

## Clinical Reasoning in the Clinical: **Reflection-IN-Action**

*Reflection-IN-action is the ability of the nurse to “read” the patient and how they are responding to CURRENT nursing interventions and adjust what is done based on the patient’s response. The goal of this activity is to reflect on a significant event during your clinical experience and determine:*

- *What can be learned from it*
- *What would you do differently?*
- *How you can use this knowledge in the future*

***Describe a situation that required you as the nurse to formulate a correct clinical judgment to either advance the plan of care or to recognize clinical data that represented a change in clinical status?***

**What can be learned from this?**

**What can be learned from the HIV case study, it the importance of medication regiment and patient education related to HIV/AIDS. I believe medication regiment is very important especially because of the consequences that can happen if the disease progresses. Also, it is important to education your patient because they are worried about their new diagnosis and will probably have a lot to ask you. I learned that patient compliance is better when the disease is understood and they under the consequences if proper treatment isn’t followed.**

**What would you do differently (If applicable) in this situation?**

**What I would do differently in this situation is trying to comfort the patient and educate more. I felt like the patient was worried about a lot of stuff, so it would be easier to educate her more on the disease process when she was more relaxed and compliant to listen. Sometimes patients get very worked up which makes it difficult to treat them and explain the purpose of the progress due to anxiety and other thoughts.**

**How can you use what has been learned from this situation to improve patient care in the future?**

**I can use this situation to improve patient care in the future because I am more educated about HIV/AIDS and how to properly intact with a family with this disease. I feel like I can improve on my therapeutic communication because for many of these patients it is hard to hear you have a disease like HIV. Many patients will feel lonely and feared by their family and friends, so I learned to support patients and allow them to feel comfortable during their lifelong treatment.**