

N321 Adult Health I

Clinical Reflection Form

Name: Airelle Mitchell

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Journal

1. Briefly write about your experience(s)

During clinical, I have gotten to do many things like pass medications, give subcutaneous injections, and learn about many new skills that have been taught this semester. Majority of the nurses are very eager to teach me new things and take the time to explain things as we go along through the day. Being on a med/surg floor helps me gain knowledge of many new things that I need to know as a nurse and to move on in school as a student nurse.

2. What are things you learned?

I have learned about so many new medications during clinical because of how many medications patients are taking. Also, I have gotten a lot of practice with IV priming and setting up the pump properly. And I got to try an actual IV on a patient, instead of a rubber arm. It was nerve racking, but a great experience. I have been practicing my head to toes when I am able to get the chance and hopefully getting better.

3. What are things you would do differently?

Making sure with every patient I see, I should be doing a head to toe, but the last few times I have had nurses where they are on the go and I have not gotten the opportunity. Asking more questions because sometimes I am afraid to ask.

4. What is your major "take home" from clinical experience(s)?

My major take home from clinical experiences is learning new skills every day and practicing skills I do know. Clinical is a great way to learn the routine of nurses on a daily basis and seeing what it is like to be a nurse.

5. Is there anything else you would like to mention?

N/A