

## Polypharmacy Case 9

Patient: Kathryn is a 58 year old female that lives alone in a third story apartment. She has no family in the area for support. She recently lost her job.

Social history: Recently has lost her job and insurance. Smokes a pack of cigarettes per day but is trying to quit.

Medical history: Diabetes type 1, Diabetic neuropathy, hypertension, hyperlipidemia, depression, insomnia & gastroesophageal reflux disease

Allergies: Codeine & latex    Wt 175 pounds Ht 5 ft. 9 in

### Medications:

Novolin R 10 units with each meal (TID) SUBQ

Novolog sliding scale SUBQ PRN

Gabapentin 400 mg TID PO

Aspirin 81 mg by mouth once a day

Benicar HCT 20mg/25mg PO Daily

Lexapro 20 mg by mouth once daily

Ambien CR 12.5 mg as needed at bedtime

Protonix 40 mg Daily PO

Conjugated g-estrogens (premarin) 0.625 mg daily PO

Atorvastatin 20mg PO Daily