

Clinical Reasoning in the Clinical: **Reflection-IN-Action**

Reflection-IN-action is the ability of the nurse to “read” the patient and how they are responding to CURRENT nursing interventions and adjust what is done based on the patient’s response. The goal of this activity is to reflect on a significant event during your clinical experience and determine:

- *What can be learned from it*
- *What would you do differently?*
- *How you can use this knowledge in the future*

Describe a situation that required you as the nurse to formulate a correct clinical judgment to either advance the plan of care or to recognize clinical data that represented a change in clinical status?

A client I recently had at clinical did not want to use the Incentive spirometer (IS) much, after explaining the rationale, the client started using the IS and she noticed that she had an easier time breathing.

What can be learned from this?
Ensuring correct and effective education to patients will most likely foster compliance.
What would you do differently (If applicable) in this situation?
I would educate the patient and provide brochures, and have the client teach me about their.
How can you use what has been learned from this situation to improve patient care in the future?
From the scenario, they offered educational teachings that is applicable to any learning scenario.