

Clinical Reflection Form

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Date: 10/28/2021

Clinical Rotation Site: Carle hospital

1. Briefly write about today's experience(s)

I had a great experience today during clinical. My nurse had three patients who were not in isolation. She allowed me to assess and administer medicine to all of them. The nurse let me auscultate one of her patients with fluid overload; during auscultation, I noted an S3 gallop that was very audible with crackles. I also auscultated my client, who had a fluid overload. During auscultation, I noted diminished lung sound with normal heart sounds. The nurse and I compared our results, and they matched.

2. What is one thing you learned?

I identified S3 gallop for the first time. I also witness how to restraint a patient. There was a 15 boy who had suicide ideation. He wanted to leave the building, and security came quickly to restrain him. So, I learned that things we know in class and the practice sometimes are different because, according to the Mental Health class, we must have an order from the provider before retraining a patient. However, this was not the case because this client was a danger to himself, the nursing staff, and other patients. Therefore, the client was restrained before the provider's order.

3. What is one thing you would do differently?

The most thing to do is to follow facility protocol during an emergency.

4. What is your major “take home” from today’s clinical experience(s)?

Clients with fluid overload can have different heart or lung sounds depending on their stage and management. My client has morbidity obesity, and he is very compliant with medicine, diet and is losing weight. The other client is not obese but has poor management of the illness.

5. Is there anything else you would like to mention?

I am excited to have instructor Unrein as a teacher and clinical instructor. I am impressed by her knowledge and the way she transmitted that knowledge to others. She is very supportive and cares about her students. She considers all of us without discrimination or prejudice. The entire class will miss her after this semester.