	**/25**

Assessment of Client/Family (5 points)	Nursing Diagnosis & Goal of Teaching (5 points)	Interventions (5 points)	Methods/Teaching Tools (2 points)	Evaluation (3 points)
Level of motivation for learning: The client shows readiness to learn. **Barriers to effective learning:** The client is nonverbal but can communicate through writing. The patient can comprehend and hear what is being spoken to her. **Health beliefs/values:** The beliefs and values of the client do not interfere with the teaching. **Psychosocial development:** The client has no known delays relating to psychosocial development. She is in the integrity vs. despair stage of Erikson's stages of psychosocial development. **Cognitive development:**	**Nursing Diagnosis:** Readiness for enhanced knowledge related to incentive spirometer use as evidenced by the client writing, "I am ready to learn how to use this thing". Incentive spirometry is a method of deep breathing that provides visual feedback to help the client inhale deeply and slowly and achieve maximum lung inflation (Hinkle & Cheever, 2018). **Goal of Teaching:** The goal is for the client to be able to demonstrate how to correctly use an incentive spirometer. The client should also understand the purpose of using an incentive spirometer.	**Intervention 1:** Discuss with the client the purpose of using an incentive spirometer. Allow the client to ask questions and express any concerns that she may have. **Intervention 2:** Demonstrate for the client how to properly use an incentive spirometer. **Intervention 3:** Provide the client with a video on the purpose and use of an incentive spirometer.	**Method 1:** Written communication. **Method 2:** The client will teach-back how to use the incentive spirometer.	**Discuss how the client/family received the teaching:** The client understood the teaching and was able to demonstrate how to properly use an incentive spirometer. **Identify strengths/weaknesses of the client or family in receiving teaching:** A strength the client demonstrated was her ability to learn and communicate regardless of her handicap of being nonverbal. The client did not demonstrate any weaknesses. **Suggest modifications to improve teaching plan (what would have improved the plan?):** I could have offered the client a brochure with information on incentive

The client has no know delays to cognitive development. She is in the formal operational stage of Piaget's stages of cognitive development.				spirometers. I also could have used a whiteboard as a source of communication.

References (2) (APA):

Hinkle, J. L. &. Cheever, K. H. (2018). *Brunner & Suddarth's textbook of medical-surgical nursing* (14th ed.). Walters Kluwer.

RT Clinic. (2017, April 26). *Incentive spirometer – demonstration and patient education* [Video]. YouTube. https://www.youtube.com/watch?

v=w7_WOog3yuo