

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. You must receive 77% (38.5 points) in order to pass this clinical assignment. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

The clinical rotation at the Charleston High School with the school nurse greatly impacted my knowledge of pediatric nursing. Pediatric nursing does include not only infants, toddlers, and school-age children but also adolescents. Working with teenagers today greatly impacted my thoughts on this type of nursing. This nursing is completely different from hospital nursing and gave opportunity to learn more about it. During the first few weeks of this semester, information regarding adolescents was taught. However, there has not been an experience thus far regarding taking care of adolescents that are not severely ill. This clinical site allowed for visualization of a different type of nursing that was unexpected.

2. How were you an engaged nursing professional today?

Today upon arrival, I was attentive to the needs of the students in a professional manner. At no point throughout my time at Charleston High School did I show acts of being unprofessional. I listened to the concerns the students had without judgment. As students would enter the office, I made sure there were places for them to sit and feel comfortable as they opened up to us about what was bothering them. If the nurse needed assistance with a task,

I was always eager to jump up and help her right away and without hesitation. I was not distracted by outside circumstances and helped provide quality care to the students who needed to visit the nurse.

3. How did you contribute to the service provided by the school nurse today?

Today the students that needed medical attention from the nurse also looked to me for information. I had the opportunity to ask the students questions regarding their health. I also assisted the nurse in doing a rapid COVID test and interpreting the results. Some of the students would ask why the student nurses were there. We had the opportunity to explain the different roles in nursing and the importance of getting experience through the different clinical sites. I was attentive to the student's medical needs and provided them with snacks, water, and any other objects they needed. Some of the students just needed someone to talk to and I had the opportunity to provide them with that.

4. Name 3 ways this clinical site impacts Pediatric health?

This clinical site impacts pediatric health in many ways. First, the school nurse is a nurse that students may see through passing on a day-to-day basis. The impression that the nurse gives may be the first impression that the pediatric population sees. Next, the school nurse can provide care to students so that they can attend school without being set apart from other kids. Some of the patients that the nurse sees throughout the day would not be able to be at school without the assistance from the nurse. For example, students who need insulin but do not know how to give it by themselves need the nurse to distribute the medication to them. Lastly, the school nurse keeps track of the immunization records of the students.

This impacts pediatric health because without the students being vaccinated, they run a higher risk of contracting the different diseases we vaccinate against. The school nurse plays a vital role in the nursing population as a whole.

5. What are the health risks of the population served during today's clinical based on your observations today?

During this clinical rotation, the nurse explained different cases of students that she sees every day. Since COVID, there has been a high rate of the number of students seen in her office for anxiety and panic attacks. Due to the students being required to quarantine if they were symptomatic, they missed out on the majority of that year of schooling. The students are getting anxious during social interactions, speaking in front of their peers, and being around others. Anxiety has been a popular diagnosis for students that have seen the nurse this year. Also, COVID is still a concern within the school systems. Large crowds of students interacting with one another increase the risk of contracting COVID and spreading it to friends and family at home.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 nursing interventions to achieve this goal.

Due to the increase in anxiety within the student's post quarantine, a plan of care should be addressed. The nursing diagnosis would be anxiety related to social interaction, as evidenced by panic attacks (Phelps, 2020). The goal is to see fewer students coming to the nurse's office each day for panic attacks. One nursing intervention that can be done is providing the patient with a calm, non-threatening environment. Another nursing intervention can be establishing and maintaining a trusting environment with the patient. Lastly, another nursing intervention can be to avoid forcing and asking the patient to make choices. If these nursing interventions are enforced, the goal of anxiety reduction will be achieved.

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

Before attending clinical at the Charleston High School, I was unaware of what school nursing for adolescents looked like. I did not understand the type of care that was provided for pediatrics of the high school age. However, now I know that there are many roles of a school nurse. I saw her interacting with others on the school staff and realized they were a team working together towards one goal: helping the students to be successful. This impacted my nursing practice because I saw how important it is to have a person patients can talk to without judgment from others.

References

Phelps, L. L. (2020). *Nursing diagnosis: Reference manual* (11th ed.). Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Points- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____

