

N431 Adult Health II

Clinical Reflection Form

Name: Janet Song

Date: 10/20/2021

Clinical Rotation Site: Carle

1. Briefly write about today's experience(s)

I was assigned to stay on CCU7. My patient was admitted to the CCU because of COVID-related pneumonia. I followed one nurse and shadowed how to take care of the patient. I could not get into the COVID patient's room; however, my patient was not isolated so that I could get into the room. He was not conscious, so I could not talk to the patient.

2. What is one thing you learned?

My patient was having dialysis, and the nurse taught me about the dialysis machine. It was continuous renal replacement therapy (CRRT). The patient's lab value indicated that he has lots of toxicity levels, so CRRT dialysis was performed a few days ago. It was on and off based on the patient's lab value.

3. What is one thing you would do differently?

The nurse said my patient was in not good condition. Indeed, he could not wake up and did not respond. However, his wife was sitting right next to him while we were taking care of him. She was reading the book, playing the sudoku. I did not know what kind of conversation was best for

her, so I did not ask any questions or start small talk. It should be a challenging time for a family member to take care of a sick family.

4. What is your major “take home” from today’s clinical experience(s)?

My major take-home lesson today is that assessing the patient is essential. The nurse assessed the patient every 2 hours and did oral care to prevent hospital-acquired pneumonia. Also, we checked the blood glucose level and gave him the correct dose of insulin. Since the patient was not awake because he was sedated yesterday, it was essential to assess the skin breakdown.

5. Is there anything else you would like to mention?

The more I was assigned to the floor, think I became more comfortable than on the first day of the clinical. I am enjoying the Adult Health 3 clinical!