

N321 Adult Health I

Clinical Reflection Form

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Journal

1. Briefly write about your experience(s)

My overall experience as a student nurse at Sarah Bush Lincoln(SBL) has been rewarding. I am more comfortable with talking with patients and also giving injections and medication to patients. Most of the nurses I have encounter have been eager to teach, which is a big difference from the first semester. The environment is friendly, and I enjoy being at SBL.

2. What are things you learned?

I have learned a few things while being at SBL as a student nurse. One of the most exciting but initially scary things I had finally had hands-on experience is giving shots. I also learned how to prime IV tubing and administer certain medications due to their unique criteria. I also learned how to do vital orthostatic signs, which was very interesting to me. I did a lot of IV flushes and pushed medication through the IV. I was also getting better a doing my head-to-toe assessments.

3. What are things you would do differently?

I will offer myself more often and be less hesitant. I will improve on being more confident while at clinicals.

4. What is your major “take home” from clinical experience(s)?

My major “take-home” experience from my clinical experience is that I know a lot more than I think and need to be more confident in my actions. I also learned that knowing the reason you are giving medications is very important.

5. Is there anything else you would like to mention?

There is not anything else I would like to mention but I enjoyed this clinical way better than last semester.